

PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Myself Feelings, Family (being special) friendships, Healthy eating	Fireworks Bullying, Playtime behaviour, Playground games, working together & sharing	Identifying worries and problem solving	Pirates Something that is special to me, sharing, caring for the environment, Fire Safety, Caring for animals	Growing Seeds Taking care of something	Sports Day What makes you special? Working as a team/sharing/ taking turns
Year 1	We're all Stars! (Relationships) Getting to know each other, problem solving, Looking after each other.	Be friendly, be wise (Relationships) Making friends, Falling out with a friend, managing anger, Anti-bullying, Hazards in the home. Fire safety & Road safety	It's Our World (Living in the wider world) Getting to know each other, Communities we belong to, Saving energy around the school. Recycling & Pollution.	Money Matters (Living in the wider world) Why do we have money? Keeping money safe, Can I afford it?	Living Long, Living Strong (Health & Wellbeing) Keeping clean, growing & changing, families & care. Looking after our teeth. Say No! Medicines, household substances	Growing Up & SRE (Health & Wellbeing) Differences boys & girls. Being unique, Making change happen.
Year 2	We're all Stars! (Relationships) Getting to know each other, problem solving, Making choices	Be friendly, be wise (Relationships) Falling out with a friend, managing anger, Anti-bullying, Hazards in the home. Fire safety & Road safety	It's Our World(Living in the wider world) Getting to know each other, Communities we belong to, Saving energy around the school. Recycling & Pollution.	Money Matters (Living in the wider world) Why do we have money? Keeping money safe, Wants & Needs, What does it mean to be rich? Setting a simple goal.	Living Long, Living Strong (Health & Wellbeing) Keeping clean, growing & Changing, families & care. Staying healthy, setting a simple personal goal. Say No! Dangers of smoking & alcohol	Growing Up & SRE (Health & Wellbeing) Differences boys & girls Being unique, Making change happen, Changing our behaviour.
Year 3	We're all Stars! (Relationships) Gifts and talents, explore feelings, working cooperatively.	Be friendly, be wise (Relationships) The importance of friends, Falling out with a friend, Managing anger, Anti – bullying, What to do in an emergency, E- Safety	It's Our World (Living in the wider world) Understanding Rules & Laws, Saving energy & Climate change	Money Matters (Living in the wider world) Keeping track of my money, Paying for goods, Family expenses. Planning & Budgeting.	Living Long, Living Strong (Health & Wellbeing) personal space, family differences, feeling happy. Say No! Risk taking, effects & risks of smoking	Growing Up & SRE (Health & Wellbeing) Differences boys & girls Wishes, hopes & dreams, Positive change, Unwelcome change.
Year 4	We're all Stars! (Relationships) Gifts and talents, explore feelings, working cooperatively and having opinions.	Be friendly, be wise (Relationships) The importance of friends, Falling out with a friend, Managing anger, Anti – bullying, What to do in an emergency, E- Safety	It's Our World (Living in the wider world) Understanding Rules & Laws, Saving energy & Climate change	Money Matters (Living in the wider world) Keeping track of my money, Paying for goods, Family expenses. Planning & Budgeting, Charity work & Fund-raising.	Living Long, Living Strong (Health & Wellbeing) , personal space, family differences, feeling happy. Staying healthy, Overcoming barriers to reach goals. Say No! Risk taking, legal & illegal drugs, effects & risks of drinking alcohol. Keeping safe in my local area Anti- bullying	Growing Up & SRE (Health & Wellbeing) SRE - Differences male & female, Naming body parts. Wishes, hopes & dreams, Positive change, Unwelcome change.
