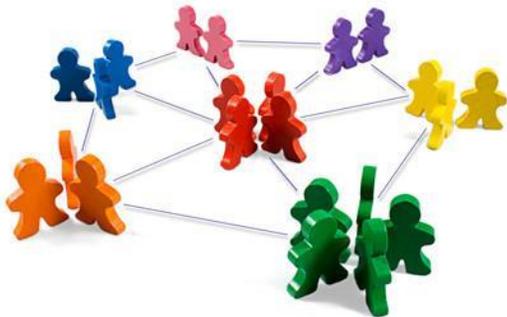




Relationships and Sex Education (RSE) Parent and Carer information

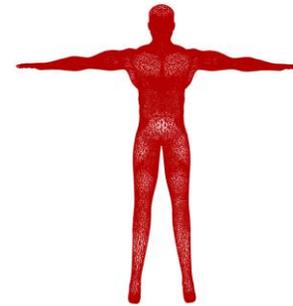


Wider Community Consultation

- ▶ From the 2021 summer term, it is a statutory requirement that all schools in England and Wales are teaching Relationship, Health and Sex Education as a fundamental part of the curriculum.
- ▶ As part of implementing the RSE curriculum, schools must consult with the children, parents, staff and governors to ensure there is a general consensus on our approaches to policy and the curriculum content.
- ▶ Petworth CofE Primary School will start their consultation process on Tuesday 23rd March 2021; the consultation will close on Tuesday 30th March 2021.
- ▶ As part of this consultation parents/carers are asked to read through the following slides as well as the documents on this page and make comments on them.

Why do we teach Relationships, Health & Sex Education?

- ▶ Learning about human reproduction and body changes are a statutory part of the National Curriculum for Science and learning more about healthy, positive relationships as part of the RSE curriculum will become statutory in the summer term 2021.
- ▶ Learning about Relationships and Sex Education helps keep children safe and promotes good well-being and a responsible attitude in our children.
- ▶ It ensures they learn key information in an age-appropriate manner.
- ▶ It benefits children, families and the school community.



What will children be taught?

- ▶ We follow a bespoke scheme for our school developed by the RSE Subject Leader and staff and following guidance from West Sussex E4S (Education for Safeguarding) Curriculum Toolkit.
- ▶ The following slides provide an overview of the topics covered in each year group as guided by E4S.
- ▶ RSE is taught alongside the PSHEC (Personal, Social, Health and Emotional) Curriculum at Petworth CofE Primary School.



What will children be taught in EYFS?

YEAR R: AUTUMN TERM CORE THEME: LIVING IN THE WIDER WORLD		
TOPIC	KEY WORDS	
	22-36 months and 30-50 months	40-60 months
Rights and responsibilities	Look, listen, say, jobs, share, teacher, help, do, watch, follow, idea	Classroom rules, needs, jobs, tasks, timetable, routine, teachers, together, friends, ideas, share
Caring for the environment	Play, toys, outside, classroom, tidy, look, after, help, together, care, home, family	Indoors, outdoors, school, environment, live, family, care, look, house, park, shop Respect, look after, tidy, wildlife, home
YEAR R: SPRING TERM CORE THEME: RELATIONSHIPS		
TOPIC	KEY WORDS	
	22-36 months and 30-50 months	40-60 months
Feelings and emotions	Happy, sad, cross, scared, worried, excited, tired, lonely, hungry, cold, hot, thirsty	Happy, excited, nervous, scared, worried, surprised, proud, angry, cross, lonely Behaviour, fair/unfair, right/wrong
Healthy relationships	Family, caring, listen, love, mum, dad, sister, brother, uncle, aunt, grandma, grandpa, friend, teacher, happy, safe	Surprises, safety, care, love, trust, mum, dad, teacher, neighbour, happy, secure
Valuing difference	Different, same, look, sound, hair colour, skin colour, together, idea, share, listen, take turns, kind, celebrate	Share, ideas, discuss, listen, respect, turn-taking, value, kind, view, opinion, different, same, like, celebrate
YEAR R: SUMMER TERM CORE THEME: HEALTH AND WELL-BEING		
TOPIC	KEY WORDS	
	22-36 months and 30-50 months	40-60 months
Healthy lifestyles	Likes, dislikes, choices, healthy, exercise, washing, clean, healthy food Hand washing, teeth cleaning, hair brushing, sleep	Healthy eating, exercise, sleep, hair brushing, teeth cleaning, hand washing
Growing and changing	Bigger, taller, new, change, can do, now, then, birthday, age	Strengths, skills, change, loss, grow, achievements, new, learn, proud Now, then, next, before, after, birthday, age, older, younger

What will children be taught in Year 1?

