

# THE PULBOROUGH UPDATE INFORMATION

## ON 14<sup>th</sup> MAY 2021


Whilst every effort is made to make sure the information is correct, please let me know if there is anything that needs to be added or changed [f.stroud@btinternet.com](mailto:f.stroud@btinternet.com)

**KEEP OBSERVING PRECAUTIONS TO SAFEGUARD THE FUTURE**

<b>Lockdown Easing</b>	<b>SHOPS ARE OPEN IN PULBOROUGH</b>	<b>ON THE 17<sup>th</sup> MAY</b> Maximum 30 people outdoors Rule of 6 or two households indoors (subject to review) Indoor hospitality (Business) Indoor entertainment and attractions Organised indoor sport (adult) Remaining accommodation Remaining outdoor entertainment (including performances) Domestic overnight stays International travel No legal limit on life events Larger events
<b>ACTIVITIES</b>	<b>STARTING UP NOW</b>	<b>PULBOROUGH VILLAGE HALL</b> <a href="http://www.pulbvh.org.uk/Forthcoming%20Events.htm">http://www.pulbvh.org.uk/Forthcoming%20Events.htm</a> <b>Pulborough Village Pre-School</b> <a href="http://www.pulboroughvillagepreschool.weebly.com">www.pulboroughvillagepreschool.weebly.com</a> For children aged 2-5 years. Mon-Thu 09:00 – 15:00, Fri 09:00 – 14:00. Contact: Diane Streeter 01798 875635/07761 125224  <b>Wed 19<sup>th</sup> May</b> <b>Fit for Good</b> <a href="http://www.fitforgood.com">www.fitforgood.com</a> £7 per session, must be pre-booked, discounted packages available Senior Fitness 09:00 – 10:00 with Rob Contact: 08000 096578  <b>Sat 29<sup>th</sup> May</b> <b>Wild Yogi's Yoga Class</b> <a href="http://www.wildyogis.co.uk">www.wildyogis.co.uk</a> 19:00 – 20:30. Contact: Jo Stephens 0772 968 6777  <b>Wed 19<sup>th</sup> Sept</b> <b>Short Mat Bowls</b> 18:30 – 20:30 Contact: Edna Henly (Match Secretary) 01798 872599 Colin Andrews (Club Secretary) 01798 873133 <b>LOOK OUT FOR UDANCE UK, SCOUTS GROUPS, SUSSEX YOUTH THEATRE          LITTLE MONKEYS &amp; WEIGHTWATCHERS</b>
<b>BARBER &amp; TANNING PARLOUR</b>	<b>RECENTLY OPENED</b>	<b>ACE OF FADES 21</b> , 1 Brook House, Lower Street, Pulborough, RH20 2AG Contact: 01798 875156, <a href="mailto:aceoffade@gmail.com">aceoffade@gmail.com</a> <a href="https://m.facebook.com/aceoffades21/?ref=py_c">https://m.facebook.com/aceoffades21/?ref=py_c</a>
<b>CAFES</b>		<b>THE CORNSTORE EMPORIUM</b> , Swan Bridge, Pulborough, RH20 2BJ Contact: 01798 875067, <a href="mailto:cornstoreemporium@gmail.com">cornstoreemporium@gmail.com</a> 09:00 – 16:30 Mon – Fri, 09:30 – 16:30 Sats, 10:30 – 16:30 Suns Home to over 35 independent traders selling an eclectic mix of antiques, gifts & home interior items as well as the tearoom serving freshly prepared breakfasts, light lunches and homemade cakes. <a href="https://thecornstorepulborough.co.uk/">https://thecornstorepulborough.co.uk/</a>  <b>THE LITTLE BEAN</b> , 46 Lower Street, RH20 2BW <a href="https://littlebeancafe.co.uk/">https://littlebeancafe.co.uk/</a> Contact: 01798 87589046, <a href="mailto:info@littlebeancafe.co.uk">info@littlebeancafe.co.uk</a> Opening hours: 09:30 – 15:30 (Tuesday – Saturday) Takeaways only, but the sheltered gazebo is up for a leisurely coffee or snack  <b>THE PULBOROUGH GARDEN CENTRE</b> , Stopham Road, Pulborough, RH20 1DS There is a marquee covering the tables outside
<b>CANOEING</b>	<b>27<sup>th</sup> JUNE Event now fully booked</b>	<b>PULBOROUGH TO PALLINGHAM ANNUAL BOAT RALLY</b> The event is now fully booked, but launch time for boats that need the slipway by The Cornstore is between 14:45 & 15:30. The aim of this event is to demonstrate each year that there is a right of navigation on the River Arun as far upstream as Pallingham Quay. Boats also launching from Stopham Bridge.

