



West Dean Church of England Primary School

West Dean, Chichester, West Sussex, PO18 0RJ

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Newsletter 21 19th February 2018



Dear Parents and Carers,

ALIVE AND KICKING WEEK

ADDITIONAL INFORMATION on the following page.....

Firstly, well done to everyone for remembering to send children into school in active gear! We will be wearing Sporty/active gear all week, as we will be taking part in all sorts of activities, both indoors and outdoors, in all weathers. [Here is a reminder from the most recent newsletter:](#)

This week is **Alive and Kicking Week** - We have arranged lots of visits and visitors, activities and lessons, which have a cost attached. We are, therefore, asking for a voluntary contribution of £7.50 per pupil, to help us to cover the costs of transport, workshops, resources and the admission to Cass Sculpture Park. Please log into school money to make payment, and to give your consent for your children to travel by coach and private car, as soon as you are able. (see overleaf for more details)

Things you need to know!

- We will be taking part in physical activities throughout each day of the week, so we will all be wearing **sports gear all week**. Please send children into school dressed appropriately, wearing trainers, tracksuit bottoms/comfortable trousers, sweatshirts etc, with waterproof coats and wellies in case of wet weather.
- On **Wednesday**, the arrangements are different to normal: we are visiting Cass Sculpture Park, and will be outdoors for half the day, so please send children dressed warmly - see attached information. **Drop offs and collections will be different** so please check the details carefully and let us know if this causes any difficulties. KS2 children will require packed lunches (**PLEASE CANCEL KS2 CHARTWELLS ORDERS FOR THAT DAY**) and KS1 children will have lunch in school as normal.
- We may take photographs for newspapers and for promotional materials for our visitors - please do **let the office know immediately** if you would prefer your child not to appear in any of these.

There will be lots of things you can support with at home. Most importantly, just talking to your children about the content and messages throughout the week will help make sense of things. We will be sending home information about on line safety etc during the week, and hope that this will help you to be informed too.

Our activities/visitors/visits include:

- Teambuilding and outdoor/adventurous activities organised by Cobnor Activity Centre staff & W.D. staff
- NSPCC workshops about staying safe on-line, bullying, and speaking out to stay safe
- Guinness World Record Dance workshops, culminating in taking part in the record breaking dance attempt later this term
- 52 Lives School Kindness Project workshops
- Visit to the Cass Sculpture Park
- Keeping germs at bay workshops
- Nutrition workshops: Five a Day Caterpillar, Sugar Swaps Healthy Snacks, Balanced Breakfasts, Knife and Fork Skills (Queen's Tea Party)
- Fairtrade assemblies and poster making workshops
- First Aid workshops
- Yoga
- Pilates
- Fitness First and taster session sports with AAA coaching
- Juggling Workshops
- Healthy Minds and Bodies workshops
- Inspirational assembly – from a hopeful Tokyo 2020 Paralympian - 'The Road to Tokyo'
- Swimming at Westgate
- Power Your Pulse – Daily Mile inspired aerobic activities throughout the week



We will be using these activities not only to educate our children on how to stay healthy, but also to give us stimuli and a purpose for 'problem solving' maths, data handling and exciting writing in a range of genres.

Wednesday 21st February

Whole School Visit to the Cass Sculpture Foundation

Cass Sculpture Foundation is a not-for-profit organisation that commissions, exhibits and sells contemporary sculpture providing both emerging and established artists with unique creative opportunities

Selected artists are invited to submit a proposal in the form of a maquette, which, if successful, we will fabricate in large scale and exhibit in our 26-acre grounds. When a sculpture sells, profits are split equally between the artist and the foundation's fund for future commissions.



We will be visiting the exhibition to see the sculptures and the maquettes. The children will be using the sculpture park to provide inspiration for stories, setting scenes in their writing or for designing and building their own sculptures.

Chestnut and Beech Class will visit in the morning, and will need to be dropped off at the sculpture park, please, between 9:00 and 9:15am. They will then be collected by coach.

Chestnut Class will return to school for lunch and to do their follow-up activities. Beech Class will be dropped off at The Trundle, where they will continue their Neolithic field studies. They will have their lunch outside and return to school on foot. Both classes should be collected at 3pm as usual, from school, please.

All of Beech and Chestnut class children will need to bring a packed lunch on Wednesday.

Apple and Maple Class children should be dropped off at school as usual in the morning, please. They will have their lunch in school, as usual, and will then be transported, by coach or private car, to the Sculpture Park, where they will spend the afternoon.

Please arrange for your YR, Y1 & Y2 children to be collected from the Sculpture Park at 2.30pm. For any parents needing to collect children from both school and the Sculpture Park, if you could arrange for friends to support this, that would be helpful.



Some children may require booster seats: if your child is to travel in private car, school staff will use our school booster seats or contact you for your support.

If you have any concerns regarding transportation or pick up/drop off arrangements, then please let school staff know.

All children need to wear appropriate footwear and clothing for a day where much of our time will be spent outdoors, please.

The Cass Sculpture Foundation is found at PO18 0QP, and is a short drive from school. When arriving at the Cass Foundation to collect/drop off children, please follow the road round to the left once you enter the grounds. This will take you down to the car park, where there will be school staff on hand to ensure children are safe. The car park is adjacent to the main gallery, where we will meet in the morning. When leaving the car park, please follow the road round, rather than retracing your steps – this one way system will ensure smooth movement of cars. Please drive very slowly on the dirt tracks.

Please do remember to log into School Money to make payments and give your consent.





The NSPCC's **Speak out. Stay safe.** programme is visiting our school on Tuesday 20th February to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their **Speak out. Stay safe.** Programme. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to all the children in our school as well as a workshop for Chestnut Class. School staff will be present throughout and will always be there to answer the children's questions or concerns.

"NSPCC has helped me to build the confidence to tell people about my worries and problems." Child's feedback

What is the **Speak out. Stay safe.** programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools that have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

"My daughter thought the volunteers were fantastic, really real people, very warm and friendly." Sally, Prestatyn.

If you would like any more information about the **Speak out. Stay safe.** programme you can come in to speak to me or visit the NSPCC website nspcc.org.uk/speakout

Talking PANTS with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/parents