YEAR 1: AUTUMN TERM	
CORE THEME: LIVING IN THE WIDER WORLD	
TOPIC	KEY WORDS
Rights and responsibilities	Classroom rules
Rights and responsibilities	Rights, responsibilities, needs
Rights and responsibilities	Groups, committees, needs
Caring for the environment	Environment
YEAR 1: SPRING TERM	
CORE THEME: RELATIONSHIPS	
TOPIC	KEY WORDS
Feelings and emotions	Communicating, feelings, empathy
Feelings and emotions	Behaviour, fair/unfair, right/wrong
Healthy relationships	Secrets, surprises, safety
Valuing relationships	Sharing, discussions, views, opinions
Healthy relationships	Cooperating, resolving arguments
YEAR 1: SUMMER TERM	
CORE THEME: HEALTH AND WELL-BEING	
TOPIC	KEY WORDS
Healthy lifestyles	Health, well-being, healthy eating, physical activity, sleep, dental health
Healthy lifestyles	Health, likes, dislikes, choices
Growing and changing	Achievements, strengths, goals, target setting
Healthy lifestyles	Feelings, managing feelings
Growing and changing	Change, loss
Healthy lifestyles	Hygiene, cleanliness, germs

What will children be taught in Year 2?

YEAR 2: AUTUMN TERM	
CORE THEME: LIVING IN THE WIDER WORLD	
TOPIC	KEY WORDS
Money	Money, spending, saving, safety
Rights and responsibilities	Everybody, individual, unique, special
Rights and responsibilities	People, similarities, commonalities
Rights and responsibilities	Community, special people, help, emergencies
YEAR 2: SPRING TERM	
CORE THEME: RELATIONSHIPS	
TOPIC	KEY WORDS
Valuing difference	People, similarities, differences
Healthy relationships	Special people, caring
Healthy relationships	Physical contact, touch, acceptable, unacceptable
Feelings and emotions	Feelings, body, hurt, comfortable, teasing, bullying
Feelings and emotions	Teasing, bullying
YEAR 2: SUMMER TERM	
CORE THEME: HEALTH AND WELL-BEING	
TOPIC	KEY WORDS
Growing and changing	Growing, changing, young to old, independence
Growing and changing	Private parts, girl body parts, boy body parts
Keeping safe	Medicines, household products, safety, risk
Keeping safe	Safety: road, water, fire, rail, online, rules
Keeping safe	Asking for help
Keeping safe	Privacy, respecting privacy

What will children be taught in Year 3?

YEAR 3: AUTUMN TERM	
CORE THEME: LIVING IN THE WIDER WORLD	
TOPIC	KEY WORDS
Rights and responsibilities	Rules, laws, making and changing rules
Rights and responsibilities	Human rights, children's rights
Rights and responsibilities	Anti-social behaviour, aggressive bullying, discrimination
Rights and responsibilities and caring for the environment	Rights, duties, home and school environments
Rights and responsibilities	Resolving difference, points of view, decisions, choices
Rights and responsibilities	Communities, volunteers, pressure groups, health, well-being
YEAR 3: SPRING TERM	
CORE THEME: RELATIONSHIPS	
TOPIC	KEY WORDS
Feelings and emotions	Feelings, empathy, recognising others feelings
Healthy relationships	Friendship, families, couples, positive relationships
Healthy relationships	Actions, behaviour, consequences
Healthy relationships	Physical contact, touch, acceptable, unacceptable
Feelings and emotions	Confidentiality, secrets, surprises, personal safety
Healthy relationships	Listening, viewpoints, opinions, respect
Valuing change	Collaborative working, shared goals
YEAR 3: SUMMER TERM	
CORE THEME: HEALTH AND WELL-BEING	
TOPIC	KEY WORDS
Healthy lifestyles	Media, images, reality/fantasy, true/false
Growing and changing	Achievements, aspirations, goals, strengths, target-setting
Growing and changing	Conflicting emotions, feelings, managing feelings
Growing and changing	Change, transition, loss, separation, divorce, bereavement
Healthy lifestyles	Risk, danger, hazard, responsibility, safety
Keeping safe	Bacteria, viruses, hygiene, routines

What will children be taught in Year 4?

