

# Orchard Vale's Weekly News

## 18th September 2020

www.ovschool.co.uk

orchardvale@ventrus.org.uk



Wow, It has seemed like a very long week for some of the children. The weather has been very kind to us though and we have been making the most of our outside areas. The children do seem a little tired today, but they are gradually getting used to working a full week after so long off. Well done to you all and have a restful weekend.

Now that we are into a routine when arriving at school, from Monday the signage indicating the year group channels in the playground will no longer be there. Children will still need to use the correct channel when they arrive. Please could you remind your child which channels they need to walk down.

Fiona Pearce, Headteacher

### Annual Parental Consent

At Orchard Vale, we take the issue of child safety very seriously, as such we would be grateful if you could complete and submit the Annual Parental Consent form on the link below (this was email to you this week).

[Annual parental consent link](#)

### Breakfast Club

Now that we have managed to facilitate a successful return to school for all of our children we are beginning to look at reopening a breakfast club facility, for children from Reception to Year 6, in line with Government and Ventrus guidelines.

If you have a child in Reception to Year 6 and you would like them to attend Breakfast Club please could we ask you to complete the questions on the link emailed to you on Thursday.

We hope the club will run from 7.30am to 8.30am with the session price possibly being £4.50.

[Breakfast Club questionnaire link](#)

### After School Care Provision

If you have a child in Reception to Year 6 and would like them to attend an after school care provision at Orchard Vale, please could we ask you to complete the questions on the link emailed to you on Thursday.

[After School Care Provision link](#)

### Snacks in school

**Nut free zone**—Orchard Vale aims to protect the children/staff who have severe nut allergies. We request that parents/carers observe our nut free policy and do not include nuts/products including nuts in school lunch boxes.



**Items which should not be brought into school**— Packs of nuts, peanut butter/Nutella sandwiches, Items which contain nuts - cereal bars, certain chocolate bars, sesame seed rolls, cakes.



**Morning break for Nursery, Years 1 and 2**—The Government provides a piece of fruit for children in these year groups

**Morning break for Years 3, 4, 5 and 6** should consist of a piece of fruit, vegetables or cheese.

**Afternoon snacks for Nursery, Years 1 and 2** should consist of a piece of fruit, vegetables or cheese.

### Orchard Vale's Nursery



The children in the nursery can now play with their peers as normal, enjoying being together and sharing all the toys. However, I would like to reassure parents that we do still take hygiene in the setting very seriously. All children have their hands sanitised as they enter the nursery classroom and at regular intervals throughout the day. Toys and shared areas are also cleaned regularly. We are continuing to avoid using various items which are difficult to keep clean such as sand, playdough, dressing up clothes and carpets. Instead of sitting on the carpet together children have foam squares to sit on which are cleaned after use. We will gladly answer any further questions if you wish to find out more information.

Mrs Youll

## Coronavirus / Seasons illnesses

With children returning to school it is the term for those common bugs; colds, coughs and flu to rear their heads.

If your child is not able to attend school, please call 02171 375074 by 9am and leave a message on the Pupil Absences line by pressing '1' or speak to one of our office staff. Please bear in mind that there is a high demand on our phone lines in the morning. If you do not get a reply straight away keep trying or send an email to [orchard@ventrus.org.uk](mailto:orchard@ventrus.org.uk).

### Public Health England (PHE) and NHS advice regarding Corona virus testing

PHE/NHS Test and Trace Agency have advised that in order to identify those with coronavirus, while avoiding a huge increase in demand for tests from people without coronavirus symptoms, they recommended pupils and staff who feel unwell, to request a test if:

They develop one or more of the main coronavirus symptoms:

If your child has any of the main symptoms of coronavirus please keep them at home, follow the recommended actions and advise the school office by 9am.

### Main symptoms are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

To protect others, do not go to places like a GP surgery, pharmacy or hospital if you have any of these symptoms. Get a test to check if you have coronavirus and stay at home until you get your result.

Call 111 NHS for advice.

There is no need for households to have a test unless they are also symptomatic.

