

INFORMATION

FROM PULBOROUGH UPDATE

Whilst every effort is made to make sure the information is correct, please let me know if there is anything that needs to be added or changed f.stroud@btinternet.com

LATEST INFORMATION FROM HORSHAM DISTRICT COUNCIL

<https://www.horsham.gov.uk/community/coronavirus-community-support>
<https://content.govdelivery.com/accounts/UKHORSHAM/bulletins/283e36e>

Friday, 3rd April at 20:30 shine a torch up to the sky and take 2 minutes to remember those people who have lost their lives or are fighting this virus

BRIDLEWAY	PULBOROUGH PARISH COUNCIL	BRIDLEWAY NO.2308_4 CLOSED FOR PUBLIC SAFETY DUE TO DAMAGED SURFACE – see Parish Council website for further details https://www.pulboroughparishcouncil.gov.uk
CHEMIST	PRESCRIPTIONS ADVICE, MEDICAL SUPPLIES	KAMSON'S/CORDEN'S PHARMACY Are staying open, but will be shut between 12:00 – 14:00 each day to clean, give staff a rest and put away stock. Numbers will be restricted, stand back from the counter, only contactless payments are accepted. https://111.nhs.uk
CHILDREN	EDUCATION	AMAZING EDUCATIONAL RESOURCES http://www.amazingeducationalresources.com/
CHILDREN	SCHOOL	SCHOOL ADMISSIONS You can contact our school admissions service by emailing Admissions.north@westsussex
DENTISTS	NHS & PRIVATE	KEN HALL 01798 874487 PULBOROUGH DENTAL CARE 01798 875185 VITALITY DENTIST WEST SUSSEX 01798 872004 All treating emergencies only
DOCTOR		PULBOROUGH MEDICAL GROUP 01798872815 Since the 17 th March the PMG is operating a telephone triage system only. No pre-bookable appointments and you will only be offered a face to face appointment on once you have had a telephone consultation. Do not go to any pre-booked appointments – the GP will telephone you and try and deal with your problem. If you have a clinical need that needs medical attention, the telephone lines will remain open from 08:00. Due to high volumes of calls there is likely to be a wait. https://www.gov.uk/government/publications/coronavirus-action-plan https://www.nhs.uk/conditions/coronavirus-covid-19
FLOWER SHOP	BREAD	THE PULBOROUGH FLOWER SHOP. The forecourt is being used for selling bread daily from 12:30 from the Truffles Bakery. It will only stop for a short time en route to other villages
FOOD	BUTCHER	COUGHTREY'S – Stane Street Nurseries, Stane Street RH20 1BQ Telephone: 01798 872206 http://www.coughtreys.co.uk/ The Pie Shop is Closed
FOOD	BUTCHER	M J SUTER'S 54 Lower Street RH20 2BW Are planning to stay open and for customers who are self-isolating or feeling vulnerable they are offering FREE delivery service in the local area of all products: Tel: 01798 872441
FOOD	GREENGROCERS	DYKE'S FARM SHOP , West Chiltington Road RH20 2EE Telephone: 01798 872447 Open 09:00 – 14:00 Closed Saturdays Only 4 customers at a time in the shop

