



## Keeping Wellbeing in Mind

The summer term can be stressful for children and parents, with lots of change and transition around the corner. Even though this is the shortest half term of the year it is also on one of the busiest. At our recent INSET day staff were treated to a training session, led by Mr Kubairsingh on using mindfulness in the classroom. Mindfulness is about taking time to be present in the moment by focussing on breathing and paying attention to your body and how it feels. Research has shown that mindfulness can help improve mood and focus and reduce stress, you can find out more about the benefits at <https://www.nhs.uk/conditions/stress-anxiety-depression/mindfulness/>. Staff will be using some of the simple exercises with the children and I hope they are able to then share these with you at home. If you would like to find out more please do speak to the school office.

### Tomato plants

Each child will be bringing home a tiny tomato plant in the next few days for them to nurture at home. The plants have been kindly provided by Flowerland in Iver Heath and are a lovely way for children to experience the joy of growing their own food. The children will have potted their own plant so please let us know if any do not make it home in one piece and we can provide a replacement.

### Eco Brick update

Thank you to the children and parents who have been making eco bricks at home. Please do keep the bricks coming in as we need lots more, there is a collection bag for them by the playground gate. Some parents have found it difficult to get the bricks to the weight needed, please ensure that the materials inside are squashed down as much as possible (a long stick is helpful for this) and if your brick is completely full and still not up to weight please do bring it in anyway.

### Condition Improvement Fund

We were very pleased to find out that our recent bid to the Government's Condition Improvement Fund has been successful. This is a competitive scheme that enables academies to access funds to help improve their school building and facilities. The Lent Rise bid was for funds for roofing works that will update our old light grills and leaky skylights. The work will take place in the Summer holidays.

### Year 3 Dance Competition

Year 3 had a rip-roaring, spectacular dance competition on Thursday 4th April 2019. In the competition 16 teams, over half of Year 3, entered to show off their best dance moves. The three judges from the Sports Council had a tough time choosing the winners, with lots of 9 and 10 scores awarded. The winning performance was given by Amelia, Isabelle, Max and Leon from 3H. The winning four received a certificate, medal and a whopping 100 House Points each! A big congratulations to the winning team and all those who entered to make the competition such a great success!



# Lent Rise School Newsletter

May 2019

Issue 83  
Page 2

## Staff news

We are delighted to announce that Mrs Springford is expecting her first child in September. Mrs Springford will be going on maternity leave in July and we wish her and her family all the best for the future.

## April's Attendance

Our overall whole school attendance figure for last month was 95%. The KS1 award went jointly to classes 1G and 2G who both achieved 96.3% attendance and the KS2 award to 4S who achieved 96.6% attendance, for the month of April.

## PTA Events

The PTA are organising a Bingo and Curry Night (for adults only) at school on Friday 7<sup>th</sup> June. The evening is being hosted by the very popular Dan Hudson, known to many of us as the children's favourite Fred in the Shed. Dan will entertain us with his unique brand of grown up entertainment and will host the bingo games. Food will be provided by local chef Priya Tailor, of Priya's Kitchen, who specialises in home cooked, authentic recipe curries. Our taste buds will be treated to Chicken Tikka (with or without the masala sauce), a vegetarian aubergine curry, rice and naan bread. Home-made samosas will also be available to purchase on the night. Tickets are £20 each which includes your curry, all the entertainment, a book of bingo game cards and a glass of either bubbly or beer. The rest of the evening will be BYOB, additional bingo game cards will be available to buy on the night. Forms will be coming out next week, so please keep the 7<sup>th</sup> June free in your diary and get learning your bingo lingo! (Two little ducks anyone - it means 22 apparently!)

## Rugby Tots club

We are pleased to be able to offer a brand new Rugby Tots club to Early Years children. This will take place on Tuesdays after school for the first half term in summer. If the numbers are sustainable the club will carry on into the second half term in summer. The club is designed as an active play club based around rugby and is aimed at developing children's physical and social skills. For more information please visit <https://www.rugbytots.co.uk/Burnham/Class/Details/40825>

## Under 8s Football tournament

Congratulations to the 8 Early Years and KS1 pupils who participated in the Burnham Rotary Club football tournament at Dropmore School on Saturday. The team competed against 5 other local schools, they won 3 games and drew 2 - what a fantastic achievement! We were very proud of how the pupils represented Lent Rise, they showed great teamwork skills, determination and sportsmanship. The team came runners up in the tournament and Roman from 2G won 'player of the tournament'. We would like to extend our thanks to the families and teachers who came and supported Lent Rise School during this tournament. Everyone left the tournament in high spirits and eager to represent their school in future events.