### Normal seasonal illnesses

PHE/NHS advise that with the return to school pupils may feel unwell for example with a sore throat, stomach upset or a headache. These pupils do not need to book a test but may need to stay off school and seek medical advice through their GP or pharmacist as usual.

If your child has a cough or cold and it does not fall under the category above, parents should assess whether they are well enough to come to school. If they are not well enough, then please keep them home until they are and contact the school as above to advise the reason for their absence.

The following link has some useful videos and advise on how to try to distinguish between whether you have a cold, flu or Coronavirus. [Covid Symptoms is it a cold, flu or Corona virus link](#)

If your child has a cough or cold but is well enough to come to school, please send them in with plenty of tissues for them to keep on their desk. The class teacher will ensure they 'catch it, bin it, kill it' and wash their hands regularly throughout the day.

If your child requires any prescribed medication to be administered whilst they are at school, please ensure you complete a green Medical Form and hand it and the medication to the school office. (We can only administer prescribed medication).

### Testing

For advice on testing please contact:

111 NHS Direct  
119 the Covid-19 NHS line

Access the online NHS Portal - <https://portal.nhs.net/>

Please advise the school if you are waiting for a test / have a test booked/ have been given the results of a test and will be sending your child back to school.

## KEY STAGE 2—FOOTBALL AFTER SCHOOL CLUBS



Mr Ovey' football clubs will be starting next week.

Parents should have received confirmation of their child's place by email this week. Your child should only attend if you have registered your child's interest using the links below and you have received a confirmatory email.

Children will need their PE kits, trainers (football boots are optional at the moment) and shin pads.

### **Year 3** – [Year 3 link to registration form](#)

Starting Monday, 21<sup>st</sup> September – 315pm-415pm after school football club for year 3 ONLY!

All activities will be socially distanced with children kept in their class bubbles. This club will run on a MONDAY ONLY.

### **Year 4**—[Year 4 link to registration form](#)

Starting Tuesday, 22<sup>nd</sup> September – 315pm-415pm after school football club for year 4 ONLY!

All activities will be socially distanced with children kept in their class bubbles. This club will run on a TUESDAY ONLY.

### **Year 5** – [Year 5 link to registration form](#)

Starting Wednesday, 23<sup>rd</sup> September – 315pm-415pm after school football club for year 3 ONLY!

All activities will be socially distanced with children kept in their class bubbles. This club will run on a Wednesday ONLY.

### **Year 6** - [Year 6 link to registration form](#)

Starting Thursday, 24<sup>th</sup> September – 315pm-415pm after school football club for year 3 ONLY!

All activities will be socially distanced with children kept in their class bubbles. This club will run on a THURSDAY ONLY.



Great Western Railway along with National Schools Partnership have a fantastic interactive website which is free. Anyone can sign up! [www.younggreatwesterners.com](http://www.younggreatwesterners.com) At the moment they are running a competition where the child submits a drawing of their chosen landmark. (See information attached to this newsletter for KS1 and KS2 Competitions)

**Prizes include an iPad, £100, £50 Amazon voucher.**

## New children's mental health campaign

Most families have experienced upheaval in their daily lives during the coronavirus (COVID-19) pandemic. Data shows that over half of parents in the South West said that the mental wellbeing of their children has been one of their biggest worries.

After a tough year, lots of children are feeling unsettled, so Public Health England has [launched a campaign](#) to help parents and carers spot the signs that children may be struggling with their mental health, and provides tools to help.

It's been developed in partnership with leading children and young people's mental health charities and endorsed by the NHS.

Check out the [Better Health Every Mind Matters website](#) for tips and advice.



**If you have not already done so please could you follow the link below to give or withdraw permission for your child to receive this vaccination.**

Dear Parents/guardians,

### Annual Free Nasal Childhood Flu Vaccination Consent Required

All children in Reception to Year 6 are eligible for a Free Nasal Childhood Flu Vaccination this term.

It is anticipated that this will be delivered in schools on 13th October 2020, this will be administered adhering to all up to date Infection Control, PPE and social distancing guidance at the time.

Flu vaccination is one of the most effective interventions we have to reduce pressure on the health and social care system which is going to be more important than ever this year. For this reason, it is essential we deliver the vaccine to as many children as possible to prevent the spread of infection to those most at risk in society.

