



# FRIDAY NEWCHURCH

17<sup>th</sup> May 2019

## NEWCHURCH ROBINS CLUB

Packs are now available for the Newchurch Robins Breakfast and After School Club. These can be downloaded from the website or collected from the school office.

## Y4 TENNIS

On Wednesday, a group of twelve Year 4 children participated in an inter-school tennis tournament at the Daten in Culcheth. Separated into three teams consisting of two boys and two girls, the children competed against other to earn points for their own team. We are thrilled to announce that one of our teams successfully managed to qualify for the Town Finals which will take place at Birchwood Tennis Centre on Monday 24th June. All of our children had a fantastic time competing in the glorious sunshine and are keen to continue developing their tennis skills during their break times on the playground at school.

## MENTAL HEALTH AWARENESS WEEK

As part of Mental Health Awareness Week, the children of Newchurch have been learning that mental health problems can affect anyone, any day of the year. A selection of children's picture books have been used across the school to help the children discuss a range of feelings and how they can help themselves should they need to. Be it talking to a friend, baking a cake, colouring an intricate picture, walking a dog or taking a jog in the park, finding ways to support your own wellbeing is important. Check out <http://happyoksad.warrington.gov.uk/>: a website with a plethora of advice.

**REC:** As part of the Mental Health Week we have been talking about all the different feelings that we have. We have carried out different activities related to our feelings. For example, we have made a happy collage where we were finding happy faces in magazines. We talked about how it is ok to have lots of different feelings, and it's great to share our feelings with our adults.

**Georgie:** We have been learning about feelings this week, about being happy, angry and sad.

**Phoebe:** Thinking about nice things to do when we feel upset, like eating ice creams on a beach.

**Y1:** As part of Mental Health Awareness week we read a story called 'Angry Arthur'. We thought about the feelings he was expressing and how we knew. We then discussed what our faces and bodies look and feel like when we are showing different feelings. The children in Year 1 used mirrors to look at their faces while showing different feelings. Finally, we talked about big feelings that we experience and what we can do to help ourselves feel better. We shared that it is great to share our feelings with adults.

**William:** I learnt about different feelings like shy, angry, sad, frustrated and happy. When we did faces in the mirror my face was angry.

**Eve:** We need to share our feelings and talk to adults to help us.

**Thomas:** In PSHE I learnt about lots of different feelings I didn't know about. I learnt about frustrated and cross. I thought cross meant cross the road, I called it angry or mad.

**Year 2:** As part of our PSHE lesson this week, Year 2 have been thinking about how to keep our minds healthy. We have talked about how we can tell how others may be feeling and we looked at a number of different facial expressions to see if we could guess the emotion, we also had to guess each other's emotions. What interesting facial expressions Year 2 had! As always the class were mature and respectful with their discussions and were able to identify ways to make them feel happier or who they could talk to if they needed help with their big feelings. We finished the lesson with a sing and a dance to 'Happy'.

**Charlotte:** I liked the story 'Not Now Bernard' because it taught us about people's feelings and made up think about how we should listen to people more.

**Oscar:** I was surprised when we listened to the song and how happy it made everyone when we were all singing and dancing in the classroom.

**Y3:** This week, during PSHE, Year 3 have been focusing on mental health. The children looked at a range of different emotions, feelings and possible reasons behind those feelings and emotions. They also looked at the book, 'The Tear Thief' and used it to explore all the different feelings that were mentioned in the book, deciding if the feelings mentioned were positive or negative feelings whilst also recognising the importance of both.

**Olive:** I enjoyed the lesson. I realised that sharing feelings is important.

**Alfie:** I enjoyed sharing our feelings: it felt nice.

**Y4:** During PSHE this week, Year 4 have been discussing how different emotions can affect different parts of your body in both negative and

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positive ways and how to deal with these feelings. We learnt that storing up our feelings is never a good idea, and it is important to share our worries with those around us.

**Xander:** It was fun. We drew around a body and put angry words and where we would feel the anger.

**Trystan:** I enjoyed the sessions. We drew round a hand and wrote on what made us happy and learnt how people help us.

**Y5:** As part of Mental Awareness Week, Year 5 have identified and discussed a range of emotions and feelings. The children understood that feelings and emotions can be both positive and negative and it is perfectly normal to experience all of them. Furthermore, we have discussed awareness of others' feelings when online and when, and how, to ask for help.

**Y6:** We are all vulnerable to challenging thoughts and feelings from time to time: things which make us uncomfortable or react in ways which we feel hard to control. As part of their Mental Health Week sessions, Year 6 look at how we can identify the areas which cause us stress and methods for resolving and reducing their effects. Ranging from counting and physical exercises to more mental visualisation techniques, these methods are useful for children and adults alike, helping us better cope when these difficulties arise.

**Jake:** If you are in an uncomfortable situation, go and tell your friends or a teacher and they can help you.

**Pippa:** Don't be shy, talk to someone you can trust.

### PATH BY SCHOOL GATE UPDATE

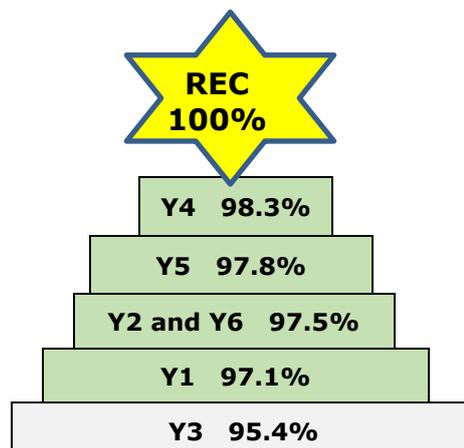
There is a persistent slow trickle of water by the school gate which is causing a problem for children, parents and visitors entering our school premises, please rest assured that we are liaising with Warrington Borough Council to get this matter resolved.

### SCHOOL DIARY DATES

12/13/14.6.19	Swimming Y3 and Y4
19/20/21.6.19	Swimming Y3 and Y4
26/27/28.6.19	Swimming Y3 and Y4
1-5.7.19	Book fair week
3.7.19	Swimming Y3 and Y4
28.6.19	PTA BBQ
4.7.19	Y6 Play CHS
8.7.19	Sorts Day KS2 9.15am KS1 1.15pm
10-11.7.19	Y4 Beeston
12.7.19	Y6 Prom (arranged by parents)
12.7.19	Y3 Keyboard concert 9.15am
9-11.10.19	Current Y5 to Kingswood

To help with family financial planning, please be aware, pupils in Year 5 will be going to Kingswood in October and Y4 will be going to Beeston in July.

Attendance w/e 10<sup>th</sup> May 2019  
Our whole target is 97.5%



Please remember to telephone school if your child is unwell so that such absences can be recorded as unauthorised. If permission is not given for a holiday or we are not informed of the reason for an absence, it will have to be recorded as unauthorised. Thank you.

### READING LADDER w/e 17<sup>th</sup> May 2019

	<b>Y5 100%</b>	<b>+</b>
	<b>Y1 87%</b>	<b>+</b>
	<b>REC 84%</b> <b>Y2 84%</b>	<b>+</b> <b>+</b>
	<b>Y3 82%</b>	<b>+</b>
	<b>Y4 80%</b>	<b>-</b>
	<b>Y6 20%</b>	<b>-</b>

Have a lovely weekend.  
Mrs Lawrenson