

Bruschetta

Ingredients:

1/4 red onion

3 medium tomatoes

1 garlic clove

3 basil leaves

2 tsp balsamic vinegar

4-5 tsp extra virgin olive oil

1/4 baguette

Resources: chopping board, knife, bowl, spoon, baking tray

1. Finely chop the red onion.
2. Chop up the tomatoes and drain through a sieve.
3. Finely chop the garlic.
4. Tear the basil leaves into small pieces.
5. In a large bowl mix the onions, tomato and garlic and basil being careful not to break up the tomatoes too much.
6. Add the balsamic vinegar and oil, and add salt and pepper to taste.
7. Slice the baguette thinly and lay on a baking tray. Lightly toast until light brown.
8. Serve the tomato mixture on the warm bread.