

# YIP4YOUTH

West Sussex  
Yip4Youth Buddies



Linking young people aged 12-18 years with moderate learning difficulties with a trained volunteer to take part in small group activities, such as meals out, go-karting, rock climbing and swimming trips.

As well as having fun, developing friendships and going on adventures, this service is outcome focused and supports young people to develop confidence, life skills and independence. The activities enable young people to practise everyday life skills, such as handling money, using public transport and ordering food – skills that are beneficial as they develop into their adult lives.

West Sussex Yip4Youth Buddies also enables young people to interact with their buddies and peers, building confidence to develop relationships in the wider world.



# YMCA

Find out more

To find out more about West Sussex Yip4Youth Buddies, please contact the Short Breaks Team.

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YMCA EAST SURREY

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