

Week 1 6th Sep, 20th Sep, 4th Oct, 18th Oct

Monday	Tuesday	Wednesday	Thursday	Friday
M – Ham carbonara with pasta and sweetcorn	M – Focaccia bread pizza with crispy round potatoes and carrot sticks	M – Roast chicken, potatoes and 2 fresh vegetables with gravy	M – Crunchy chicken fillets with French fries and peas	M – Beef bolognaise with pasta and salad
V – Quorn sausage hotdog with wedges and sweetcorn		V – 3 cheese, Cauliflower and broccoli bake with potatoes and 2 fresh vegetables	V – Quorn nuggets with French fries and peas	V – Tomato cheese quiche with sauté potatoes and salad
JP – cheese/beans/tuna	JP – cheese/beans/tuna	JP – cheese/beans/tuna	JP – cheese/beans/tuna	JP – cheese/beans/tuna
SPL – Pasta pot	SPL – Cheese sandwich	SPL – Ham Roll	SPL – Chicken and bacon salad	SPL – Sausage roll
D – fresh fruit	D – Banana & raspberry cake	D – fruit smoothie	D – Apple cake	D – Cookie

Week 2 13th Sep, 27th Sep, 11th Oct

Monday	Tuesday	Wednesday	Thursday	Friday
M – Breaded fish with wedges and peas	M – Macaroni Cheese & bacon with Focaccia bread and Sweetcorn	M – Roast chicken, potatoes and 2 fresh vegetables with gravy	M – Butchers sausage with fries and veggie sticks	M – Cottage pie with and Sweetcorn
V – Quorn mild chilli with rice and peas		V – Vegetarian wellington with potatoes and 2 fresh vegetables	V – Quorn nuggets with French fries and veggie sticks	V – Roasted vegetable bolognaise with pasta and Sweetcorn
JP – cheese/beans/tuna	JP – cheese/beans/tuna	JP – cheese/beans/tuna	JP – cheese/beans/tuna	JP – cheese/beans/tuna
SPL – Pasta pot	SPL – Cheese roll	SPL – Ham sandwich	SPL – Chicken salad	SPL – Sausage Roll
D – fresh fruit	D – Flapjack	D – Fruit smoothie	D – St Clements cake	D – Cookie

Yoghurts and fresh fruit will be available daily

Gluten free menu available on request