

## Expressive arts and design

This area of learning relates to how your child

- *Explores and uses media, such as paint, crayons, collage etc*
- *Expresses themselves through music, gymnastics, role play and dance*
- *Experiments with colour texture and form, using a range of media*
  - Make some shakers or other musical instruments using dried peas and plastic cups
  - Play games - musical statues
  - Use boxes to make models
  - Keep old clothes, hats, shoes to make dressing up clothes
  - Sing songs and rhymes

## Understanding the world

This area of learning relates to how your child

- *shows an understanding of their environment and how it is similar or different to others*
- *Uses ICT*
- *Shows an understanding of similarities and differences between them, their family and others*
- *Explores the world around them*
  - Talk to your child about your family, your religion and where you live
  - Talk about what you see, hear, taste, touch and feel
  - Ask your children to help you when using equipment such as computers, ipads, tablets, cameras, televisions etc
  - Talk about the world around them, animals, plants, countries etc
  - Talk about when your child's birthday is
  - Any special events that you celebrate as a family



**Poulton Lancelyn Primary School**  
Activities and ideas linked to the 7 areas of learning in EYFS to help parents support your child at home.



## Communication and language

This area of learning relates to how your child

- *Communicates with the other children and adults, both verbally and non-verbally.*
- *Listens effectively when appropriate.*
- *Responds to what they have heard with relevant comments.*
- *Follows instructions*
  - Chat, speak and whisper to your child!
  - Explain new words
  - Make play phones from cups to encourage speaking and communicating.
  - Sings songs and repeat rhymes with your child
  - Play games such as I Spy, memory games etc.
  - Talk about their day at school
  - Encourage children to speak in full sentences and use 'because..'

# Mathematics

This area of learning relates to how your child

- Shows an understanding of shapes, both by naming and beginning to describe simple properties of them
- Recognise, counts and forms numbers to 20
- Understand vocabulary involved in simple calculations
- Use their maths to solve a problem
  - Sing number rhymes e.g. Five little speckled frogs
  - Play board games such as snakes and ladders etc
  - Look at numbers on the doors whilst walking - can the children tell you what number it is?
  - Ask your child to help you solve problems e.g. I have 2 apples, but there are 4 of us, what shall I do?
  - Cooking activities
  - Count toys and label then put the numbers in order
  - Ask what number comes before or after a number, one more, one less
  - Sort food in cupboards, put heavier items together and lighter items together
  - Set the table - count the correct number of knives, forks, spoons
  - Use objects and fingers to solve simple addition and subtraction calculations e.g. 6 pencils take 2 away how many are left?. Show me 2 fingers and add 1 more how many now?

# Literacy

## Reading and Writing

This area of learning relates to how your child

- Can blend sounds in regular words to read them.
- Show an understanding of what they have read or have had read to them.
- Use their phonic knowledge to write words and begin to show an awareness of sentence structure.
  - Encourage your child to recognise and write their own name
  - Encourage your child to write cards, lists or messages to people
  - Encourage children to make marks, repeating patterns or familiar letters on paper, in wet sand, with paint etc (Pre-writing skills)
  - Share your favourite books more than once
  - Take trips to the library.
  - Talk about the pictures and the stories, what the children like and dislike about them.
  - Talk about print in the environment, such as road signs & symbols.
  - Hold a pencil/paintbrush correctly to write and paint marks, letter, number shapes

# Personal, social and emotional development

This area of learning relates to how your child

- Interacts with others
- Deals with emotions
- Manages their own personal hygiene
- Views their own behaviour and that of others and recognises that behaviours have consequences.
  - Play games which encourage sharing and turn taking
  - Talk about feelings and how things make you feel
  - Encourage your child to dress themselves and put coat on independently

# Physical Development

This area of learning relates to how your child

- Shows control over their bodies in both small and large movements
- Handles equipment and tools, such as paint brushes and pencils
- Understands about keeping themselves healthy, including healthy eating and physical activity
  - Play ball games and other games which involve physical activity
  - Take a trip to the park - look for opportunities to run, jump or climb
  - Activities which involve cutting and sticking
  - Make play dough
  - Hold a pencil/paintbrush correctly to write and paint
  - Colouring in with pencils and crayons