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# Lent Rise School Newsletter

May 2019



Issue 83  
Page 3

## Parent Questionnaire Feedback

Thank you to all of those parents who completed our annual parent questionnaire. The data from the responses is presented on the next few pages. 132 responses were received in total this year. This number is higher than last year when we received 88 responses. The feedback below has been presented in number form, not percentages, to show you the numbers out of the responses received. Some people skipped questions so the total does not always equate to 132. Where comments were added these have all been logged and reviewed. Comments received were under varying response headings and asked for more detail than in previous years. We have added an action section to this summary outlining immediate and longer term outcomes and actions as a result of your responses and your feedback.

### My child is well looked after at school (this question was only asked to Early Years parents)

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
6	4	0	0	0

### I am happy with the arrangements that were made for my son or daughter to settle in when he/she started at school (this question was only asked to Early Years parents)

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
7	2	0	0	0

### My child is usually happy at school

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
51	60	4	7	1

### My child feels safe at school

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
67	36	6	2	0

### In general, staff and pupils have a good relationship

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
55	46	1	5	1

### I am confident that my child receives support if he/she is upset at school

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
35	49	16	9	1

### The school is led and managed well

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
51	41	12	2	0

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# Lent Rise School Newsletter

May 2019



Issue 83  
Page 4

## The school has provided opportunities for my child to reach their potential

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
27	52	10	8	3

## My child is taught well at this school

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
34	58	4	4	0

## My child receives appropriate homework for their ability

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
23	57	6	11	3

### Of those who disagreed or strongly disagreed:

- 4 said homework is too hard, 6 said homework is too easy
- 5 said there is not enough homework, 6 said there is too much homework
- 1 said the homework did not relate to their child's class work
- 2 disagreed with homework on principle

## The school has high expectations for my child

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
22	43	29	4	1

## The school works to ensure pupils are well behaved

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
29	57	11	2	0

## The school is doing enough to prevent bullying

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
15	38	38	6	2

Of the 38 parents who answered don't know, 13 said their child had experienced bullying.

## The school is doing enough to prevent discrimination

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
19	37	40	3	0

Of the 40 parents who answered don't know, 5 said their child had experienced discrimination.

## The school promotes a healthy and balanced lifestyle

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
29	58	9	2	1

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# Lent Rise School Newsletter

May 2019

Issue 83  
Page 5

## Good work is rewarded / celebrated

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
44	39	13	3	0

## The school responds to any concerns I raise

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
40	44	6	8	0

## I receive useful information from the school about my child's progress

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
36	51	3	8	0

## School security is good

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
50	41	2	4	0

## The school is well looked after

Strongly Agree	Agree	Don't Know	Disagree	Strongly Disagree
62	33	1	1	0

## Would you recommend the school to other parents

Yes	No
90	5

### The major strengths the school has

There were 92 responses to this question and the main themes were:

- Sense of community
- Supportive staff
- Leadership
- Approach to meeting children's individual needs

### The next steps for the school are

There were 75 responses to this question, with a broad spectrum of ideas but the most common themes were:

- More individual feedback for parents
- Review of rewards systems
- Improve staff retention and training
- Push children more to achieve their potential

### How could we further engage with parents?

The main suggestion was to invite parents into the class room more regularly but the largest section of parents believed that we were already engaging actively with parents enough.

### I would like further information to be available to all parents about...

There were lots of individual areas that parents would like more information on including trips, pastoral support for children, discrimination, PTA and school performance.

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# Lent Rise School Newsletter

March 2018



Issue 83

Page 6

## Outcomes and Actions

Parents were asked to comment throughout to help contextualise their answers and provide further depth. All comments have been reviewed in detail and we have incorporated many aspects that arose into action points for the school including:

### Actions to implement before September:

- We will be providing information on ways parents can communicate with governors and building on positive feedback from Governor presence at parents evenings.
- We will be looking at our school website to check that the areas parents have asked for more information on are included and accessible.

### Actions to consider in the longer term:

- We will continue to develop our curriculum to enhance awareness of diversity and educate children about tackling discrimination.
- We will be looking at flexible working options to help encourage staff to return after maternity leave
- We will be reviewing the systems we use to reward children so that parents are more aware of their children's achievements and children feel motivated and valued

## Safeguarding and E-Safety

### NSPCC Pants

You've probably already talked to your child about things like crossing the road safely. Talking to them about staying safe from sexual abuse is just as easy with NSPCC's PANTS rules. The rules help children to understand what is and isn't acceptable behaviour from others and gives children confidence in owning their own bodies. There are guides for parents on how to explain the issues without using scary words and even a Pantosaurus song. There is also guides for parents of children with special needs. You can find out more by visiting <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>

### WhatsApp

WhatsApp's minimum age of use is 16 years old. This age restriction is in place to help safeguard children. If you decide to allow your child access to WhatsApp please be extremely vigilant about the content they are viewing, groups they are part of and content they are posting.

If your child receives hurtful or inappropriate messages via WhatsApp via a group or an individual, in the first instance report this to WhatsApp. If the sender is under 16 (and therefore breaking the conditions of WhatsApp) their account can be closed down. Abusive and/or threatening messages can be reported to the Police on the 101 number. Please remind your child that we take bullying (in all its forms seriously) and will take action where we are alerted to it.

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# Lent Rise School Newsletter

May 2019

Issue 83  
Page 7



## Term Dates

### Spring Term 2019

Thursday 3<sup>rd</sup> January                      Friday 15<sup>th</sup> February  
Monday 25<sup>th</sup> February                      Friday 5<sup>th</sup> April  
Inset Day: Wednesday 2<sup>nd</sup> January

### Summer Term 2019

Wednesday 24<sup>th</sup> April                      Thursday 23<sup>rd</sup> May  
Monday 3<sup>rd</sup> June                              Tuesday 23<sup>rd</sup> July  
Inset Days: Tuesday 23<sup>rd</sup> April, Friday 24<sup>th</sup> May  
Monday 22<sup>nd</sup> July, Tuesday 23<sup>rd</sup> July, Wednesday 24<sup>th</sup> July  
May Bank Holiday: Monday 6<sup>th</sup> May

## Future Term Date 2019-20

### Autumn Term 2019

Wednesday 4<sup>th</sup> September                      Friday 25<sup>th</sup> October  
HT- Monday 28<sup>th</sup> October                      Friday 1<sup>st</sup> November  
Monday 4<sup>th</sup> November                      Thursday 19<sup>th</sup> December  
Inset days 2<sup>nd</sup> and 3<sup>rd</sup> September

### Spring Term 2020

Tuesday 7<sup>th</sup> January                              Friday 14<sup>th</sup> February  
HT- Monday 17<sup>th</sup> February                      Friday 21<sup>st</sup> February  
Monday 24<sup>th</sup> February                              Friday 3<sup>rd</sup> April  
Inset day 6<sup>th</sup> January

### Summer Term 2020

Monday 20<sup>th</sup> April                                      Friday 22<sup>nd</sup> May  
HT- Monday 25<sup>th</sup> May                              Friday 29<sup>th</sup> May  
Monday 1<sup>st</sup> June                                      Friday 17<sup>th</sup> July  
Inset day 20<sup>th</sup> and 21<sup>st</sup> July

## Diary Dates

Friday 3<sup>rd</sup> May                              Year 1,2 and 3 Film Night  
13<sup>th</sup> - 16<sup>th</sup>                                      KS2 SATS week  
23<sup>rd</sup> May                                      PTA non-uniform day  
24<sup>th</sup> May                                      INSET day for staff only

## 2019 Residential Trip Date

Year 6 to PGL Weymouth                      Tuesday 25<sup>th</sup> - Friday 28<sup>th</sup> June

*Please note all dates are subject to change*