In light of the above we are expecting demand to be high and therefore we urge you to follow the below link to consent to your child's vaccination now.

**Even if you do not want your child to receive this vaccination, please complete the consent form stating "no" consent.** You will also find answers to your FAQ's on this link.

[Provide/withdraw your permission for 2020/2021's Flu Vaccination on this link](#)

If you have any difficulties with completing the consent form please contact the Immunisation Team on our Single Point of Access (SPA).

Tel: 0300 247 0082 Email: [vcl.immunisations@nhs.net](mailto:vcl.immunisations@nhs.net)

School Age Immunisations Team

Virgin Care Services Limited Telephone: 0300 247 0082

e: [VCL.immunisations@nhs.net](mailto:VCL.immunisations@nhs.net) w: [www.virgincare.co.uk](http://www.virgincare.co.uk)

Registered Office: Virgincare Service Ltd, 6600 Daresbury Business Park, Cheshire, WA4 4GE

Registered in England & Wales: Number 07557877

# Star of the Week

## Foundation Stage and Key Stage One



### Mrs Youll's

Amber for being amazing at settling in at nursery and being a good friend helping her peers.

Ben for being amazing at settling in at nursery and doing some super tidying.

### Miss Cawthorne's nomination – I have two stars of the week:

Luke for fantastic listening and working hard.

Harry for fantastic listening and being a good friend.



### Miss Boundy's nominations - I have two stars of the week:

Henry has been amazing in phonics this week and is always kind to his friends. Well done Henry!

Chloe H always tries her best at everything she does and is such a wonderful friend. Well done Chloe!

### Mr Quilter's nomination

Francis has tried really hard this week. He has done exceptionally well with his phonics. I have loved watching him complete his maths tasks and really enjoyed listening to him read. Well done Francis, keep it up! I look forward to seeing what he can do over the rest of the year.



### Mrs Oldfield's nomination

Magda has made a wonderful start to year 1. She comes into class every morning with a smile on her face, full of enthusiasm for what she is going to learn. This week she has shown excellent skills in number recognition and representation when using a tense frame. She has also been very keen to answer questions and had produced some beautiful drawings for Boris our class alien. Well done Magda x

### Mrs Grimwood's/Mrs Huggins' nomination

Carly is our star of the week. She has so risen to the challenge of being back in the classroom. Her listening skills have improved tremendously in one week. Carly is ready for anything and is a lovely bubble of enthusiasm to have in the classroom. Well done Carly. You are a star!





# Star of the Week

## Key Stage Two

### Miss Gulliford's nomination



Libby has shown outstanding kindness, resilience and patience this week. We have been testing this week and she has shone in her grown up and mature approach to trying her best. Nothing seems to have phased her and she is such a positive role model as a courteous member in year 4.

### Mrs Johnson's nomination

Alexa has been an absolute star since we have returned to school, working hard on every task and remembering how to listen to others. She always puts her hand up and waits her turn and is being a great role model to others in the class. What a great start to the term you have had Alexa - well done!



### Mr Whapham's nomination



Lauren has made a brilliant start back to school this year. She has worked particularly hard in maths this week, pushing herself to really show me that she understands the concept we are tackling. She has even managed to push herself on to some additional challenge questions! Lauren is a funny member of our class and I am sure her witty sense of humour will give us a year full of laughs, like it has this week! Well done!

### Miss Squire's nomination

Brooke is wonderfully polite and so helpful. She gives everything 100% attention and effort. She has really wowed me with what a fantastic year 6 she is already. Well done, Brooke!



### Mrs Rana's/Mrs Lowrey's nomination



Freddie has really grabbed the opportunity to write freely and independently this week. He has shown us that he is really capable and has a fantastic voice in his writing. He has written more than he believed he could. He has taken the opportunity to use his free time to put the writing into his own book and has worked solidly all week. We are really proud of you Freddie. Well done!

### Mrs Harding's nominations

Kai has worked very hard this week in all tasks and has been working particularly hard on getting dates and titles written quickly and organising all of his resources. We are very proud of Kai this week and feel that he thoroughly deserves to be our star for all of his efforts and determination. Well done, Kai!



