

**nutritional  
NINJAS**  
www.nutritionalninjas.co.uk

**WE PROVIDE INGREDIENTS  
& EQUIPMENT !**

Our classes allow children to learn a variety of cooking skills that will carry them through into later life.

Food hygiene, preparation, knife techniques, measuring ingredients as well as to value what is good for them nutritionally.

Learn to make:  
Cookie dough truffles,  
Spanish Omelette, Enchiladas  
and many more.  
Simply pop them in the oven  
at home to enjoy fresh  
with the family.

**Spaces are limited  
& are allocated on  
a first come, first  
served basis**

## All about NINJA CLASSES

**LOCATION:** St Paul's C of E  
Junior School

**DAY:** Thursday

**TIME:** 3:30-4:30pm

**PRICE:** £98 (includes ingredients & food carrier)

**DURATION:** 10 weeks

### CLUB DATES:

January: 16th, 23rd, 30th  
February: 6th, 13th, 27th  
March: 5th, 12th, 19th, 26th

### BUILD YOUR OWN RECIPE COLLECTION !

Collect your new recipe card every week so you can cook recipes you've learnt again and again

Visit our website  
[www.nutritionalninjas.co.uk](http://www.nutritionalninjas.co.uk) to book your child's space  
Tel: 01276 428148 07557657045

