

# St Pauls Primary School Autumn Menu 2021

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Week One 30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021

Option 1	Vegetable and Bean Fajitas with 50/50 Rice	Beef Burger in a Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese with Garlic Slice	Vegan Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	Homity Pie with Chips (Cheese, Spinach & Potato Tart)
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Marble Sponge	Oaty Cookie	Apple, Cheese and Biscuits

### Week Two 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021

Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast served with Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Cheese & Tomato Pinwheel served with Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Pinwheel Cookie	Peach Upside Down Cake	Apple Flapjack

### Week Three 13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021

Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Enchiladas	Wholemeal Cheese and Tomato Pizza with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Eves Pudding and Custard	Chocolate Sponge with Chocolate Sauce	Fruit and Ice Cream	Rice Pudding with Mixed Berries	Pineapple Cake

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.