<b>CHEMIST</b>		<p><b>CORDEN PHARMACY, Spiro Close, Pulborough, RH20 1FG</b>  Cordens are offering a free delivery service for all patients that are shielding or are unable to leave their home. If you do not already receive deliveries and would like to, please ring the pharmacy on 01798 872480 to arrange this.  Mon – Fri 08:00 – 19:00, Saturday 09:00 – 14:00, Sunday Closed  <a href="https://www.kamsons.co.uk/pharmacy/pulborough/">https://www.kamsons.co.uk/pharmacy/pulborough/</a></p>
<b>COVID</b>	<p><b>VACCINATIONS</b></p> <p><b>A CLOSER LOOK AT OUR AREA</b></p> <p><b>RAPID LATERAL FLOW TESTS</b></p>	<p><b>PULBOROUGH MEDICAL GROUP</b> Tel: 01798 872815  Please check PMG website on a regular basis for further updates  <a href="https://www.pmgdoctors.co.uk/">https://www.pmgdoctors.co.uk/</a></p> <p><b>Update on Friday 10<sup>th</sup> May!</b>  <b>First doses-</b> Covid vaccinations to any patient aged 40+, as well as those with underlying health conditions and household members of immune suppressed patients.  <b>Second doses Pfizer</b> – PMG are contacting all patients who have had a Pfizer vaccine in March to book in their second dose. If you wish to phone in please call 01798 872815 and speak to the reception team.  <b>Second doses Astra Zeneca</b>– PMG are contacting all patients who had their first dose of the AZ Vaccine prior to 20th March 2021. However please contact the reception team on 01798 872815 if you would like to book your appointment</p> <p><b>INTERACTIVE MAP</b> <a href="https://coronavirus-staging.data.gov.uk/details/interactive-map">https://coronavirus-staging.data.gov.uk/details/interactive-map</a>  <b>REVISED W SUSSEX COVID-19 DATA DASHBOARD</b> <a href="https://wsx-c19-mobile.netlify.app/">https://wsx-c19-mobile.netlify.app/</a></p> <p><b>ORDER YOUR FREE LATERAL FLOW TEST TO BE SENT TO YOUR HOME</b>  <a href="https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests">https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests</a></p>
<b>DATES FOR YOUR DIARY</b>		<p><b>May</b> Stopham Bridge (old) being repaired then moving to Swan Bridge  <b>May</b> Pulborough Garden Society at Coughtreys on the 15<sup>th</sup> May  <b>May</b> Pulborough Market on the 22<sup>nd</sup> + Café  <b>June</b> Mid to late June Swan Bridge (old) being repaired till early August  <b>Sept</b> Pulborough Heritage Weekend (11<sup>th</sup> &amp; 12<sup>th</sup>)  <b>Sept</b> Harvest Fair (25<sup>th</sup>) The organising committee are looking for volunteers to help run the fair and other smaller events, either behind the scenes, booking stalls or on the day itself. <b>Contact:</b> Pulborough <a href="mailto:harvestfair@yahoo.co.uk">harvestfair@yahoo.co.uk</a> or message their Facebook page. Follow them on @PulboroughHarvestFair</p>
