



# How to support your child with transition into school

Start now!

**Independence:** Encourage and support your child to...



- Get dressed and undressed independently, including putting their shoes on.
- Look after their belongings e.g. if they take their jumper off ask them to put it away.
- Tidy up their toys when they have finished playing!
- Use the toilet by themselves.
- Wash and dry their hands independently, using soap!
- Eat at the table using a knife and fork.



**Getting ready to learn:** Enjoy doing the following things with your child, as often as possible!



- Listen to sounds as you go for walks. Can they hear the birds, talking, cars, sirens, aeroplanes etc. *Tuning into environmental sounds helps children with their early phonics*



- Sing lots of nursery rhymes. *Early reading starts with hearing rhyme, rhythm and alliteration.*



- Read stories! Talk about the pictures and what they think might happen next. *Talking about stories and using the pictures is a key strategy for early reading*
- Play imaginatively e.g. building a story around their toys. *This will support their language development.*



- Play in the park, climb trees, swing on the monkey bars! *This will help them to develop their gross motor movements, which will help them when it comes to writing*
- Cooking! *This will support their understanding of changes and their mathematical language development.*

- Washing! Your child can help you peg the washing out, do the buttons up on shirts and match the socks together. *The first two will help develop their fine motor control which is crucial for writing. Matching socks helps children to start to see patterns*