FOOD	GROCERIES	THE GREENHOUSE GROCERY STORE – BACK TO BASICS Stane Street Nurseries, Stane Street RH20 1BQ Telephone: 01798 874445 http://thegreenhouse.shop/ An ordering and collect system is now in operation. Email your order by 17:00 Mon-Fri and your order will be ready for collection between 12:00 & 15:00 Tues – Sat subject to availability. Please state quantities or numbers clearly Leave your telephone number so that when your order is completed you will be informed if any items are not available and to arrange payment over the telephone, confirm time for collection and give you an order number. Remember to take your order number when collecting.
FOOD	HEALTH	BENEFICIAL HEALTH – is open 48 Lower Street, RH20 2BW Telephone 01798 874433 http://www.beneficialhealth.co.uk has been offline due to high demand Telephone: 01798 874433 to place and order and pay over the phone Subject to availability. If the phone is engaged leave a telephone number and you will be called back
FOOD	LOCAL SHOP	PULBOROUGH STORES 83 Lower Street, RH20 2BP Telephone: 01798 875311 – Delivery Service Available Mon-Fri 07:00 – 19:00 Sat: 08:00 – 19:00 Sun: 08:00 – 16:00 https://www.londis.co.uk/our-stores/londis-pulborough-stores FRESH FRUIT, VEGETABLES & MILK AVAILABLE
FOOD	MEALS ON WHEELS	Deliveries are currently operating as normal and new clients are being accepted. Call 01903 718893 to find out more Support for family and friend carers They are working with Carers Support West Sussex, as well as the voluntary and community sector on increasing support to family and friend carers
FOOD	PIES	THE PIE SHOP IS CLOSED
FOOD	SUPERMARKET	SAINSBURY'S Telephone 01798 875609 Store Manager: Henry Beacher 07:30 – 08:00 NHS workers every day (NHS ID Required) 08:00 – 09:00 Elderly, Disabled & Carers – Mon, Wed & Fri 09:00 – 20:00 Mon, Wed & Fri General Opening except Sunday 10:00 – 16:00 Priority on-line delivery slots for the elderly etc – some customers are identified and should have received an email on Sunday 22/3/2020. If you have not received an email and consider yourself vulnerable, visit Groceries Online Website for information on how to contact Sainsbury's. https://www.sainsburys.co.uk/webapp/wcs/stores/servlet/gb/groceries?storeId=10151&langId=44&krypto=%2FcvkhxOU7i9NCwX4IYABoyJx1NZddmvmf2UOLH88AGjiciw7%2FrV7tfPb%2FE8UnhX930scqVZV%2Bel41OrN3tePOzI2zIz6kXgoUoq3xVWExJmHEqbPT4gAnbcJUKqOISCLeFCBh2vWRuGUuU1LZx4T%2BsMid2qRTrYDAU8O8O8vFzk%3D&ddkey=https%3Aqb%2Fgroceries
FOOD	SUPERMARKET	TESCO Telephone: 0904 289 5143 09:00 – 10:00 Elderly, Disabled & Carers – Mon, Wed & Fri 09:00 – 10:00 NHS Workers, Sun, Tues & Thurs 07:00 - 22:00 Opening hours, except Sunday 10:00 – 16:00 Only 3 items per customer on every product line at all times, and multi-buy promotions suspended. Deli Counter will be closed To ensure the reduction in infection risk for everyone, there will be some distancing measures at the checkout and to make it swifter Tesco invites customers who can to pay by card To assist vulnerable and elderly customers and those who are self-isolating customers are encouraged to shop online or choose Click+Collect where possible IF YOU HAVE A COMPUTER & INTERNET SHOP ONLINE https://www.tesco.com/groceries/?icid=dchp_groceriesshopgroceries
FOOD	TAKEAWAYS	DOMINO'S online only Delivery only https://www.dominos.co.uk/pulborough LEE'S GARDEN 01798 872467 from 17:00 PAPA PIZZA 01798 872121 from 16:00 earlier for pre-orders https://papapizzapulborough.co.uk/Menu

		<p>RIVER MOON 01798 874141 from 17:00 https://www.rivermoon.co.uk/menus/takeaway/ SO INDIA 01798 873318 from 17:00 http://soindia.co.uk/ THE LABOURING MAN 01798 873337 https://www.thelabouringman.com WHITE HORSE, MARE HILL 01798 872189 from 12:00-14:30, 18:30-21:00 https://www.whitehorsepulborough.com/ Trialling a day's meals for 2 delivery box for you to cook at home</p>
HELP		<p>SELF ISOLATION HELP If you need help with:</p> <ul style="list-style-type: none"> • Picking up shopping • Picking up medication • A friendly phone call <p>PULBOROUGH VOLUNTEER HUB: 07514 134664 – ONLY FOR PEOPLE THAT DO NOT HAVE SUPPORT FROM FRIEND, FAMILY OR NEIGHBOURS Call Horsham District Council's Volunteer Hub on 01403 215230</p>
HOUSEHOLD WASTE	HDC	<p>HOUSEHOLD COLLECTIONS www.wastepreventionwestsussex.co.uk COVID-19 UPDATE ABOUT RUBBISH DISPOSAL If you have a confirmed case in your household: Used tissues and disposable cleaning cloths should be put into a rubbish bag. The bag should then be put into a second bag and tied securely. You should then wait 72 hours before putting it into your outside bin. Other household waste can be disposed of as normal www.westsussex.gov.uk/coronavirus</p>
KEEP FIT	EXERCISE	<p>FIT FOR GOOD Monday 11:00 – 11:45 Wednesday 11:00 – 11:45 Friday 11:00 – 11:45 No longer on Tuesdays</p> <p>The link is here for you: https://www.fitforgood.com/ffg-online/ The session will be preceded by a Zoom call at 1:45pm to help with any issues or just to catch up with the team and other participants. To join the Zoom call: Zoom is a video conferencing tool that is very easy to use and very good to know about as it's a great way to speak to your whole family or several friends, at once. To participate in the Zoom call: On your PC:</p> <ul style="list-style-type: none"> • Go to https://zoom.us/ on your PC, and click on sign up • Add your email address or click sign in via Google or Facebook and follow the instructions • Once you are signed in, at 1:40 you can click on: https://us04web.zoom.us/j/167049664 • Enter the Meeting ID: 167 049 664 – and you'll be connected <p>On your iMac, iPad or mobile:</p> <ul style="list-style-type: none"> • go to the App store and download the Zoom app • Once it's been downloaded, click to open the app and sign in • Once you are signed in, at 1:40 you can click on: https://us04web.zoom.us/j/167049664 • Enter the Meeting ID: 167 049 664 – and you'll be connected <p>It's very easy, and once you've done it, you'll be able to use Zoom to communicate with lots of different groups, including your family.</p>
LEARNING A LANGUAGE	FREE	<p>DUOLINGO https://www.duolingo.com/ The list of languages is almost endless and uses stories</p>