<b>EMPLOYMENT</b>		<p><b>SUSSEX POLICE OFFICER RECRUITMENT DRIVE</b>  <a href="https://www.lumesse-engage.com/policejobssurreyandsussex/jobs/police-constable-degree-apprenticeship-sysx-unfm00064-1">https://www.lumesse-engage.com/policejobssurreyandsussex/jobs/police-constable-degree-apprenticeship-sysx-unfm00064-1</a></p>
<b>HELP</b>	<p><b>NEIGHBOURHOOD WARDENS</b></p> <p><b>OUR PCSO</b></p>	<p>Vanessa Green 07584 337475  Carol Boniface 07584 337476  Email: <a href="mailto:Pulborough.wardens@horsham.gov.uk">Pulborough.wardens@horsham.gov.uk</a>  If our Neighbourhood Wardens are unavailable – West Sussex County Council has its Covid support hub and you can call them on 0330 222 7980  The NHS volunteers are also offering support – Tel: 0808 196 3646</p> <p><b>Police Constable Support Officer:</b> Jake O'Donovan – Pulborough and Coldwaltham  If you need to contact our local neighbourhood policing team you can email them on <a href="mailto:Horsham@sussex.pnn.police.uk">Horsham@sussex.pnn.police.uk</a> <a href="https://www.sussex.police.uk/">https://www.sussex.police.uk/</a></p>
<b>HENNINGS</b>		<p><b>NEWS FROM HENNINGS</b>  Over the past few years we have been dedicated to improving our attitudes towards being an eco-friendly company. We've ditched the plastic, we champion organic produce and now we are very excited to introduce this premium example of bag-in-box from Altano to our range. Not only is this the same delicious tasting wine we know from the bottle; it also boasts these great sustainable characteristics; * Fully recyclable packaging * 2.25l of wine (that's 3 bottles), * Longevity, this will stay fresh in the box for 3-4 weeks, so you have plenty of time to enjoy responsibly! * The "Rewilding Edition" supports a conservation program for abandoned land in Portugal, with the aims to restore natural processes and wildlife corridors  <a href="#">#sustainablewinemaking</a> <a href="#">#ecoresponsibility</a> <a href="#">#rewilding</a> <a href="#">#portugesewine</a> <a href="#">#altano</a>  <a href="#">#drinkgood</a> <a href="#">#dogood</a></p>

