



Locking Primary School Food Policy

Responsibilities

The school community, Governing Body and staff of Locking Primary School recognises the important connection between a healthy diet and a pupil's ability to learn effectively and achieve high standards in school. The Governors also recognise the role the school can play, as part of the larger community, to promote family health and sustainable food and farming practices.

The Governing Body recognises that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships and inter-generational bonds.

Aims

- To encourage pupils and their families to establish and maintain life long healthy and environmentally sustainable eating habits.
- To provide food education and skills in school.
- To increase pupils' knowledge of food production, manufacturing, distribution and marketing practices, and their impact on both health and the environment.
- To ensure pupils are well nourished at school and that every pupil has access to safe tasty and nutritious food and a safe easily available water supply during the day.
- To ensure that food provision in the school reflects the ethical and medical requirements of staff and pupils.
- To make the provision and consumption of food an enjoyable and safe experience.
- To work towards ensuring that this policy is accepted and embraced by the whole school community.
- To introduce and promote practices within the school to reinforce these aims and to remove or discourage practices that negate them.

Methods

- Establish an effective structure to oversee the development, implementation and monitoring of this policy and encourage a participatory approach to meeting the objectives.
- Develop an understanding and ethos within the school of safe, tasty, nutritious, environmentally sustainable food, through both education and example.
- Create an environment, both physical and social conducive to the enjoyment of safe, tasty, nutritious, environmentally sustainable food.
- Help to promote and raise awareness of environmentally sustainable food production methods and socially responsible food marketing practices.
- Provide free fruit and vegetables for KS1 via the Fresh Fruit and Vegetable Scheme.
- Encourage pupils to bring fruit, vegetables and cereal bars for KS2 at break time or to visit the smoothie bar where healthy snacks are on offer.
- Chocolate and crisps are not permitted across the whole school at break time.
- Encourage healthy ingredients in pupils' lunch boxes.
- Supervision at lunchtime to encourage responsible behaviour and play.
- All those involved in the provision of food must comply with recommendations of the food standards agency – Appendix 1. This includes parents / carers cooking for school events including the smoothie bar.

Written by all staff March 2015
To be reviewed March 2018

Ratified by Governors