

Keeping schooling going at home

1. Try and keep to a routine

COVID-19 DAILY SCHEDULE

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Before 9:00am	Wake up	Eat breakfast, make your bed, get dressed, put PJs in laundry
9:00-10:00	Morning walk	Family walk with the dog Yoga if it's raining
10:00-11:00	Academic time	NO ELECTRONICS Sudoku books, flash cards, study guide, Journal
11:00-12:00	Creative time	Legos, magnets, drawing, crafting, play music, cook or bake, etc
12:00	Lunch	
12:30PM	Chore time	A - wipe all kitchen table and chairs B - wipe all door handles, light switches, and desk tops C - Wipe both bathrooms - sinks and toilets
1:00-2:30	Quiet time	Reading, puzzles, nap
2:30-4:00	Academic time	ELECTRONICS OK Ipad games, Prodigy, Educational show
4:00-5:00	Afternoon fresh air	Bikes, Walk the dog, play outside
5:00-6:00	Dinner	
6:00-8:00	Free TV time	Kid shows etc
8:00	Bedtime	All kids
9:00PM	Bedtime	All kids who follow the daily schedule & don't fight

2. Resources

- "My Maths" website
- "TT Rockstars" website
- "Letterjoin" website to practise handwriting

Online resources

Due to current situation, we have compiled a list of free online resources to support children through school closures. We advise an adult chooses the activity to ensure appropriate for the age for your child, and adult supervision when working online.

Maths

- Primary stars - <https://plprimarystars.com/resources/maths-sample-pack>
- Prodigy maths interactive game - www.play.prodigygame.com
- Top marks interactive games www.topmarks.co.uk
- White rose maths - www.whiterosemaths.com
- Timetable rockstars - <https://trockstars.com>
- Maths shed - <https://www.mathshed.com>

English – inc reading, phonics & writing.

- Phonics play - www.phonicsplay.co.uk
- Teach your monster to read www.teachyourmonstertoread.com
- Spelling shed - <https://www.spellingshed.com/en-gb>
- Literacy shed – writing stimulus & understanding stories www.literacyshed.com

Multiple subjects inc Art, Science, Geography & RE.

- IXL quizzes - www.uk.ixl.com
- Twinkl - go to www.twinkl.co.uk/offer and enter the code UKTWINKLHELPS
- Primary resources - <http://www.primaryresources.co.uk>
- BBC Bitesize - <https://www.bbc.co.uk/bitesize>

- Twinkl online

To support you during this period, Twinkl is offering access to all **Twinkl** resources with a One Month Ultimate Membership, totally free of charge. We're also extending this to every parent and carer in your school so your pupils can still have access to high-quality learning during any periods of disruption.

Setting this up is really easy to do - go to www.twinkl.co.uk/offer and enter the code UKTWINKLHELPS

We've also put together some helpful guidance to outline a few ideas for how you can support during school closures, ensure high quality learning continues and support teachers, parents and carers to make the most from this offer of help. Please see <https://www.twinkl.co.uk/resources/parents>

If you are an existing Twinkl subscriber on Core or Extra you will be able to use this code to upgrade your current membership using the same link as above.

You can also visit our website - www.twinkl.co.uk

- GIANT LIST OF IDEAS FOR BEING HOME WITH CHILDREN

(for: actual quarantine, school closures, weekend social distancing, anytime!)

- **Have each child pick a topic they'd like to learn about and spend 30 mins each day on that topic**
- **Spend one day reading every single picture book you have in the house**
- **Read with your child**
- **Go through all the old mail laying around (ok, that one's not for children although they do enjoy helping tear stuff up)**
- **Bake something every day (read the recipe talk about measuring ingredients and make together)**
- **Have each child write a letter and/or emails to a different friend or family member each day**
- **Use all of your building toys on one giant structure**
- **Wash your hands.**
- **Races of various kinds in the backyard (hopping on one foot, crabwalk, walking backwards, etc.)**
- **Try stop motion animation with playdough and your phone**
- **Facetime grandparents a lot**
- **Inventory the plants & wildlife (from bugs on up) in your garden.**
- **Learn the parts of plants/flowers & how they function (bonus if you learn the Latin names).**
- **If you aren't too squeamish & have a spare clear shoebox size tote or 5-10 gallon tank, catch some woodlouse & observe them write a short story & illustrate it.**
- **Learn how to do simple book binding.**
- **Make paper (from your old mail!)**
- **Have the children help with housework/gardening in between playing games outside. They're little, but they like getting dirty and "working" in the gardens.**
- **[GoNoodle!](#) Great for guided movement, relaxation, etc.**