<b>KEEP FIT</b>	<b>NEW BOOK</b> Proceeds to St Mary's 800 <sup>th</sup> Anniversary Appeal	<b>BOOKS ON WALKS</b> by Michael Pioli (Pulborough) No.1 "Walk with Me" has been upgraded with an Ordnance Survey map No.2 "And Did Those Feet" further collection of 5 mile walks with map as above £6 Available from The Pulborough Exchange or the Village Market  <b>FIT FOR GOOD</b> in Pulborough Village Hall – see <b>ACTIVITIES</b>  <b>PULBOROUGH WALKS</b> on the Pulborough Community Partnership website <a href="https://pulborough.org/local-walks/">https://pulborough.org/local-walks/</a>  <b>WildArt TRAIL</b> <a href="https://pulborough.org/wild-art-trail/">https://pulborough.org/wild-art-trail/</a> The trail is fully up and running again and the free app can be downloaded from Apple App store or Google play
<b>LIBRARY</b>	<b>LIMITED BROWSING OPEN</b>	<b>PULBOROUGH LIBRARY, Brooks Way</b> West Sussex libraries are currently open for limited browsing, bookable computer, returns, collections and select & collect service. <ul style="list-style-type: none"> <li>• Wednesday: 13:00 – 17:00</li> <li>• Friday: 09.00 - 13:00</li> <li>• Saturday: 09.00 - 13:00</li> </ul> Contact: 01798 872891, <a href="mailto:pulborough.library@westsussex.gov.uk">pulborough.library@westsussex.gov.uk</a>
<b>LITTER</b>	<b>AFTER COVID HAS COME LITTER</b>	<b>LITTER SEEMS TO HAVE BECOME ANOTHER DISEASE</b> If you have time to spare on the 1st Sunday each month – call 01798 873252 Next meeting 6 <sup>th</sup> June at Aston Rise – meet at 10:00  <b>REPORT FLY TIPPING</b> <a href="https://www.horsham.gov.uk/waste-recycling-and-bins/litter-and-street-cleaning/fly-tipping">https://www.horsham.gov.uk/waste-recycling-and-bins/litter-and-street-cleaning/fly-tipping</a>
<b>NEIGHBOURHOOD PLAN</b>	<b>MESSAGE FROM THE PARISH COUNCIL</b>	<b>PULBOROUGH NEIGHBOURHOOD PLAN</b> Pulborough Parish Council has been preparing a Neighbourhood Plan. We have updated the evidence base and the submission plan regarding heritage issues to support the submission draft Pulborough Neighbourhood plan. It was considered appropriate to go out to consultation on <u>new</u> evidence to ensure stakeholders had an opportunity to comment on it. If you have made previous comments to the last Regulation 16 consultation (18 November 2020 to midnight 13 January 2021) please note your comments will still be considered and will be passed onto the examiner in full. There is no requirement to send in your previous comments. This consultation is for 6 weeks from 5pm 26 April to midnight 7 June 2021. <b>There are a number of ways to make your comments.</b> <b>Please go to the Parish Council Website for further information:</b> <a href="https://pulboroughparishcouncil.gov.uk/">https://pulboroughparishcouncil.gov.uk/</a>
<b>PUBS</b>	<b>BOOKING ESSENTIAL</b>  All pubs operating outside only to 16 <sup>th</sup> May  <b>From the 17<sup>th</sup> May Rule of 6 indoors Service only</b>	<b>THE BLACKSMITHS ARMS – Open</b> Contact: 01403 588470, <a href="https://www.1010restaurant.uk/">https://www.1010restaurant.uk/</a>  <b>THE ODDFELLOWS ARMS – Closed</b> until further notice  <b>THE WHITE HART – Open</b> Contact: 01798 874903, <a href="mailto:info@thewhitehartpulborough.com">info@thewhitehartpulborough.com</a> <a href="https://thewhitehartpulborough.com/">https://thewhitehartpulborough.com/</a>  <b>THE WHITE HORSE INN – Open</b> Contact: 01798 872189, <a href="mailto:info@whitehorsepulborough.com">info@whitehorsepulborough.com</a> <a href="https://www.whitehorsepulborough.com/">https://www.whitehorsepulborough.com/</a>
<b>PULBOROUGH GARDEN SOCIETY</b>	<b>15<sup>th</sup> MAY 09:00 – 13:00</b>	<b>GRAND PLANT SALE</b> in Coughtrey's Yard (next to Sainsbury's) If you have any cuttings potted up or split some herbaceous plants – all contributions are welcome and an opportunity to buy plants too. A donation goes to Chestnut Tree House. Sue Bulloch 01798 872038 <a href="mailto:susan.bulloch@hotmail.com">susan.bulloch@hotmail.com</a> or Michael Pioli <a href="mailto:michaelpioli1945@gmail.com">michaelpioli1945@gmail.com</a>
<b>PULBOROUGH HISTORY</b>	<b>SEE ATTACHMENT TO EMAIL</b>	<b>START A WALK DOWN LOWER STREET BEFORE WW1</b> Attached to this email is the <b>fifth</b> part taken from the historical Blue Books that were written by the Pulborough Society starting at Swan Corner. If you have anything to add or can continue the story on this section please email me: <a href="mailto:f.stroud@btinternet.com">f.stroud@btinternet.com</a>