### Mrs Lavictoir's nomination



Finn is a star every day. His kind generosity with his peers is a joy to watch and he is stepping up to be the responsible and caring OV, year 6 pupil we always knew he would be. He involves himself in every class discussion, volunteering information whilst listening carefully to what others has to say. He is such a responsible member of the school and his gentle sense of humour is quick, keeping Mrs May, Mr Borg and myself on our toes! Keep shining, Finn. You are a real asset to our class and school.

Ventrus Primary School Menu **Week 1** – week commencing **7 Sept / 21st Sept / 5th Oct / 19th Oct**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b> - Macaroni cheese 2711 <b>Veg</b> - Quorn hotdog Potato squares and sweetcorn Jacket Potato with cheese and beans Various Ice-creams	<b>Main</b> -Sausage, mash and peas <b>Veg</b> - Jacket potato with cheese and beans Cookie	<b>Main</b> - Pizza with potato squares and sweetcorn <b>Veg</b> - Cheese and tomato pasta bake with focaccia bread Jacket potato with cheese and beans Various yoghurts	<b>Main</b> - Breaded fish with potato wedges and peas <b>Veg</b> - Jacket potato with cheese and beans Cake	<b>Main</b> - Chicken nuggets, fries and vegetable sticks <b>Veg</b> - Quorn dippers, fries and vegetable sticks Jacket potato with cheese and beans Various Ice-creams
<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>	<b>School packed lunch option</b>
Sausage roll, dessert, fruit and crisps	Ham sandwich, dessert, fruit and crisps	Cheese and onion pasty, dessert, fruit and crisps	Cheese sandwich, Dessert, fruit and crisps	Ham Sandwich, dessert, fruit and crisps

**Libraries Unlimited**

### Barnstaple Library

Monday-Saturday 10-5pm

- Social distancing measures in place
- Browse our shelves, borrow and return books
- The children's area is open
- Public computers available for 1hr use and can be booked in advance
- Free Wi-Fi (desks available for 1hr)
- The Local Studies Centre is open by appointment only
- You will be required to wear a face-covering to enter the library

Devon Libraries is part of **Libraries Unlimited**

**WEST BUCKLAND SCHOOL**

### Virtual Open Day

- 'Tour' the school with the Headmaster
- Live Q&A with senior staff
- Book a 1:1 meeting with Headmaster or Admissions Manager

Senior School (age 11-18) Saturday 3rd October, 11:00 (BST)  
 To find out more and to register for the event: [www.westbuckland.com/virtual-open-day](http://www.westbuckland.com/virtual-open-day)  
 Barnstaple, Devon, EX32 0SX  
 Boys and girls, age 11-18

### Chulmleigh College Virtual Q & A with Senior Leadership Team

Prospective parents are invited to join our Executive Headteacher Mike Johnson, Deputy Executive Headteacher Neil Payne, SENDCO Laura Mackie and Academy Business Manager Tina Harrison, for a live Q & A.

Our senior team will be available to answer any questions: including our 'out of catchment' transport service available from Barnstaple, Torrington, Rackenford and Crediton areas; SEN provision; our curriculum and transition to the College from Year 6.

Booking is essential, please visit <https://tinyurl.com/CCQA2020> to book a place, we will then email the Zoom link as confirmation of your place.

### Chulmleigh College School Tours

Every Friday at 4pm until October 16th

Our results are amongst the 'BEST IN THE SOUTH WEST'

We are delighted to invite prospective Year 6 pupils and their parents/carers for a tour of the College with our Executive Headteacher Mike Johnson and our Deputy Executive Headteacher Neil Payne.

Tours will be limited to 10 people, and will adhere to Covid-19 regulations. Tours will take place every Friday at 4pm, until October 16th 2020. Booking is essential and can be made via the link: [Chulmleigh College Tours](https://www.chulmleigh.devon.sch.uk)

**OUT OF SCHOOL TRANSPORT AREA?** Ask about our school transport from Barnstaple, Crediton, Rackenford & Torrington areas

www.chulmleigh.devon.sch.uk 01769 580215  
 admin@chulmleigh.devon.sch.uk @ChulmleighAT