

PE		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Indoor	Dance – Rhythm Ball skills – rolling, throwing, catching Large apparatus – moving – across, balancing, jumping			Dance – Animals of Africa - www.dancenotes.co.uk		
	Outdoor				Outdoor ball skills	Parachute games Athletics Athletics Level 1 – sports day	
Year 1	Indoor	Games activities (1) – LCP	Dance – Toys - www.dancenotes.co.uk	Dance – colour moods – LCP		Gymnastics (1) – finding and using space - LCP	
	Outdoor					Athletics - LCP Level 1 – sports day	
Year 2 <i>*Family multi skills festival</i>	Indoor	Dance – Ourselves - www.dancenotes.co.uk	PRODUCTION	Dance – Under the Sea - www.dancenotes.co.uk		Gymnastics – unit 2 - LCP	
	Outdoor	Fundamentals – Sports New Zealand , Curriculum support, Northern Ireland Curriculum		Foot control – CAS SOW	Rolling and throwing – CAS SOW	Tennis – CAS SOW - Throw, catch and strike Level 1 competition	Athletics (1) - LCP Level 1 – sports day
Year 3 <i>*Family mini Olympics</i>	Indoor	Gymnastics – Curling, stretching, pathway and level CAS SOW		Dance - Magnet and Forces – www.dancenotes.co.uk		Dance – Plants and Growing - www.dancenotes.co.uk	
	Outdoor	Orienteering	Invasion games ball handling - CAS SOW/LCP	Striking and fielding – CAS SOW/LCP		Kwik cricket Level 1 and 2 competition	Athletics - CAS SOW Level 1 – sports day
Year 4 <i>*Family football - autumn</i>	Indoor	Dance – Rainforest - www.dancenotes.co.uk	Gymnastics – flight – CAS SOW Level 1 competition		PRODUCTION	Dance - Viking - CAS SOW	Mini tennis – net games - CAS SOW Level 1 and 2 competition
	Outdoor	Football – ball on ground - CAS SOW/LCP Level 1 competition		Netball - LCP	Striking and fielding - CAS SOW/LCP	Kwik cricket Level 1 and 2 competition	Athletics - CAS SOW/LCP Level 1 – sports day
Year 5 <i>*Family - Pentathlon</i>	Indoor	Dance – Solar system CAS SOW or www.dancenotes.co.uk	Gymnastics – Partner Work - CAS SOW	Dance – Africa and African Greetings - www.dancenotes.co.uk		Health related fitness and multi skills – CAS SOW	
	Outdoor	Football – invasion games - CAS SOW Level 1 and 2 competition	Tag Rugby Level 1 and 2 competition	Quicksticks hockey Level 1 and 2 competition	High 5s netball – net games - CAS SOW Level 1 and 2 competition	Kwik cricket - striking and fielding - CAS SOW Level 2 competition	Athletics - CAS SOW Level 1 – sports day
Year 6 <i>*Family - Pentathlon</i>	Indoor	Cross county	Dance – WWII - www.dancenotes.co.uk	Orienteering - CAS SOW		Gymnastics – symmetry and asymmetry - CAS SOW	PRODUCTION
	Outdoor	Football – invasion games - CAS SOW Level 1 and 2 competition	Tag Rugby Level 1 and 2 competition	Quicksticks hockey Level 1 and 2 competition		Kwik cricket – striking and fielding - CAS SOW Level 2 competition	Athletics - CAS SOW Level 1 – sports day
School Partnership Tournaments – Years 5 & 6			ESFA football tournament/Cross country	Indoor athletics/Tag rugby/Gymnastics	Quicksticks hockey Kwik cricket	High 5s netball	