



HEENE CHURCH OF ENGLAND (AIDED) PRIMARY SCHOOL



Supporting Parents/Carers with Children's Behaviour at Home

Dear Parents/Carers,

Coastal West Sussex Mind, a local mental health charity supporting local people, are offering a free workshop for parents on Friday 18th October at 9.15am to 11.15am, in school. It will be led by Denise Snook who is a behaviour specialist.

The course will help parents and carers to understand the reasons their child becomes angry and displays behaviours of concern such as meltdowns and outbursts which might include verbally and physically aggressive behaviour. Strategies will be shared and you will be signposted to local and national support for further information.

If you are having difficulties at home with your child we would encourage you to attend as Denise has vast experience in supporting families in times of difficulty.

If you are interested in attending please email office@heeneprimary.co.uk or pop into the office to reserve your place on the workshop – numbers will be limited so spaces will be allocated on a first come first served basis.

Mrs Ferguson
Deputy Headteacher and SENDCO