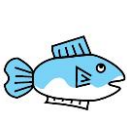



DISHERS AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Autumn 2020

DISHERS														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Green Pesto Pasta with peas 04729, 70490,		✓					✓							
Peas BD - 82829	No allergens													
Baked Potato Birting	No allergens													
Cheese Grated Chiltern Local							✓							
Baked Beans 30396	No allergens													
Wholemeal Bread 19414		✓												
Vegan Spread non butter 72031	No allergens													
Cheese Slices 72537							✓							
Ham Slices 45683	No allergens													
Tuna Mayonnaise 30530, 04134				✓	✓									
Egg Mayonnaise 81925 or C70147	may contain	may contain		✓			may contain		✓			may contain	may contain	

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fresh Watermelon Chiltern Local	No allergens													
Pork Sausages Chiltern Local		✓							✓					✓
Vegan sausages 73736 NEW PRODUCT		✓											✓	✓
Soft White Bun 81210		✓												
Tomato Ketchup 04157	✓													
Biscuits (for Cheese & biscuits) 21493		✓		May contain			May contain					May contain		
Cheese for (for cheese & Biscuits) 06502							✓							
Fresh Fruit Biring	No Allergens													
Yoghurts 72942, 99126							✓							
Roast Chicken Fillet Chiltern Local													In gravy	
Gravy for chicken 22212													✓	

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Nuggets Vegan 04057		✓												
Roast Potatoes BD- 44753	No Allergies													
Mixed Vegetables Chiltern Local	No Allergies													
Turkey for sandwich 45682		✓					✓						✓	
Italian beef meatballs Chiltern local														✓
Tomato sauce (for meatballs) Chiltern Local	No Allergens													
Rice 06587	No Allergens													
Carrots Chiltern Local	No Allergens													
Baked White fish Cod BD 60495		✓			✓									
Vegetable Samosa Chiltern Local		✓												
Oven chips BD 19253	No Allergens													

DISHES														
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Oreo cookie bar A84659		✓					May Contain						✓	
Vanilla Choc-chip Muffin 19070		✓		✓			✓					May contain	✓	
Garlic Bread 04216		✓					✓							
Gluten free ciabatta roll 94200						May Contain							✓	
Soreen bar Original A119715		✓					✓							
Soreen Bar Banana A119714		✓												
Tunnocks wafer bar A27511		✓					✓						✓	
Jelly pots Strawberry 73291	No allergens													
Tunnock teacake A29860		✓		✓			✓						✓	
Double Chocolate Muffin 19076		✓		✓			✓					May contain	✓	

Review date: 30/9/2020

Reviewed by: Paul
Jefferys



You can find this template,
including more information at
www.food.gov.uk/allergy

This is designed to be a guide only.
For more details about specific
product contact the school

Please note that fruit and vegetables that
are not listed are free from the above
allergens