



Alfriston School



Fair, friendly, fulfilling and fun!

Newsletter - 7th March 2019

Reminders

Anxiety Workshop - if you wish to attend, please return forms by 6th March.

Drusillas - all permission slips need to be returned by 7th March.

Year 5 - if you haven't done so already please return the slip for the trip to the Little Big Bang at Kings Academy, Ringmer.

Healthy Living Week - 'Healthy: Inside and Out'

Healthy Living Week continued this week with a Yoga Workshop for all the children on Tuesday and Reflexology Workshop for each class on Wednesday. Thank you very much to the FoAS for funding the Yoga Workshop and Hannah Young for volunteering her time and expertise teaching the children about Reflexology. The children have really enjoyed trying out new things!



World Book Day has been great fun! The children have been so creative with their dressing up and everyone has made a superb effort! We encouraged all children to get in the habit of reading for the 10 minutes before bed-time; listening to someone read also counts. Add bed-time reading to the time spent in class reading for pleasure, and children at our school read for pleasure for at least 20 minutes a day, which means they are exposed to 1.8 million words in a year! Imagine what all those words can do for our vocabulary and writing! The benefits of reading do not end there: reading for pleasure for only 6 minutes lowers the heart rate and reduces stress by 60%! SO GET READING!



A Royal Correspondence!

Back in October, to celebrate World Mental Health Day, Sapphire Class read *The Princess and the Fog*. They wrote a letter of advice to the Princess in the story to offer support and advice during difficult times, and then sent the letter to a real life prince and princess: The Duke and Duchess of Sussex. The class were very excited to receive a surprise package today containing personal, individual letters to everyone in the class from Kensington Palace! HRH Prince Harry and Meghan expressed how touched they were to receive the letters which supported a cause so close to their hearts. The package also included a photograph of the couple which will be framed and proudly displayed in the classroom.

Football Update

Over the next few weeks, the School Team will be competing in a mini-league home and away against Seaford Primary and Cradle Hill. Both have very good teams, and will provide a stern test for our "Golden Generation".

On 28th March, the newly formed (and very enthusiastic) under 9 team will be competing in The Albion in the Community East Sussex Qualifiers for the Albion Cup. Finally, congratulations to Lola in Year 6. Her Sunday team won the Sussex Cup last Sunday (5-0 in the final). This competition is entered by all the best boys' teams in Sussex, and it is a huge achievement to win it. We are very proud of her!

What's coming up next week

Monday 11th March - Alfriston Science Day

Wednesday 13th March - Whole School Trip to Drusillas

Thursday 14th March - Anxiety Workshop

Friday 15th March - Celebration Assembly Science Day Presentations (Each Class)

This Week's Class News

Pearl Class

This week Pearl class have been learning about real bears and finding out similarities and differences between brown bears, polar bears and panda bears. We have made our own information book about bears and we have made clay models of bears. We have also been learning how to take away using polar bears as our inspiration!

For World Book Day Pearl Class have been reading Polar Bear, Polar Bear , What Do You Hear? They then used their sense of sound to create a story book.

The number of the week is 18!

Ruby Class

In English, Ruby Class have started a new story about a giant. They have been drawing pictures of the giant's garden and making predictions about what might happen next in the story.

In maths, they have continued their work on division and have been looking at different ways of solving problems.

In science, they have been learning about nutrition and sorting food into different groups. They have also been thinking about our senses and which part of body is associated with each sense.

Sapphire Class

This week in Sapphire Class, they have been exploring the area of 2d shapes and have been looking at different ways of showing who is speaking when they are writing.

They have begun to explore the structures that Ancient Romans lived in during DT lesson.

In keeping with our Healthy Inside and Out week, they have been learning about their 3 brains – physical, emotional and cognitive – and how they can help themselves to be ready to live and learn by taking care of their physical needs.

Emerald Class

Despite Mrs Crystal being unwell, Emerald Class have still been worked hard over the past week and have taken part in lots of activities linked to Healthy Living Week.

In Maths the class have been working on Area and Perimeter and have looked at the properties of a circle.

For their learning journey the children have started on their topic of Boudicca. They produced a storyboard explaining the story of Boudicca.

In Music with Mr Sibson the class have looked at the Hip Hop genre. They listened to music by the Fresh Prince of Bel-Air and De La Soul.

Dates for your Diary

New dates are in bold:

Mon 11th March	Science Day
Wed 13th March	Whole School Trip
Thurs 14th March	Anxiety Workshop for Parents/Carers
Fri 15th March	Science Day Assembly - Learning Presentations by all Classes
Tues 19th March	Class Photos
Wed 20th March	Sapphire Class Trip
Thurs 21st March	Y5 Visit to 'Little Big Bang'
Fri 29th March	Sapphire Class 'Wild Beach' Session
Mon 1st - Thurs 4th April	Year 6 Bikeability

Friends of Alfriston School



AGM - has been re-scheduled to the 19th March

Tues 19th March - 3.00pm - Secondhand uniform Sale

Tues 2nd April - Easter Craft Workshop - more info to follow

Winner of February 100 Club Draw - Sarah Turrall
Number 80