

our Tummy Fillers

Week Commencing: 1st January, 22nd January, 19th February and 12th March 2018

Week 1

Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Ham and Cheese Pizza served with Salad and Sweetcorn	Sausage Roll served with Creamed Potatoes and Baked Beans	Meatballs in a Tomato Sauce served with Boiled Rice and Green Beans	Roast Chicken served with Roast Potatoes, Yorkshire Pudding, Carrots, Peas and Gravy	Breaded Cod Fish Fingers served with Chips and Peas or Baked Beans

Vegetarian Meal

Traditional Italian Margherita Pizza served with Salad and Sweetcorn	Rich Cheese and Potato Pie served with Baked Beans	Quorn Mince in a Tomato Sauce served with Boiled Rice and Green Beans	Broccoli Cheese Bake served with Roast Potatoes, Carrots and Peas	Cheese and Tomato Quiche served with Chips and Peas or Baked Beans
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Dessert

Cupcake Selection	Chocolate Oat Slice	Banana and Yoghurt Cake	Fresh Fruit Jelly	Orange Drizzle Cake
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Week Commencing: 8th January, 29th January, 26th February and 19th March 2018

Week 2

Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Beef and Tomato Pasta Bake topped with Cheese served with Garlic Bread and Salad	Brunch Bacon, Chipolata, Hash Brown and Baked Beans	Breaded Chicken Fillet served with Herby Diced Potatoes and Fresh Carrots	Locally Sourced Roast Loin of Pork with Roast Potatoes, Yorkshire Pudding, Green Beans, Carrots and Gravy	Breaded Cod fillet served with Chips and Baked Beans or Peas

Vegetarian Meal

Roasted Vegetable Pasta Bake topped with Cheese served with Garlic Bread and Salad	Mixed Pepper Frittata served with Baked Beans	Roasted Vegetable and Mixed bean Tartlet served with Herby Diced Potatoes and Fresh Carrots	Cauliflower Cheese served with Roast Potatoes, Yorkshire Pudding, Green Beans and Carrots	Savoury Rice Stuffed Peppers served with Chips and Peas
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Dessert

Shortbread with Flavoured Milk	Chocolate Sponge with Chocolate Sauce	Apple Flapjack	Cupcake Selection	Lemon Drizzle Cake
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Week Commencing: 15th January, 5th February, 5th March and 26th March 2018

Week 3

Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne served with Rice and Tortilla Chips	Beef Lasagne served with Sweetcorn, Garlic Bread and Salad	Locally Sourced Additive Free Butchers Sausages with Creamed Potatoes and Peas or Baked Beans	Roast Turkey with Roast Potatoes, Sage and Onion Stuffing, Green Beans, Carrots and Gravy	Battered Jumbo Fish Finger or Salmon Fishcake served with Chips and Peas or Baked Beans

Vegetarian Meal

Macaroni Cheese served with Seasonal Vegetables	Vegetarian Lasagne served with Sweetcorn, Garlic Bread and Salad	Cheese and Broccoli Quiche served with Creamed Potatoes and Peas or Baked Beans	Roasted Cheese and Herb Stuffed Mushroom with Roast Potatoes, Green Beans and Carrots	Cheese and Potato Pasty served with Chips and Peas or Baked Beans
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Dessert

Carrot Cake	Chocolate Crispy Cake	Syrup Sponge with Custard	Fruit Cupcake Selection	Ice Cream and Fresh Fruit
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Available Every Day

our Salad Feast

Freshly Prepared Salad Bar, Fresh Fruit, Fruit Yoghurt and Sliced Wholemeal Bread. Jacket Potatoes available as an additional choice with a selection of two fillings

FOOD ALLERGIES & INTOLERANCES

IF YOU SUFFER FROM EITHER OF THE ABOVE, PLEASE SPEAK TO THE CHEF MANAGER PRIOR TO PLACING YOUR ORDER WE WILL BE PLEASED TO DISCUSS THE CONTENTS OF ANY DISH WITH YOU