YEAR 4: AUTUMN TERM	
CORE THEME: LIVING IN THE WIDER WORLD	
TOPIC	KEY WORDS
Rights and responsibilities	People, difference, diversity, identity, UK
Rights and responsibilities	People, places, values, customs
Money	Money, spending, saving, budgeting
Money/caring for the environment	Resources, sustainability, economics, choices, environment
Rights and responsibilities	Media, social media, information, forwarding
YEAR 4: SPRING TERM	
CORE THEME: RELATIONSHIPS	
TOPIC	KEY WORDS
Healthy relationships	Disputes, conflict, feedback, support, negotiation, compromise
Valuing difference	People, identity, similarities, differences, equality
Valuing difference	Bully, discrimination, aggressive behaviour
Feelings and emotions	Dares, challenges
Valuing difference	Stereotypes
Healthy relationships	Privacy, sharing, personal boundaries
YEAR 4: SUMMER TERM	
CORE THEME: HEALTH AND WELL-BEING	
TOPIC	KEY WORDS
Keeping safe	Pressure, managing pressure, influences, media
Keeping safe	Emergency aid, help, safety, rules
Healthy lifestyle	Habits
Healthy lifestyle	Drugs, alcohol, tobacco, medicines, caffeine
Growing and changing	Puberty, physical and emotional changes, penis, vagina, breasts, testicles
Keeping safe	Advice, support, asking for help

What will children be taught in Year 5?

YEAR 5: AUTUMN TERM	
CORE THEME: LIVING IN THE WIDER WORLD	
TOPIC	KEY WORDS
Rights and responsibilities	Discussion, debate, topical issues, problems, events
Rights and responsibilities	Rules, laws, making and changing rules
Rights and responsibilities	Anti-social behaviour, aggression, bullying, discrimination
Rights and responsibilities and caring for the environment	Rights, duties, home and school environment
Rights and responsibilities	Resolving conflict, points of view, decisions, choices
YEAR 5: SPRING TERM	
CORE THEME: RELATIONSHIPS	
TOPIC	KEY WORDS
Feelings and emotions	Feelings, empathy, recognising others' feelings
Healthy relationships	Relationships, unhealthy, pressure
Healthy relationships	Committed loving relationships, civil partnerships, marriage
Healthy relationships	Actions, behaviour, consequences
YEAR 5: SUMMER TERM	
CORE THEME: HEALTH AND WELL-BEING	
TOPIC	KEY WORDS
Healthy lifestyles	Balanced lifestyles, choices, health, well-being
Healthy lifestyles	Media, images, real/fantasy, true/false
Growing and changing	Conflicting emotions, feelings, managing feelings
Growing and changing	Change, transition, loss, separation, divorce, bereavement
Keeping safe	Risk, danger, hazard, responsibility, safety
Keeping safe	Peer pressure, managing pressure, influences, media
Growing and changing	Puberty, physical and emotional changes, penis, vagina, breasts, testicles

What will children be taught in Year 6?

YEAR 6: AUTUMN TERM	
CORE THEME: LIVING IN THE WIDER WORLD	
TOPIC	KEY WORDS
Rights and responsibilities	Communities, volunteers, pressure groups, health, well-being
Rights and responsibilities	People, difference, diversity, identity, UK
Rights and responsibilities	People, places, values, customs
Money	Money, spending, saving, budgeting
Money	Money, interest, loan, tax, debt
Rights and responsibilities	Media, social media, information, forwarding
YEAR 6: SPRING TERM	
CORE THEME: RELATIONSHIPS	
TOPIC	KEY WORDS
Healthy relationships	Collaborative working, shared goals,
Healthy relationships	Disputes, conflict, feedback, support, negotiation, compromise
Valuing difference	People, equality, identify, stereotypes, discrimination
Valuing difference	Bullying, discrimination, aggressive behaviour
Feelings and emotions	Dares, challenges
Healthy relationships	Privacy, sharing personal boundaries
YEAR 6: SUMMER TERM	
CORE THEME: HEALTH AND WELL-BEING	
TOPIC	KEY WORDS
Healthy lifestyles	Habits
Healthy lifestyles	Drugs, alcohol, tobacco, medicines, caffeine
Growing and changing	Puberty, physical and emotional changes, penis, vagina, breasts, testicles
Growing and changing	Human reproduction, babies, sexual intercourse, pregnancy, contraception, menstruation, ejaculation
Keeping safe	FGM, bodies, safety, abuse
Keeping safe	Mobile phones, responsibility, safe use
Keeping safe	Asking for help
Keeping safe	Privacy, respecting privacy

How will children be taught?

