

Fantastic Achievement

Mia started training in a Sunday morning pre-school class at shirebrook gymnastics academy when she was 3. Within a year she moved up to a foundation artistic group training up to 4hours a week, just 3 months later Mia was invited into a Development group training from 4 to 8hours a week.

In March 2018 Mia was entered into her 1st gymnastics competition at Queens Park Chesterfield where she competed her Floor routine and Vault. Mia came 1st in both areas and placed 1st overall, receiving a Gold Medal and Trophy.

In June 2018 Mia was entered into Notts County Champs 2018 competition which was held at Nottingham Gymnastics Academy, competing in all four pieces, Floor, Vault, Bar & Beam. Mia achieved x2 Gold medals, x1 Silver and x1 Bronze, finishing in 1st place over-all in her category, in-age level 7.

From July 2018 Mia will continue her gymnastics training at Nottingham Gymnastics Academy as part of an artistic development group working towards an Elite pathway.