LIBRARY		<p>PULBOROUGH LIBRARY is closed until further notice</p> <p>The library system is being modified to renew customer loans and suspend all “overdue” books. All books will be renewed and no one will incur charges or fines</p> <p>If you have a computer or laptop you could join the e-library https://www.westsussex.gov.uk/libraries/join-the-library/</p> <p>Getting the word out there about our fantastic eLibrary service, which includes free access to 1000s of eMagazines and eNewspapers, as well as a number of quality online reference resources.</p> <p>Expanding our collection of eBooks, eAudiobooks and eComics by adding new titles to the 10,000+ already available.</p> <ul style="list-style-type: none"> • Promoting the option to join the library online so that more residents are able to access all the resources in our eLibrary. We are really pleased to have welcomed a big influx of new members over the last fortnight. • Developing a virtual hub of relevant information, library-related content and support, which we will be sharing with you very soon. • Looking into the possibility of delivering virtual versions of some of our regular events and activities. <p>Continuing to utilise our social media platforms (Facebook and Twitter) to share content and information that we think might be useful to you</p>
LOGS, ETC		<p>WILD SUSSEX at Stopham</p> <p>Email: info@wildsussex.co.uk Shop online - https://www.wildsussex.co.uk</p> <p>Logs – 3 barrow loads - £40.00, Pea Sticks - £8.50, Bean Rods £12.50 Local honey - £6.00</p> <p>Delivery five miles from the shop Minimum Order £8.50</p>
RELIGION	PULBOROUGH CHURCHES	<p>All Churches are shut at all times in line with the national guidelines, but below see the websites for our local Pulborough churches which have Services, Bible readings, thoughts and prayers appropriate to the week</p> <p>THE BAPTIST CHURCH www.pbbaptist.co.uk THE PARISH CHURCH www.stmaryspulborough.org.uk THE ROMAN CATHOLIC CHURCH www.stgabrielsbillingshurst.org.uk THE UNITED REFORMED CHURCH www.pulboroughhurc.co.uk</p>
PARISH COUNCIL		<p>THE PARISH OFFICE</p> <p><i>Please note, the Parish Council Office is now closed due to the pandemic crisis. Telephone calls to our landline cannot be accessed. Officers are working remotely and will be monitoring emails during our normal office hours (Mon-Fri 9am-3pm).</i></p> <p>Can be contacted through Clerk@pulboroughparishcouncil.gov.uk</p> <p>Latest update information from the Government on Covid-19 https://www.gov.uk/coronavirus</p> <p>Supporting Vulnerable People During the Coronavirus Situation</p> <p>Horsham District Council is very aware of the increased need to support vulnerable people across our communities, and the enormous response from people wanting to help in any way they can. They are putting in place ways in which they can best support communities to ensure that the most vulnerable are kept safe and well during the coronavirus (COVID-19) situation. Please see the attached links</p> <p>Register as a volunteer to help during the coronavirus situation - https://digital.horsham.gov.uk/outreach/coronavirusvolunteer.ofml?utm_medium=email&utm_source=govdelivery</p> <p>Register for help during the coronavirus situation - https://digital.horsham.gov.uk/outreach/coronavirusrequest.ofml?utm_medium=email&utm_source=govdelivery</p>
POST OFFICE		<p>ELITE GARAGE, 5 London Road, RH20 1AP</p> <p>Post Offices are trying to remain open – remember social distancing</p> <p>Petrol pumps are particularly infectious places, so wash hands/wear gloves</p> <p>09:00 – 17:00 Mon – Fri 09:00 – 12:30 Sat Closed Sunday</p>
RECREATION	PARISH COUNCIL	<p>THE PLAY PARK, MULTI SPORTS FACILITY & GYM EQUIPMENT ARE NOW CLOSED</p>
RECYCLING	WASTE HDC	<p>RECYCLING DEPOT, Billingshurst, Newbridge Road RH20 9HZ IS NOW CLOSED</p>

