

Poulton



Spring – Summer Menu

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef & Tomato Meatballs with Pasta & Arrabiata Sauce/Halal Chicken Meatballs	Cheesy Topped Chicken Fillet & Baked New Potatoes	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Gravy	Wholemeal Cheese & Tomato Pizza With ½ Jacket Potatoes	Baked Fish/Salmon Fingers & Chips with Tomato Sauce
Vegetarian Main Meal Option	Vegetable Meatballs with Arrabiata sauce & Pasta	Cheesy Topped Baked Quorn	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Hunters Vegetable Flatbread	Veggie Nuggets & Chips with tomato sauce
Jacket/Handheld Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans	Sandwich Selection, choose from Ham, Cheese or Tuna	Hot Roast Baguette	Hunters Chicken Flatbread	Cheddar Wheel
Vegetable Selection	Garden Peas Carrots	Sweetcorn Broccoli	Cauliflower Savoy Cabbage	Carrots Roasted Vegetables	Baked Beans Garden Peas
Dessert	Lemon Drizzle Cake	Chocolate Crispy Cake	Toffee Ice & Banana Slices	Fruit Sponge & Custard	Sultana & Cherry Flapjack with Apple Wedges



Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

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Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Toad in the Hole or Halal Chicken Toad in the Hole with Mash & Gravy	Beef Burrito & Jacket Wedges	Roast Of The Day With Stuffing, Roast Potatoes	American Style Baked Chicken & Crispy Diced Potatoes	Crispy Battered Fish & Chips with Tartare Sauce
Vegetarian Main Meal Option	Vegetarian Toad in the Hole with Mash & Gravy	Wholemeal Cheese & Tomato Pizza with ½ Jacket Potato	Quorn Roast with Stuffing, Roast Potatoes & Gravy	Tomato & Basil Pasta with Garlic Bread	Vegetable & Bean Grill
Jacket/Handheld Option	Sandwich Selection, choose from Ham, Cheese or Tuna	Ploughman's Lunch	Hot Roast Bap	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans	Pepperoni Pizza & Chips
Vegetable Selection	Green Beans Carrots	Sweetcorn Roasted Summer Vegetables	Peas Carrots	Spring Cabbage Cauliflower	Mushy Peas Baked Beans
Dessert	Frozen Strawberry Ice & Apple Slices	Banana Traybake & Custard	Fruit & Jelly	Ginger Biscuit & Orange Wedges	Chocolate Cookie



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Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Beef Burger in a Bun & Baked New Potatoes	Classic Chicken Curry & Wholegrain Rice	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Gravy	Great British Breakfast - Bacon, Scrambled Eggs, Beans & Mushrooms	Baked Fish Fingers & Chips with Tomato Sauce
Vegetarian Main Meal Option 1	Veggie Burger & Baked New Potatoes	Veggie Chickpea & Bean Curry & Wholegrain Rice	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Meat Free All Day Breakfast – Veggie Sausage, Scrambled Eggs, Beans & Mushrooms	Veggie Nuggets & Chips with Tomato Sauce
Jacket/Handheld Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans	Wholemeal Cheese & Tomato Pizza	Hot Roast Wrap	Sandwich Selection, choose from Ham, Cheese or Tuna	Cornish Pasty
Vegetable Selection	Sweetcorn Steamed Carrots	Green Beans Broccoli	Savoy Cabbage Cauliflower	Roasted Carrots Roast Peppers & Sweetcorn	Baked Beans Garden Peas
Dessert	Toffee Cream Tart	Chocolate Brownie	Jelly & Ice cream	Iced Carrot Cake & Orange Wedges	Apple Sponge & Custard



Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts