


# INFORMATION ON THE 8<sup>th</sup> JANUARY 2021 FROM THE PULBOROUGH UPDATE

Whilst every effort is made to make sure the information is correct, please let me know if there is anything that needs to be added or changed [f.stroud@btinternet.com](mailto:f.stroud@btinternet.com)

**TAKE EVERY PRECAUTION EVEN WHEN GOING OUT FOR ESSENTIAL SHOPPING AS COVID IS SPREADING FAST LOCALLY**

<p><b>2021</b></p> <p><b>RESOLUTIONS FOR PULBOROUGH</b></p>	<p><b>LATEST DATE</b> <b>13<sup>th</sup> JANUARY</b></p>	<p><b>THE COMMUNITY LAND TRUST (CLT)</b> Please add your comment in support of The Pulborough Neighbourhood Plan <a href="http://www.pulboroughclt.org">www.pulboroughclt.org</a> - which provides a direct email link for further information about Pulborough Community Land Trust together with examples of the housing issues you may wish to cover in your comments.</p> <p><b>THE PULBOROUGH NEIGHBOURHOOD PLAN</b> The Pulborough Plan is now on the second public consultation required under the government rules, this time under the control of Horsham District Council. It started this week and continues until <b>Wednesday 13<sup>th</sup> January 2021</b>. There have been changes following the recent parish consultation. This is your final opportunity to comment on the proposals. For full details and all the documents follow this link <a href="https://www.horsham.gov.uk/planningpolicy/planning-policy/currentconsultations">https://www.horsham.gov.uk/planningpolicy/planning-policy/currentconsultations</a>. If you have difficulties in responding to the consultations online please contact <a href="mailto:neighbourhood.planning@horsham.gov.uk">neighbourhood.planning@horsham.gov.uk</a> or call <b>01403 215398</b> at the earliest possible opportunity so that they can take this into account.</p>
<p><b>BIN COLLECTIONS</b></p>	<p><b>NEW YEAR</b></p>	<p><b>CHECK WHEN YOUR BINS WILL BE COLLECTED</b> <a href="https://www.horsham.gov.uk/waste-recycling-and-bins/household-bin-collections/check-your-bin-collection-day">https://www.horsham.gov.uk/waste-recycling-and-bins/household-bin-collections/check-your-bin-collection-day</a></p>
<p><b>CHRISTMAS TREE RECYCLING</b></p>		<p><b>UPDATE ON CHRISTMAS TREE RECYCLING</b> Unfortunately due to Covid, the Rotary Club will not be able to collect trees due to the Tier 4 situation, however, if you have not disposed of your tree as restrictions are lifted – contact The Storrington &amp; Pulborough Rotary Club In the meantime The Mary How Trust, Chestnut Tree House &amp; Turning Tides will not receive the benefit and would appreciate your donations: Make a donation using a credit or debit card - you will be taken to the Charity PayPal account. <a href="https://www.paypal.com/donate?hosted_button_id=KV9NRHFJKUSTJ">https://www.paypal.com/donate?hosted_button_id=KV9NRHFJKUSTJ</a></p>
<p><b>COVID-19 DATA</b></p> <p>★ ★ ★</p>	<p><b>VACCINATIONS</b></p> <p><b>RULES FOR TIER 5</b></p> <p><b>A CLOSER LOOK AT OUR AREA</b></p> <p><b>BOOKING A TEST</b></p> <p><b>CONTACT TRACING APP</b></p> <p><b>PROVIDE DATA</b></p> <p><b>PRIORITY GROUPS &amp; IMMUNISATION ADVICE</b></p> <p><b>RATIONALE FOR MOVING BETWEEN TIERS</b></p>	<p><b>THE PULBOROUGH MEDICAL GROUP STARTED FOR THE OVER 80s FROM THE 29<sup>th</sup> DECEMBER –</b> If you have not heard from the PMG and are <b>OVER 80</b> please call 01798 872815 The surgery will be contacting everyone else in due course</p> <p><b>TIER 5 RULES</b> <a href="https://www.amberleyhelpline.co.uk/">https://www.amberleyhelpline.co.uk/</a></p> <p><b>INTERACTIVE MAP</b> <a href="https://coronavirus-staging.data.gov.uk/details/interactive-map">https://coronavirus-staging.data.gov.uk/details/interactive-map</a> <b>REVISED W SUSSEX COVID-19 DATA DASHBOARD</b> <a href="https://wsx-c19-mobile.netlify.app/">https://wsx-c19-mobile.netlify.app/</a></p> <p><b>HOW TO BOOK A TEST</b> If you have any Covid symptoms, book a test through the NHS Website: <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a> or phone 119</p> <p>Local Testing Sites: Tangmere Airfield Parking, Bognor Regis Tech Park Car Park, Chichester, Park Northgate Car Park – Open from 08:00 – 20:00 every day</p> <p><b>THE OFFICIAL RELEASE OF THE NHS APP INFORMATION &amp; HOW TO INSTALL</b> <a href="https://www.bbc.co.uk/news/technology-54270334">https://www.bbc.co.uk/news/technology-54270334</a> Above + more information on Amberley helpline <a href="https://www.amberleyhelpline.co.uk/covid-19-app/">https://www.amberleyhelpline.co.uk/covid-19-app/</a></p> <p><b>KINGS COLLEGE RESEARCHERS &amp; NHS</b> <a href="https://covid.joinzoe.com/">https://covid.joinzoe.com/</a></p> <p><a href="https://www.gov.uk/government/publications/priority-groups-for-coronavirus-covid-19-vaccination-advice-from-the-jcvi-30-december-2020/joint-committee-on-vaccination-and-immunisation-advice-on-priority-groups-for-covid-19-vaccination-30-december-2020">https://www.gov.uk/government/publications/priority-groups-for-coronavirus-covid-19-vaccination-advice-from-the-jcvi-30-december-2020/joint-committee-on-vaccination-and-immunisation-advice-on-priority-groups-for-covid-19-vaccination-30-december-2020</a></p> <p><b>Thank you Rob Aylott for this information</b> <b>UK COVID-19 alert level methodology: an overview</b></p>

<b>HELP</b>	<b>NEIGHBOURHOOD WARDENS</b>	Vanessa Green 07584 337475 Carol Boniface 07584 337476 Email: <a href="mailto:Pulborough.wardens@horsham.gov.uk">Pulborough.wardens@horsham.gov.uk</a>
<b>LIBRARY</b>		<b>PULBOROUGH LIBRARY</b> West Sussex libraries are currently closed for browsing and only open for returns, collections and our select and collect service. <ul style="list-style-type: none"> <li>• Wednesday: 1.00pm - 5.00pm</li> <li>• Friday: 9.00am - 1.00pm</li> <li>• Saturday: 9.00am - 1.00pm</li> </ul> Contact: 01798 872891, <a href="mailto:pulborough.library@westsussex.gov.uk">pulborough.library@westsussex.gov.uk</a>
<b>NEIGHBOURHOOD WATCH</b>		<b>PROTECT YOUR IDENTITY IS VITAL</b> Your identity is one of your most important possessions. It helps to prove that you're you, it enables you to verify your age online or in the pub, apply for a driving licence or a loan, get a mobile phone contract or a passport. And much, much more So when a cybercriminal steals your identity, they can do all of these things in your name too. As well as selling it on to other criminals, and even committing criminal acts in your name. Usually, identity thieves work online, looking for snippets of information about your life in social media posts and profiles, and unprotected email accounts. They exploit the fact that people like to share personal information with their online friends – and can be lax with security. Equally, they can find confidential information like National Insurance and bank account numbers in un-shredded rubbish. <ul style="list-style-type: none"> <li>• Never share account details or other information that you use to prove your identity, with friends, family or other people.</li> <li>• Think about what you share on social media, such as date of birth and family members' or pets' names you also use in your passwords. Don't post details or images of your driver's licence, passport, NI number or other confidential items.</li> <li>• Never reveal private information in response to an email, text, letter, phone call or web form unless you're certain that the request is authentic. Call to check, on the number you know to be correct.</li> <li>• Install the latest software, app and operating system updates on your computer and mobile devices. Better still, set them to update automatically.</li> <li>• Make sure all your passwords are strong, and keep them safe. Try using three random words, combined with capital and small letters, numerals and symbols.</li> <li>• Don't use the same password for more than one account.</li> <li>• Use a strong and separate password for your email accounts.</li> <li>• Don't connect to public Wi-Fi hotspots when doing anything confidential online. They may not be secure, and they may even be fraudulent.</li> <li>• Always beware of people looking over your shoulder when you're entering private information on a computer, mobile device or ATM.</li> <li>• Arrange for paperless bills and statements instead of printed ones.</li> <li>• File sensitive documents securely, and shred those you no longer need – preferably with a cross-cut shredder.</li> <li>• Get regular credit reports to check if anybody has taken out finance in your name.</li> </ul>
<b>OPENING – TAKE AWAYS</b>		<b>BLACKSMITH'S ARMS</b> takeaway Italian <b>Open for Take aways</b> <a href="https://www.1010restaurant.uk/">https://www.1010restaurant.uk/</a> <b>LITTLE BEAN COFFEE SHOP CLOSED</b> <b>SAM'S FISH N' CHIPS CLOSED</b> Closed from 25 <sup>th</sup> Dec – open again on the 12 <sup>th</sup> January <a href="https://www.myopeninghours.co.uk/Pulborough/Takeaways/Station+Fryer/54993a09614df0.11767259">https://www.myopeninghours.co.uk/Pulborough/Takeaways/Station+Fryer/54993a09614df0.11767259</a> <b>SO INDIA</b> <b>Take Away available</b> <a href="http://www.soindia.co.uk">www.soindia.co.uk</a> <b>THE ODDFELLOWS - CLOSED</b> <b>THE RIVER MOON</b> <a href="https://www.rivermoon.co.uk/">https://www.rivermoon.co.uk/</a> <a href="https://www.rivermoon.co.uk/menus/takeaway/">https://www.rivermoon.co.uk/menus/takeaway/</a>

<b>PETWORTH HOUSE</b>		<b>PETWORTH HOUSE Only park &amp; Car Park open</b> Contact: 01798 342207 <a href="https://www.nationaltrust.org.uk/petworth-house-and-park">https://www.nationaltrust.org.uk/petworth-house-and-park</a>
<b>POLICING</b>	<b>YOUNG PEOPLE ENDING 10<sup>th</sup> JAN</b>	<b>HAVE YOUR SAY</b> <b>The Sussex PCC, Katy Bourne, is calling for younger people to have their say on policing priorities to ensure their concerns are also reflected in her revised Police and Crime Plan.</b> <i>Help us by encouraging younger people to take part. See what it is like to set the budget for Sussex Police by this 'gamified' public survey, to assign 'priority tokens' to the eight major strands of Sussex Police's work in the community.</i> A more <a href="#">traditional survey</a> is also being conducted, and all data from both will be collated when the game and survey finish on 10 <sup>th</sup> January. The feedback will then be used to inform PCC Bourne's Police & Crime Plan for 2021/22. Find the two surveys by searching PCC's website <a href="https://www.sussex-pcc.gov.uk/">https://www.sussex-pcc.gov.uk/</a>
<b>POST OFFICE</b>		<b>ELITE GARAGE</b> , 5 London Road, Pulborough, RH20 1AP Mon, Tue, Thu & Fri 07:30 – 17:15, Wed 08:00 – 17:15, Sat & Sun 07:30 – 14:00
<b>PULBOROUGH PARISH COUNCIL</b>		<b>THE PARISH COUNCIL OFFICE</b> <a href="https://www.pulboroughparishcouncil.gov.uk/">https://www.pulboroughparishcouncil.gov.uk/</a> Contact: 01798 873532, <a href="mailto:Clerk@pulboroughparishcouncil.gov.uk">Clerk@pulboroughparishcouncil.gov.uk</a> Parish office remains closed to the public but can be contacted by phone between 09:00 & 12:30 on Tues, Wed & Thurs, otherwise email Parish Council meetings are continuing online and public welcome to join – instructions on each agenda issued (published on website usually a week prior)
<b>PULBOROUGH VILLAGE HALL</b>		<b>THE VILLAGE HALL</b> Office open on Mon, Tues & Wed mornings for enquiries Contact: 01798 874647, <a href="mailto:admin@pulbvh.org.uk">admin@pulbvh.org.uk</a> <a href="http://www.pulbvh.org.uk/">http://www.pulbvh.org.uk/</a>
<b>RECYCLING</b>	<b>PULBOROUGH</b>  Recycle Hub.pdf  <b>BILLINGSHURST</b> Unitarian Church Car Park, High Street, Billingshurst RH14 9QS	<b>RECYCLING IN PULBOROUGH AT DYKES FARM SHOP</b> As a start there is a new initiative to have a single use plastic recycling bin for Pulborough. Hopefully more will appear but it does rely on willing volunteers and some commitment to monitor the bins, sort through the refuse, package and send off. Now Sandra at Dyke Farm Shop has kindly offered her premises for an initial 2 bins which are now in place. See the flyer pdf to left which details what can be recycled there. It is hoped to have other locations and as the local scheme grows it may be possible to have other single use plastic.  <b>24/7 SINGLE USE PLASTIC DROP OFF</b> BilliGreen, an environmental group in Billingshurst have supplied some Council bins for local people to recycle specific hard to recycle plastics. The Unitarian Church can be accessed on foot from the high street or by car via Lakers Meadows near the library. This recycling point is expanding rapidly there are now three bins taking six different items, two in each bin. The bins are: 1) Crisp and savoury snack packets (keep them flat) and beauty products 2) Biscuit, cake and cracker wrappers and Ella baby food pouches and snacks 3) Plastic bottle tops (Types 2&4 imprinted on tops) and cheese wrapping
<b>ST MARY'S CHURCH</b>		<b>INFORMATION FROM ST MARY'S</b> Public Worship is still permissible, however, it has reluctantly been decided to suspend public worship. The recording of the Sunday liturgy for people to view via the church website along with a downloadable service booklet will resume. <a href="#">The Pulborough Star</a> would normally be taken down for Twelfth Night, but this year it will be lit for an hour every evening until Candlemas to shine out as a symbol of hope. <a href="#">The Pulborough Update</a> can also be found on St Mary's website if you have difficulty in downloading it. <a href="http://www.stmaryspulborough.org.uk/">http://www.stmaryspulborough.org.uk/</a>
<b>STRESS</b>		<b>A SIMPLE EXERCISE TO TRY</b> information from <a href="#">Fit for Good</a> The NHS has some good examples here: <a href="https://www.nhs.uk/conditions/stress-anxiety-depression/ways-relieve-stress/">https://www.nhs.uk/conditions/stress-anxiety-depression/ways-relieve-stress/</a> <a href="http://www.fitforgood.com/ffg-online">www.fitforgood.com/ffg-online</a>

<b>SUPPORT</b>		<p><b>SCHOOL MEALS</b> information and systems for providing free school meals for those not attending school will be coming in due course and will be communicated with schools and eligible families. <b>Contact the Community Hub if your family needs support in the meantime.</b>  <a href="#">Community Hub</a> or call 033 022 27980 Open 08:00 – 20:00</p> <p><b>MENTAL HEALTH</b> support is available 24 hours a day, seven days a week, by calling the <a href="#">Sussex Mental Healthline</a> on 0800 0309 500.</p> <p><b>SUPPORT FOR PEOPLE AT RISK OF HARM</b> as a result of domestic abuse is available from the <a href="#">WORTH Specialist Domestic Abuse Service</a> by calling 07834 968539 or 03302 228181, or emailing <a href="mailto:DomesticAbuseServicesCentral@westsussex.gov.uk">DomesticAbuseServicesCentral@westsussex.gov.uk</a>  This service is available Monday-Friday, 9.00am-5.00pm.</p> <p><b>EMPLOYERS SUPPORT</b> is available to employers and the self-employed, including sole traders and limited company directors. You may be eligible for loans, tax relief and cash grants, whether your business is open or closed.</p>
<b>TRANSPORT</b>	<p><b>CAR HIRE SERVICE</b></p> <p><b>COMMUNITY</b></p> <p><b>TRAINS</b></p>	<p><b>SUE'S PRIVATE CAR HIRE SERVICE</b>  Open for bookings for essential journeys only. Mon-Sat 09:00 – 17:00, Sundays must be booked in advance. Advance Bookings 01798 874848 (answerphone)  Or email: <a href="mailto:sueph520@yahoo.com">sueph520@yahoo.com</a> bookings on the day 07918 137066</p> <p><b>COMMUNITY TRANSPORT</b>  Volunteer drivers use their own cars to help local people who have difficulty in using public transport to get to essential medical appointments. There is also a Wheelchair Accessible Vehicle to enable the transportation of wheelchair users. A charge is made to cover petrol expenses.  <b>Please give as much notice as possible, at least 48 hours to ensure your journey can be covered</b>  Contact Christine Lindsay: 07591 258709, <a href="mailto:christine.lindsay1@talktalk.net">christine.lindsay1@talktalk.net</a></p> <p><b>TRAINS FROM PULBOROUGH STATION</b>  Trains are still running to the normal winter timetable at Pulborough. Trains should be used for 'essential' journeys only. These include, but not limited to:</p> <ul style="list-style-type: none"> <li>• Medical appointments</li> <li>• to/from your place of work (if you are unable to work from home)</li> <li>• to/from school (if open)</li> </ul> <p>Facemasks must be worn at stations and on the train unless you are medically exempt.  Tel: 03451 27 29 20; General Information: <a href="http://www.southernrailway.com">www.southernrailway.com</a>  Train Times use National Rail Enquiries : <a href="http://www.nationalrail.co.uk">www.nationalrail.co.uk</a></p>

### THE SHOP ON ALBURY CORNER WAS ONCE A SADDLER



**FROM FELICITY STROUD Tel: 01798 873504 Email: [f.stroud@btinternet.com](mailto:f.stroud@btinternet.com)**

**With grateful thanks for the help with information and checking from Joyce Brett**