



Spring 2020

'Healthy Bodies, Healthy Minds' Newsletter

Dear Parents/Carers,

I hope that you and your children have enjoyed a well-earned rest over the Christmas break! This term is going to be jam-packed with lots of exciting PE lessons, great extra-curricular clubs and fantastic #HealthyBodiesHealthyMinds events. I personally cannot wait! Please let me know if you have any questions about our PE curriculum.

I hope you're all looking forward to another awesome term!

Mr Smith

#HealthyBodiesHealthyMinds Awards

What a fantastic first term of sport we have had! I would like to say how proud I am of all of our children for their consistent effort and energy within our PE curriculum.

Last term marked our first ever #HealthyBodiesHealthyMinds Awards. Well done to everyone who received medals and trophies for their attitude towards PE. We will be holding our next award ceremony at the end of the Spring term so keep working hard everyone!



Look out for our sports ambassador challenges throughout this term as well as our awesome, new extra-curricular timetable! Our extra-curricular clubs will begin from **20.01.20**.

Competitions

In Autumn, we attended a large number of competitions including cross country, football, basketball, rugby, indoor athletics and cross country. It is great to see our children displaying such positive values at all competitions – they always do us proud. On the competition section of our website, you will find match reports for all competitions.

The provisional cross country race dates for this term are:

27.02.20 – Arrowe Park

12.03.20 – Birkenhead Park

Remember, anyone in Y4, 5 or 6 is applicable to represent us at the cross country races, so keep an ear out for the lunch time trials!

'When given the choice between being right or being kind, choose kind.' - Wonder

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