



SET Skills

Get Set 4 PE's 'SET' skills aid the development of the whole child through PE.

These posters give examples of how Social, Emotional and Thinking skills can be developed through your Get Set 4 PE lessons.

On each lesson plan, you will also find Whole Child Objectives that are specific to each lesson.

Why not add these posters to your PE display board?



SOCIAL SKILLS IN PE

Collaboration

Communication

Cooperation

Respect

Kindness

Leadership

Supportive

KS1

I watch others quietly and clap at the end of their performance.

I talk to a partner about my ideas.

I encourage others to keep trying.

I am happy to share my ideas and listen to others.

I work well within my team.

I use kind words when providing feedback.

I make safe decisions when working with others.

I move into a good space to keep myself and my partner safe.

I encourage and praise others in their learning.

I take care of equipment.

I show patience with others.

I share my thoughts with the class.

I use verbal and visual communication with my team.

I follow the rules of the game.

I show understanding of other people's strengths and weaknesses.

EYES

I congratulate others.

I work with my group to self-manage our game.

KS2

I include others in the games I play.

I work with others to achieve a shared goal.

I can share equipment and take turns.

I can take a small group through a task.





EMOTIONAL SKILLS IN PE

Confidence

Honesty

Integrity

Independence

Determination

Perseverance

Empathy

KS1

I share my ideas, contribute to class discussion and perform in front of others.

I explore skills before asking for help.

I want to complete the challenges and tasks set for me.

I tell the truth about what I have achieved.

I continue to try my hardest even when I find things hard.

I am honest even when others are not watching me.

I use kind words in my feedback.

I try new tasks and challenges.

I practise skills by myself.

I attempt tasks and challenges outside of my comfort zone.

I work hard in my PE lessons.

I find my own ways to develop and complete challenges.

I work hard to achieve my personal best.

I say when I was caught.

I use the rules of the game to play fairly.

I am happy to have another go if I don't succeed on the first try.

I understand what my best looks like and I work hard to achieve it.

I don't touch equipment that has been set out until told to do so.

I make honest decisions when independently playing games.

I am kind to others and share with them so they don't feel sad.

I understand how other people can feel and include them in my games.

EYES

KS2





THINKING SKILLS IN PE

Problem Solving

Selecting and Applying

Providing Feedback

Decision Making

Reflection

Comprehension

Creativity

KS1

I choose where to move to help my team.

I suggest ideas to solve tasks.

I know when and why I succeed.

I know when to pass and when to shoot.

I use key words to give people feedback.

I understand how to score points.

I choose actions to help show an idea in dance.

I can choose my own methods of travelling.

I make quick decisions, sometimes under pressure.

I think about the best space to move into to avoid being caught.

I plan and apply strategies to overcome a challenge.

I understand when I am successful.

I recognise my strengths and areas for development.

I choose a type of throw to help me to score points.

I decide what to do to make things harder for my opposition.

I understand the aim of the game.

I can use skills and tactics to outwit an opponent.

EYES

I can say what I liked about someone else's performance.

I identify strengths and areas for development in other's performances.

KS2

I use my imagination to show different characters or ideas.

I use my own ideas in response to a task.

