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# Parenting Advice Line

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## What?

Free advice line. Speak to a trained parenting practitioner about any issues or questions you have relating to parenting your child or teenager.

**Call 01424 725800**

## When?

11am-1pm  
Every Thursday

Email: [info@openforparents.org.uk](mailto:info@openforparents.org.uk)

Visit: [www.openforparents.org.uk](http://www.openforparents.org.uk)

