

Ventrus Primary School Menu Week 1 – 28th Sept / 12th Oct / 2nd Nov / 16th Nov / 30th Nov / 14th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Main – Macaroni cheese, focaccia bread and sweetcorn</p> <p>Vegetarian – Vegetarian Hotdog with crispy round potatoes and sweetcorn</p> <p>Jacket potato – Cheese only</p>	<p>Main – Sausage, mash and gravy with peas</p> <p>Vegetarian - Butternut squash, spinach and courgette casserole with potato mash and peas</p> <p>Jacket potato - Cheese / beans</p>	<p>Main – Roast chicken, gravy potatoes and fresh vegetables</p> <p>Vegetarian – Vegetarian sausage roll with potatoes and fresh vegetables</p> <p>Jacket potato – Tuna / Cheese</p>	<p>Main – Beef bolognaise, Pasta with sweetcorn</p> <p>Vegetarian – Focaccia bread pizza with pasta and sweetcorn</p> <p>Jacket potato – Cheese / Beans</p>	<p>Main M – Fish fingers, chips and veggie sticks</p> <p>Vegetarian – Quorn nuggets, fries and vegetable sticks</p> <p>Jacket potato - Cheese / Tuna</p>
<p>School packed lunch option</p> <p>Sausage Roll, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Cheese Sandwich, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Ham Sandwich, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Cheese and onion pasty, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Ham sandwich, desert, fruit and crisps</p>
<p>Dessert – Fresh Fruit</p>	<p>Dessert – Carrot cake</p>	<p>Dessert – Various ice-creams</p>	<p>Dessert – Apple flapjack</p>	<p>Dessert – Chocolate cracknel</p>

Ventrus Primary School Menu Week 2 – 5th Oct / 19th Oct / 9th Nov / 23th Nov / 7th Nov

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Main – Focaccia bread pizza with crispy round potatoes and sweetcorn.</p> <p>Vegetarian -Vegetable bolognaise with pasta and sweetcorn</p> <p>Jacket potato – Cheese only</p>	<p>Main – Breaded fish with potato wedges and peas.</p> <p>Vegetarian - Haloumi stuffed peppers with potato wedges and peas</p> <p>Jacket potato – Cheese / Beans</p>	<p>Main – Roast chicken, potatoes and fresh vegetables with gravy</p> <p>Vegetarian -Cauliflower and broccoli cheese bake potatoes and fresh vegetables</p> <p>Jacket potato – Tuna or cheese</p>	<p>Main –Hotdog with crispy round potatoes and sweetcorn</p> <p>Vegetarian – Roasted vegetable pasta bake, with crispy round potatoes and sweetcorn</p> <p>Jacket potato – Cheese / beans</p>	<p>Main – Chicken breast nuggets, fries and vegetable sticks</p> <p>Vegetarian – Quorn nuggets, fries and vegetable sticks</p> <p>Jacket potato – Cheese / tuna</p>
<p>School packed lunch option</p> <p>Sausage Roll, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Cheese Sandwich, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Ham Sandwich, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Cheese and onion pasty, desert, fruit and crisps</p>	<p>School packed lunch option</p> <p>Ham sandwich, desert, fruit and crisps</p>
<p>Dessert – Fruit Slices</p>	<p>Dessert – Lemon drizzle cake</p>	<p>Dessert – Various ice-creams</p>	<p>Dessert – Banana and raspberry cake</p>	<p>Dessert – Cookie</p>