- Board games, card games
- Lego
- Extreme dot to dot books (1400 dot) that the kids love
- Lots of reading
- Working on learning to sew using stuff you have on hand.
- Card making/scrapbooking projects.
- Getting the garden ready, planting seeds, weeding.
- Make tents and reading caves: flashlights, tidy snacks, books, and pillows!
- Have a shadow show in the reading tent (you can use blankets over chairs or a table)
- Get binoculars and learn about the birds near your house, look them up on google and search for their birdcalls on YouTube
- Learn how to make a stuffed animal

100+ INDOOR ACTIVITIES

CRAFTS

MAKE PAPER AIRPLANES
 SALT PAINTING
 MAKE SUNCATCHERS
 MAKE SALT DOUGH
 MAKE SPONGE STAMPS
 MAKE A CEREAL BOX AQUARIUM
 MAKE SCRATCH ART
 MAKE YOUR OWN BOOKMARKS
 PAINT PET ROCKS
 MAKE RECYCLED CRAYONS
 MAKE PAPER BOATS
 FINGER PAINT
 MAKE FRIENDSHIP BRACELETS
 MAKE A BIRD FEEDER
 MAKE PAPER BAG PUPPETS
 MAKE HANDPRINT ART
 MAKE A SCRAPBOOK
 DECORATE T-SHIRTS
 MAKE A THANKFUL JAR
 PAINT LEAVES
 MAKE A TIME CAPSULE
 MAKE BUTTON ART
 PAINT WITH WATERCOLORS
 COLOR IN A COLORING BOOK
 MAKE PAPER CRAFTS
 BUILD A CARDBOARD CASTLE
 MAKE TISSUE BOX MONSTERS
 MAKE A TOILET PAPER ROLL BUTTERFLY
 STAMP WITH CELERY
 MAKE CHALK ICE
 MAKE PUFFY SIDEWALK PAINT
 DRAW A SELF PORTRAIT
 USE RUBBER STAMPS
 DO SCRAPE PAINTING
 PAINT A RECYCLED JAR
 MAKE SUPERHERO COSTUMES

ACTIVITIES

MAKE PLAYDOUGH
 MAKE SLIME
 MAKE PLAY MUD
 MAKE RAINBOW RICE
 MAKE FAKE SNOW
 MAKE A SENSORY BIN
 MAKE A SENSORY BAG
 BUILD A FORT
 HAVE A PILLOW FIGHT
 WRITE A STORY
 MAKE ICE CREAM IN A BAG
 MAKE GUMMY BEARS
 MAKE FRUIT ROLL-UPS
 HAVE A MOVIE DAY
 PUT ON A FASHION SHOW
 BAKE CUPCAKES OR MUFFINS
 DO YOGA
 BUILD AN OBSTACLE COURSE
 MAKE DINNER TOGETHER
 PLAY WITH MAGNETIC TILES
 BUILD SOMETHING WITH LEGO
 USE DOT MARKERS
 BUILD A STACK OF CARDS
 PUT ON A PUPPET SHOW
 MAKE A TREASURE HUNT
 INDOOR BOWLING
 LEARN TO DRAW
 PUT ON A PLAY
 MAKE INDOOR HOPSCOTCH
 DO A FAMILY CHORE TOGETHER
 HAVE A DANCE PARTY
 HAVE A TEA PARTY
 PLAY WITH WATER IN A BIN
 SET UP A PLAY STORE
 MAKE A SOCK TOSS GAME
 MAKE PERLER BEAD ART
 WRITE IN A JOURNAL

GAMES

PLAY WOULD YOU RATHER
 PLAY I SPY
 PLAY SIMON SAYS
 PLAY BOARD GAMES
 PLAY HIDE AND SEEK
 INDOOR SCAVENGER HUNT
 PLAY BINGO
 PLAY CARD GAMES
 DO A PUZZLE
 PLAY CHARADES
 BUILD YOUR OWN GAME
 PLAY FREEZE DANCE
 PLAY HOT POTATO
 PLAY MARBLES
 KEEP THE BALLOON UP
 PLAY DOMINOES
 PLAY HANGMAN
 PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS
 DO A SCIENCE PROJECT
 LEARN ORIGAMI
 LEARN ABOUT A NEW ANIMAL
 LEARN A NEW CARD GAME
 LEARN TO SEW
 LEARN TO KNIT
 DO BRAIN TEASERS
 LEARN A NEW LANGUAGE
 LEARN ABOUT A COUNTRY