<b>PULBOROUGH MARKET</b>	<b>22<sup>nd</sup> MAY</b> <b>09:00 – 12:30</b>	<b>PULBOROUGH MARKET &amp; CAFE</b> in The Village Hall, Swan View, Pulborough, RH20 2BF A wonderful selection of both food and crafts stalls. FREE ENTRANCE, FREE PARKING  <b>Also don't forget</b> Table Top Sales to raise money for Macmillan on Saturdays , 29th May, 3rd July & 7th August, at 26 Coombe Hill, <a href="#">Billingshurst</a> . Delicious homemade cakes and preserves, Jill's handmade craft, books and much more. To pre order contact Terri 01403 588996
<b>PULBOROUGH PARISH COUNCIL</b>		<b>THE PARISH COUNCIL OFFICE</b> <a href="https://www.pulboroughparishcouncil.gov.uk/">https://www.pulboroughparishcouncil.gov.uk/</a> Contact: 01798 873532, <a href="mailto:Clerk@pulboroughparishcouncil.gov.uk">Clerk@pulboroughparishcouncil.gov.uk</a> <b>Have a look at the new website.</b> Parish Office remains closed to the public but can be contacted by phone between 09:00 & 12:30 on Tues, Wed & Thurs, otherwise email Parish Council meetings are continuing online and public welcome to join – instructions on each agenda issued (published on website usually a week prior)
<b>PULBOROUGH VILLAGE HALL</b>		<b>THE VILLAGE HALL, Swan View, Pulborough, RH20 2BF</b> Office open on Tues mornings only for enquiries Contact: 01798 874647, <a href="mailto:admin@pulbvh.org.uk">admin@pulbvh.org.uk</a> <a href="http://www.pulbvh.org.uk/">http://www.pulbvh.org.uk/</a> The Village Hall partially re-opened from the 12 <sup>th</sup> April. Childrens' activities, some support groups, such as Udance UK, Scouts Groups, Sussex Yourth Theatre, Little Monkeys and WeightWatchers. Hopefully from the 17 <sup>th</sup> May more of the regular activities will be able to start again.
<b>RECYCLING AT DYKE FARM</b>	 <a href="#">Recycling at Dyke FarmShop.pdf</a>	<b>DYKE FARM, West Chiltington Road, Pulborough, RH20 2EE</b> Many more recycling opportunities at Dyke Farm – please read the pdf document by double-clicking on the pdf symbol in column to left See also link within the document to details of other recycling points in the area
<b>SOUTH DOWNS LIGHT RAILWAY</b>	<b>OPEN AT WEEKENDS &amp; BANK HOLIDAYS</b>	<b>SOUTH DOWNS LIGHT RAILWAY at Pulborough Garden Centre</b> Trains run from 11:00 – 15:30. Tickets only available from the ticket office. Subject to current restrictions <a href="https://www.south-downs-railway.com/index.php">https://www.south-downs-railway.com/index.php</a>
<b>THE THERAPY ROOMS</b>	<b>NATALIE WRIGHT</b>	<b>THE THERAPY ROOM AT BOOMERANG, 42a Lower Street (moved premises)</b> Contact: 07831 466784, <a href="mailto:thetherapyrooms@live.co.uk">thetherapyrooms@live.co.uk</a>
<b>TRANSPORT</b>	<b>BUS SERVICES</b>          <b>COMMUNITY</b>          <b>TRAINS</b>	Free travel for Concessionary Bus Pass holders after 09:30 Mons-Fris & weekends  <b>COMPASS TRAVEL (100)</b> <a href="https://www.compass-travel.co.uk/download/west-sussex-bus-services/100.pdf">https://www.compass-travel.co.uk/download/west-sussex-bus-services/100.pdf</a>  <b>STAGECOACH (1) Timetable</b> <a href="https://tiscon-maps-stagecoachbus.s3.amazonaws.com/Timetables/South/Worthing/WG%2011%20Jan2021/WG%20Route%201%20Midhurst%20-%20Worthing.pdf">https://tiscon-maps-stagecoachbus.s3.amazonaws.com/Timetables/South/Worthing/WG%2011%20Jan2021/WG%20Route%201%20Midhurst%20-%20Worthing.pdf</a>  <b>COMMUNITY TRANSPORT</b> Volunteer drivers use their own cars to help local people who have difficulty in using public transport to get to essential medical appointments. There is also a Wheelchair Accessible Vehicle to enable the transportation of wheelchair users. A charge is made to cover petrol expenses. Please give as much notice as possible, at least 48 hours to ensure your journey can be covered Contact Christine Lindsay: 07591 258709, <a href="mailto:christine.lindsay1@talktalk.net">christine.lindsay1@talktalk.net</a>  <b>TRAINS FROM PULBOROUGH STATION</b> Trains are nearly back to normal, although there is only one direct to London Bridge in the morning and back in the evening. Always check train times with National Rail Enquiries. Facemasks must be worn at stations and on the train unless you are medically exempt. Tel: 03451 272920; General Information: <a href="http://www.southernrailway.com">www.southernrailway.com</a> Train Times use National Rail Enquiries : <a href="http://www.nationalrail.co.uk">www.nationalrail.co.uk</a>

**FROM FELICITY STROUD Tel: 01798 873504 Email: [f.stroud@btinternet.com](mailto:f.stroud@btinternet.com)**

**With grateful thanks for the help with information and checking from Joyce Brett**

**And Amberley Helpline for information supplied**