



## Parent/Carer support line

We can offer parents and carers an opportunity to speak to a friendly professional from the Early Help District Children's Team about any child or young person aged 0 to 19 (this service is not for professionals to access).

- You can ask a question, request support about your child's or young person's behaviours, get help with new routines and boundaries, or maybe just talk about how you are managing parenting in the current situation.
- We will give you advice, support, and help with signposting or just listen to your parenting experiences.

You can telephone or email for support any time, please leave a message with your contact details, someone will call you back within 5 working days.

Phone 01354 750420

Email [Districtearlyhelpteam.cambridgecity@cambridgeshire.gov.uk](mailto:Districtearlyhelpteam.cambridgecity@cambridgeshire.gov.uk)

[www.cambridgeshire.gov.uk/child-and-family-centres](http://www.cambridgeshire.gov.uk/child-and-family-centres)