



Kea Community Primary School

8 November 2019

Dear Parents/Carers

Norovirus Reminder

I am writing to remind you what to do if your child has any symptoms of the norovirus. The norovirus, is a common infection, which causes symptoms of diarrhoea and vomiting.

Please refer to the advice below from Public Health England should your child become unwell:

- Norovirus is generally a mild infection and people usually recover fully within 2-3 days. No specific treatment is needed, but it is important to keep hydrated by drinking fluids as tolerated.
- Norovirus is highly infectious and spreads easily from person to person, especially in close knit communities such as schools, therefore, we are asking for your help to prevent further illness within the school by following the advice in the checklist below:
- Staff and pupils/children who develop symptoms of diarrhoea and/or vomiting should stay away from school/nursery and other childcare settings such as childminders until they have been symptom free for at least **48 hours**.
- Good hygiene is important to stop the spread of infection, especially hand washing, frequently and thoroughly with soap and water, particularly after using the toilet and before eating or handling food.
- Good hygiene in the home will also help prevent spread to other family members. If possible, separate toilets and towels should be used. Toilets, including seats and handles, as well as door handles, wash basins and other frequently touched surfaces should be cleaned and disinfected frequently.
- If symptoms do not resolve after 48 hours or if you are concerned please contact your GP by phone or contact the NHS non-emergency number 111.

We would like to thank you for your help with this

Yours sincerely

Katherine Hunkin

Katherine Hunkin
Headteacher