- ▶ All children will be taught a minimum of 5 RSE lessons each term.
- ▶ They will be taught in their normal class by their teacher. We will aim to have two members of staff present for each session whenever possible.
- ▶ Year 5 and 6 children will be separated into gender groups for certain lessons.
- ▶ We provide a safe and open environment where children may ask questions. Clear ground rules will be established at the start of a series of lessons.
- ▶ Each lesson has different and fun activities to take part in and themes to discuss.



Frequently asked questions about Relationship, Sex and Health Education:

- ▶ **Won't telling my child about human reproduction take away his/her innocence?**

No - do not worry.

The evidence suggests that high quality RSE does the opposite in fact and will help them become much more confident and comfortable about making informed choices.

Good RSE takes away children's ignorance, not their innocence.

Teaching about safety and relationships as part of PSHE Education contributes to how we work with you to make sure your children are safe. It helps them to recognise when they and others are at risk and equips them with the skills, strategies and language they need to take appropriate action.

Frequently asked questions:

▶ **Why are girls taught about boys' development and vice versa?**

We believe it is very important for children to understand each other's development. It helps to ensure that children are mindful of their peers' needs and allows them to develop into sensitive, caring, compassionate individuals who understand the changes that boys and girls experience.

➤ **Will you tell children the technical names for the body parts?**

Yes.

This helps our children understand what language is appropriate, reduces embarrassment and helps our children keep themselves safe and well. It is often the grown ups who are more embarrassed about this than the children! Children can still use more informal vocabulary in their day to day life.

You will be kept informed of each year groups vocabulary list as appropriate.

Can I take my child out of PSHE lessons on Relationships, Health & Sex Education?

- ▶ Parents do not have the right to withdraw their children from Relationships Education, Health Education or that linked to the Science Curriculum.
- ▶ Parents can request that their child be withdrawn from some or all of the Sex Education delivered as part of the statutory RSE curriculum.
- ▶ Requests for withdrawal should be put in writing and addressed to the Headteacher.
- ▶ If withdrawing, a parent/school meeting will take place to discuss concerns and a way forward. This may include the child too (upper Key Stage 2) so that their wishes are understood and to clarify the natures and purpose of the curriculum.
- ▶ The school would document this process.

It is important to consider that...

- Your child may feel excluded socially and question why they are not able to participate in lessons with their friends / class.
- Children may learn incorrect or inappropriate versions/ facts from friends, television and the internet. Our lessons ensure children know the facts and do not go away confused or misled.
- Our lessons allow children to ask questions and receive sensitive, appropriate answers from our experienced staff, rather than relying on other sources of information.
- Relationships, Health and Sex Education is not only about reproduction; it's about building self-esteem and teaching children how to enjoy healthy, appropriate lives and relationships, make healthy choices and appreciate diversity.
- We believe taking part is important for all our children.

How to make those tricky conversations less difficult ...

- ▶ Be honest: if you do not know the answer to a question, be honest and say so.
- ▶ Remember that children are curious and want to know and understand. We tend to put our adult perspectives on children's questions and comments, allowing our brains to fill up with all the possible horrors that an innocent question could be about, when actually a child just wants (and needs) a very simple, matter-of-fact answer. Give yourself time to respond by asking something like, "What do you think that means?" or "Why do you ask?"
- ▶ Keep lines of communication open.
- ▶ Use correct terminology: it helps that children aren't confused by hints, euphemisms and innuendo. Use correct terminology whenever you can, especially for body parts.
- ▶ Keep it simple and short. If they want more information, children will ask for it.
- ▶ Read books, leaflets or watch educational videos with your child and talk about them openly.

What to do next:

- ▶ Please now take the time to read through the supporting documents on letter dated 24th March 2021
- ▶ Fill in the RSE consultation questionnaire at <https://www.surveymonkey.co.uk/r/BDQK33Q>

If you have any questions, you can speak to:

- ▶ Your child's class teacher.
- ▶ Mrs Wiggs - our RSE and PSHE Lead.
- ▶ A member of the school's leadership team - Mr Galvin, Mrs Sandon-Webb or Mr Neary.

