



Sex and Relationship Education

St. Andrew's C of E Primary School

February 2017

Sex & Relationship Education Policy

Sex and Relationship Education

Sex and Relationship Education (SRE) contributes to promoting the spiritual, moral, cultural, mental and physical development of young people at our school and of society and prepares young people for the opportunities, responsibilities and experiences of adult life. It is about the understanding of the importance of marriage for family life, stable and loving relationships respect and care. It is not about the promotion of sexual orientation or sexual activity.

Sex and relationship Education in our school

We consider it is important to provide good Sex Education as part of our Personal, Social and Health Education programme because we believe that children need to be prepared for their entry into adulthood. As such, young people deserve the knowledge and information to make their own informed choices so that they can handle their sexuality in a positive and caring way with tolerance and understanding.

Our Aims

To enable our young people to:

- Develop confidence, responsibility and make the most of their abilities in a broadly Christian setting
- Learn about the benefits of loving, healthy relationships and delaying sex
- Develop good relationships and respect differences between people
- Develop and use communication and assertiveness skills to cope with the influences of their peers and the media
- To be able to name the parts of their bodies and describe how their bodies work
- To respect and care for their bodies
- To be able to protect themselves and ask for help and support
- Be prepared for puberty

Programme of teaching - Taught alongside the Science and PSHE curriculum.

<p><u>Year 1</u></p> <ul style="list-style-type: none"> • Caring for myself • Friendships – What they like and dislike about other people. • My body and other people’s bodies • Changes as we grow – including ageing • Safe and unsafe touches • Keeping safe 	<p><u>Year 2</u> Recap learning from Year 1+</p> <ul style="list-style-type: none"> • Personal safety and how they have rights over their own bodies. • Naming of body parts as a difference between males and females. • Difference in families • Moods • People in my life – loss and mourning • Bullying and keeping safe • Caring for myself • Feelings – What makes me happy
<p><u>Year 3</u> Recap learning from Year 2 +</p> <ul style="list-style-type: none"> • The main stages of the human life cycle and the life processes common to all animals. • Friendships • Challenging gender stereotypes • Family differences • Keeping safe 	<p><u>Year 4</u> Recap learning from Year 3 +</p> <ul style="list-style-type: none"> • Friendships – resisting peer pressure • Germs • Healthy lifestyles including hygiene
<p><u>Year 5</u> Recap learning from Year 4+</p> <ul style="list-style-type: none"> • My changing body – Puberty and hygiene • Menstruation and wet dreams • Roles and responsibility / family • Body parts (including anatomical terminology) • Consent and how to avoid being exploited or pressured into unwanted situations 	<p><u>Year 6</u> Recap learning from Year 5 +</p> <ul style="list-style-type: none"> • Varied lifestyles / families and how they behave • Feelings and relationships • Puberty • Reproduction – how a baby is made and grows

Organisation and Methods of Teaching

- Topics in KS1 will be taught by class teachers.
- Topics in lower KS2 will be taught by class teachers.
- Topics in Year Five will be taught by class teachers.
- The topic about how babies are made will be taught by the school nurse and then followed up by the class teachers.
- In years 5 and 6 the children will be taught in mixed sex groups but will have the opportunity to ask questions in single sex groups with a female member of staff for girls and where possible a male member of staff for boys. Staff will use the question box approach to answering questions. Children's questions will be answered according to their level of maturity and understanding with support from parents. They will have the option of putting their names on the sheets.
- When spontaneous discussion arises in any year group, it will be treated in such a way which encourages pupils to have due regard for moral considerations and the value of family life.

SPECIFIC ISSUES

Confidentiality

Pupils' questions will be treated in a sensitive and where possible confidential way. However, in instances where staff are concerned about the nature of the subject raised the matter will be referred to the designated Child Protection staff member.

Parent withdrawal

Parents have a right to withdraw their child from those elements of the SRE programme that do not form part of the National Curriculum. Parents should contact the Head Teacher to discuss the removal of their child.

Working with parents

Parents will be given the opportunity to discuss the policy document, schemes of work, methods of teaching and resources. They will be able to view the videos/DVDs in advance if they wish and be informed of the dates they are to be shown. Any specific questions may be discussed with the Head Teacher or class teacher.

SEN

Our school will ensure that young people with Special Educational needs will receive SRE. Our teachers will plan and work in ways, which meet the individual needs with Special educational needs or learning difficulties, in partnership with parents, carers and appropriate agencies.

Resources

We use many resources to support the delivery of sex education. They may be story books, poems, teaching packs, leaflets, models, videos or computer programmes. Many resources have been recommended for use with the Cambridgeshire Scheme of Work.

Provision for pubertal pupils

Sanitary units are provided in the girl's toilets in upper key stage two. Female students will be made aware that they can speak to their teachers or

TAs and ask for any sanitary needs.