



Chacewater C.P. School



Truro and Penwith
Academy Trust

5 February 2021

Dear Parents,

Thank you for all your hard work again this week - it has been great to see all the activities linked to mental health awareness week and focusing on our children expressing themselves. Work has included some amazing class videos and art. Thank you to one of our parents Mrs. Laskey who has suggested some "mindfulness" resources that parents may wish to use - they are two apps. Stop, Breathe and Think Kids Smiling Minds.

One more week to go until half term. Thank you for all your feedback for the remote learning which we will take on board as we make plans for after half term. The many positive comments have been really wonderful. Any adaptations to plans will be shared in next week's newsletter. I am delighted to say that the eschools system has made it much easier for parents to see when a piece of work has had feedback.

To end the term, I am planning to do a live "zoom" quiz next week at 2pm on Friday. Your class teachers will post the link in the daily plan - everyone in the family is welcome to take part and there will be some general knowledge and some local questions!

We welcome back Mrs. Fox from maternity leave next week - she will be sharing Year 2 with Mrs. Morgan as explained a few weeks ago, working Wednesday, Thursday and Friday.

Have a lovely weekend - I really hope it is drier.

Good luck to Wales in the Rugby!

Mr Gould

Internet Safety Awareness Day - is next Tuesday. On this day our classes will be undertaking some activities linked into being safe on the internet including being respectful on line.

Blackbird Pie - last week you should have received the link to the following magazine.

<https://preview.mailerlite.com/g5u6p6/1613940777308657270/u2u4/> I am delighted to say that some of our children appear in this issue. Well done to them.

Parish Council notice - Dogs are allowed on the Millennium Green. They **MUST** be kept on leads.

Please note - this is a temporary measure for now and is to be reviewed in 6 months' time.

Golden Awards



George, Jenny, Stanley, Harley-Jay, Kayden,

Lily-Mae, Orla, Imogen, Isla, Ted, Molly, Jacob, Roan, Daisy, Ava & Wes

Carrick Spring Term Online Virtual Parenting Programme February - May 2021

Being Passionate About Parenting 5-11 yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

Wednesday	6.00-8.00pm	24th	4th Feb	11th Feb
Tuesday	1.00-2.30pm	27th April	4th May	11th May

Being Passionate About Parenting Early Years 1-3 yrs (3 weeks)

A 3 week workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carers Topics in this workshop include: - child led play, special time, praise, limited choices use of language, routines etc

Tuesday	10.00-11.30am	2nd March	10th March	16th March
Wednesday	10.00-11.30	12th May	19th May	26th May

Being Passionate About Parenting with ADHD 5-11 yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and supporting them with practical strategies and top tips.

Tuesday	6.30 - 8.00pm	23rd Febraury	20th Jan	9th march
Monday	6.30- 8.00pm	10th May		24th May

Being Passionate About Parenting with Spectrum Awareness 5-11yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes:- Fact and Fiction about the Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

Friday	9.30-11.30	26th Febraury	26th Jan	12th March
Tuesday	1.00- 2.30pm	21st April	1st Feb	5th May

Take 3 12-17 yrs

A 5 week workshop parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work

Wednesday	9.30- 11.30am	24th Feb	19th Jan	26th Jan	2nd feb	24th March
Tuesday	6.00- 8.00pm	20th April	27th April	4th May	11th May	18th May

Incredible Years 6-11 (12 weeks)

12 week course - 2 hourly sessions. Promotion of child social competence, emotional regulation, positive attributions, academic readiness and problem solving. Improved parent/child interactions, building positive parent/child relationships and attachment, improved parental functioning, less harsh and more nurturing parenting, and increased parental social support and problem solving. Classroom management skills and teacher/parent partnerships.

		starts		ends
Wednesday	9.30-11.30	22nd April	No session half term week	1st July

Please contact the Early help [Early Help Hub request for help form - Cornwall Council](#) if you would like to attend any of the above courses.

www.cornwall.gov.uk//health-and-social-care/childrens-services/early-help-hub-request-for-help-form/

or call 01872 322277 where a member of the Early Help Team will be able to help.