Year 5	We're all Stars! (Relationships) Gifts and talents, explore feelings, working cooperatively, communication skills & role models.	Be friendly, be wise (Relationships) Different types of friends, Conflict resolution, Managing anger, Anti – bullying, First Aid, E- Safety & Cyber - bullying	It's Our World (Living in the wider world) Understanding democracy, Environmental awareness & responsibility, Climate change	Money Matters (Living in the wider world) Earning money, Value for money. Lending & borrowing money. Achieving goals.	Living Long, Living Strong (Health & Wellbeing) Concept of well-being, being an effective learner, Role Models. Say No! Risk taking, legal & illegal drugs, say no to smoking, attitudes to alcohol. Keeping safe in my local area. Anti- bullying	Growing Up & SRE (Health & Wellbeing) SRE –What is Puberty, male & female body changes, Puberty & hygiene
Year 6	We're all Stars! (Relationships) Gifts and talents, explore feelings, working cooperatively, communication skills & role models.	Be friendly, be wise (Relationships) Different types of friends, Conflict resolution, Managing anger, Anti – bullying, First Aid, E- Safety & Cyber - bullying	It's Our World (Living in the wider world) Understanding democracy, Environmental awareness & responsibility, Climate change & Sustainability	Money Matters (Living in the wider world) Earning money, Value for money. Lending & borrowing money. Achieving goals. Deductions and expenses, Poverty.	Living Long, Living Strong (Health & Wellbeing) Concept of well-being, being an effective learner, Role Models. Say No! Risk taking & dealing with pressure, legal & illegal drugs, say no to smoking, attitudes to alcohol. Keeping safe in my local area. Anti- bullying	Growing Up & SRE (Health & Wellbeing) SRE – puberty, relationships, Conception, reproduction and pregnancy. Being a parent, common responses to change. Transition and moving on.

Staying Safe Personal Safety	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Golden Rules	Staying Safe	Staying Safe	Keeping Safe	Relationships	Relationships
Year 1	Identifying trusted adults Identify trusted adults and Telling and Gaining attention.	Using our senses Assess local area, using senses	Safety Rules To understand the need to have a strategy to keep safer.	Secrets & Assessing risk Recognise 'good' & 'bad' secrets/tricks	Touches Some touches are good some are bad.	Assertiveness Use assertive voice & body language
Year 2	Identifying trusted adults Identify trusted adults and understand what, when, who and how to tell.	Using our senses Suggest ways to make school environment safer.	Safety Rules To understand the need to have a strategy to keep safer.	Secrets & Assessing risk Recognise 'good' & 'bad' secrets/tricks	Touches Some touches are good some are bad	Assertiveness Use assertive voice & body language
Year 3	Identifying trusted adults Identify trusted adults and approach them for support.	Using our senses Suggest ways to make school environment safer, from a personal safety perspective.	Safety Rules To understand safety rules and who and when to tell.	Secrets & Assessing risk Recognise 'good' & 'bad' secrets	Touches Identify and distinguish between 'yes' and 'no' touches.	Assertiveness Use assertive voice & body language
Year 4	Identifying trusted adults Identify trusted adults and approach them for support.	Using our senses Identify & understand 'sixth sense' feelings.	Safety Rules To understand safety rules and who and when to tell.	Secrets & Assessing risk Recognise 'good' & 'bad' secrets	Touches Identify and distinguish between 'yes' and 'no' touches.	Assertiveness Use assertive voice & body language to keep safer
Year 5	Identifying trusted adults Identify trusted adults and approach them for support.	Using our senses Identify & understand 'sixth sense' feelings.	Safety Rules Review safety planning	Secrets & Assessing risk Recognise 'good' & 'bad' secrets	Touches Identify and distinguish between 'yes' and 'no' touches.	Assertiveness Recognise and begin to deal with peer group pressure and influence.
Year 6	Identifying trusted adults Identify trusted adults and approach them for support.	Using our senses Make informed judgements to help keep safer.	Safety Rules Review safety planning	Secrets & Assessing risk Recognise 'good' & 'bad' secrets	Touches Identify and distinguish between 'yes' and 'no' touches.	Assertiveness Recognise and begin to deal with peer group pressure and influence.