

our Tummy Fillers

Week Commencing: 16th April and 7th May 2018

Week 1

Main Meal

Monday

Homemade Ham and Cheese Pizza served with Salad and Sweetcorn

Tuesday

Sausage Roll served with Creamed Potatoes and Baked Beans

Wednesday

Meatballs in a Tomato Sauce served with Boiled Rice and Green Beans

Thursday

Roast Chicken served with Roast Potatoes, Yorkshire Pudding, Carrots, Peas and Gravy

Friday

Breaded Cod Fish Fingers served with Chips and Peas or Baked Beans

Vegetarian Meal

Traditional Italian Margherita Pizza served with Salad and Sweetcorn

Rich Cheese and Potato Pie served with Baked Beans

Quorn Mince in a Tomato Sauce served with Boiled Rice and Green Beans

Broccoli Cheese Bake served with Roast Potatoes, Carrots and Peas

Cheese and Tomato Quiche served with Chips and Peas or Baked Beans

Dessert

Cupcake Selection

Chocolate Oat Slice

Banana and Yoghurt Cake

Fresh Fruit Jelly

Orange Drizzle Cake

Week Commencing: 23rd April and 14th May 2018

Week 2

Main Meal

Monday

Beef and Tomato Pasta Bake topped with Cheese served with Garlic Bread and Salad

Tuesday

Brunch Bacon, Chipolata, Hash Brown and Baked Beans

Wednesday

Breaded Chicken Fillet served with Herby Diced Potatoes and Fresh Carrots

Thursday

Locally Sourced Roast Loin of Pork with Roast Potatoes, Yorkshire Pudding, Green Beans, Carrots and Gravy

Friday

Breaded Cod fillet served with Chips and Baked Beans or Peas

Vegetarian Meal

Roasted Vegetable Pasta Bake topped with Cheese served with Garlic Bread and Salad

Mixed Pepper Frittata served with Baked Beans

Roasted Vegetable and Mixed bean Tartlet served with Herby Diced Potatoes and Fresh Carrots

Cauliflower Cheese served with Roast Potatoes, Yorkshire Pudding, Green Beans and Carrots

Savoury Rice Stuffed Peppers served with Chips and Peas

Dessert

Shortbread with Flavoured Milk

Chocolate Sponge with Chocolate Sauce

Apple Flapjack

Cupcake Selection

Lemon Drizzle Cake

Week Commencing: 30th April and 21st May 2018

Week 3

Main Meal

Monday

Chilli Con Carne served with Rice and Tortilla Chips

Tuesday

Beef Lasagne served with Sweetcorn, Garlic Bread and Salad

Wednesday

Locally Sourced Additive Free Butchers Sausages with Creamed Potatoes and Peas or Baked Beans

Thursday

Roast Turkey with Roast Potatoes, Sage and Onion Stuffing, Green Beans, Carrots and Gravy

Friday

Battered Jumbo Fish Finger or Salmon Fishcake served with Chips and Peas or Baked Beans

Vegetarian Meal

Macaroni Cheese served with Seasonal Vegetables

Vegetarian Lasagne served with Sweetcorn, Garlic Bread and Salad

Cheese and Broccoli Quiche served with Creamed Potatoes and Peas or Baked Beans

Roasted Cheese and Herb Stuffed Mushroom with Roast Potatoes, Green Beans and Carrots

Cheese and Potato Pasty served with Chips and Peas or Baked Beans

Dessert

Carrot Cake

Chocolate Crispy Cake

Syrup Sponge with Custard

Fruit Cupcake Selection

Ice Cream and Fresh Fruit

Available Every Day

our Salad Feast

Freshly Prepared Salad Bar, Fresh Fruit, Fruit Yoghurt and Sliced Wholemeal Bread. Jacket Potatoes available as an additional choice with a selection of two fillings

FOOD ALLERGIES & INTOLERANCES

IF YOU SUFFER FROM EITHER OF THE ABOVE, PLEASE SPEAK TO THE CHEF MANAGER PRIOR TO PLACING YOUR ORDER WE WILL BE PLEASED TO DISCUSS THE CONTENTS OF ANY DISH WITH YOU