<p>REGISTRATION SERVICES Closed in Storrington</p>	<p>BIRTHS &</p> <p>DEATHS</p> <p>Ceremonies</p>	<p>Registering a birth: POSTPONED FOR AT LEAST 3 WEEKS FROM 25/3/2020 We ask that parents consider keeping those attending the appointment to a minimum, accepting that both parents need to attend if unmarried. For further advice please ring 01243 642122</p> <p>Registering a death: In light of the current guidance, we are asking that only the main person informing us of a death attends the appointment. We would also ask that anyone who is in self-isolation arranges for an alternative informant - who has not been in contact with anyone who has the virus - to collect the Medical Certificate of Death and attend the appointment.</p> <p>Marriage, Civil Partnerships POSTPONED FOR AT LEAST 3 WEEKS FROM 25/3/2020 Booked notice appointments are going ahead unless you are contacted. If you wish to defer or cancel your appointment, please get in contact with us on 01243 642122. There is no fee for this. Postponements, cancellations and questions are being dealt with, whilst dealing with the most imminent ceremonies first. The current advice is that small gatherings (around 10 people) are still acceptable. Attendees must keep two metres distance, physical contact should be avoided, and hands regularly washed. Anyone with symptoms or self-isolating must not attend. Registrars will still attend your legal ceremony unless we tell you otherwise. Remember You not only need yourselves, two witnesses and two registrars to get married or form a civil partnership - and you are able to film the ceremony. Like-for-like postponements do not incur a charge. Remember If you change your venue after giving notice, you have to give notice again. NOTE: Until there is clarity from the Government regarding what can and can't be offered, there be no new bookings taken for 2020.</p>
<p>RESCUE SERVICES</p>	<p>FIRE</p>	<p>WEST SUSSEX FIRE & RESCUE SERVICE There are robust plans in place to ensure we can continue to deliver our emergency response. We are reducing some of our non-critical work in the community to help prevent the spread of the virus. Be assured: if you dial 999 and need the fire service, we will be there</p>
<p>RSPB</p>	<p>BIRD WATCHING</p>	<p>RSPB RESERVE, PULBOROUGH NOW CLOSED BUT FOOTPATHS & BRIDLEWAYS ARE STILL OPEN</p>
<p>VET</p>	<p>ANIMALS</p>	<p>ARUN VETERINARY GROUP They are open 24/7 Tel: 01798 872089</p>
<p>VOLUNTEER</p>		<p>CARING The care industry will inevitably be under enormous pressure as the coronavirus outbreak develops. Our most vulnerable residents require round the clock care and a resilient workforce is required to look after their needs at this difficult time. If you are able to step in and take on a job in care please get in touch now https://www.proudtocarewestsussex.com/get-in-touch/. Don't worry if you haven't worked in care before as full training and on-going support is given. You may have worked in the travel, leisure and hospitality industries and have the perfect skills to work in care. Our friendly Proud to Care team can help you find the right role - email now at proudtocare@westsussex.gov.uk or search for jobs here https://www.proudtocarewestsussex.com/search-for-jobs/</p>

VOLUNTEER	PARISH COUNCIL	<p>SUPPORTING VULNERABLE PEOPLE DURING THE CORONAVIRUS SITUATION</p> <p>Horsham District Council is very aware of the increased need to support vulnerable people across our communities, and the enormous response from people wanting to help in any way they can. They are putting in place ways in which they can best support communities to ensure that the most vulnerable are kept safe and well during the coronavirus (COVID-19) situation. Please see the attached links</p> <p><u>Register as a volunteer to help during the coronavirus situation -</u> https://digital.horsham.gov.uk/outreach/coronavirusvolunteer.ofml?utm_medium=email&utm_source=govdelivery</p> <p><u>Register for help during the coronavirus situation -</u> https://digital.horsham.gov.uk/outreach/coronavirusrequest.ofml?utm_medium=email&utm_source=govdelivery</p>
WINDOW CLEANING	J.C.G.	<p>J.C.G. TRADITIONAL WINDOW CLEANING</p> <p>Will continue without being in contact, will be using hot water, soap and bleach as usual. – Jeremy Graver – Telephone 01903 366701, Mobile 0773 139 7823</p>
WINE & SPIRITS		<p>HENNINGS WINE MERCHANTS – Free Deliveries</p> <p>Owing to an unprecedented volume of orders, access is temporarily restricted. If you have placed an order, it will be delivered. Do not phone or email at the moment. Check the website from time to time to see current information London House, Lower Street Tel: 01798 872671 Email: Pulborough@henningswine.co.uk https://www.henningswine.co.uk/shop/</p>

BY FELICITY STROUD Tel: 01798 873504 Email: f.stroud@btinternet.com

With help with information and checking from Joyce Brett

NEIGHBOURHOOD WARDENS

Vanessa Green: 07584 337475

Carol Boniface: 07584 337476

Email: pulborough.wardens@horsham.gov.uk