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Monday 26th November - Non Uniform for a donation of chocolates or toiletries

Dear Parents/Carers,

Parent Consultation Evenings and Y6 FLC

Firstly, thank you to hard working teaching staff for making these possible. We received very positive feedback to these, but do remember that if you were not able to make an appointment, for whatever reason, teachers are very accommodating with regards to making an alternative at a mutually convenient time. We are proud of our open door policy, but if you need something other than a quick (public) chat at the classroom door, please make an appointment via Mrs Marples or Mrs Southgate in our school office.

Match Funding

Do you work for a large organisation (e.g. Bank, Building Society or other financial institution)? If so, do they offer Matched Fundraising to their staff as part of their "Support in the Communities" programme? Many large corporations offer this but do not generally advertise this to their staff – you may need to check with your HR department. Matched Fundraising is where companies offer to "match" funds raised by charitable organisations like PTA groups. For example, just helping out on a stall at the Christmas Fayre that raises £200 could then be matched by your employer, thus increasing the PTA funds significantly! Here are some of the companies that we know may offer this to their employees:

Abbey National	Cornhill Insurance	Norwich Union
Asda	Debenhams	Peugeot
BAA	DHL HSBC	Stagecoach
Royal Bank of Scotland	Tesco	Woolwich
Bank of England	Sainsburys	Unilever
Barclays Bank	Kelloggs	Woolwich
BP	Kingfisher	Natwest
BT Camelot	Littlewoods	
Centrica	Marks and Spencers	

NHS England

Schools have been sent information in an attempt to save GP time and the NHS money. The information below is in relation to sore throats, conjunctivitis and head lice, all of which are common in schools, but there are many more conditions covered in the attached document.

A sore throat due to a viral or bacterial cause is a self-limiting condition. Symptoms resolve within 3 days in 40% of people, and within 1 week in 85% of people, irrespective of whether or not the sore throat is due to a streptococcal infection.

There is little evidence to suggest that treatments such as lozenges or throat sprays help to treat the cause of

sore throats and patients should be advised to take simple painkillers and implement some self-care measures such as gargling with warm salty water instead.

Treatment isn't usually needed for conjunctivitis as the symptoms usually clear within a week. There are several self-care measures that may help with symptoms. If treatment is needed, that treatment is dependent on the cause:

- In severe bacterial cases, antibiotic eye drops and eye ointments can be used to clear the infection.
- Irritant conjunctivitis will clear up as soon as whatever is causing it is removed.
- Allergic conjunctivitis can usually be treated with anti-allergy medications such as antihistamines. The substance that caused the allergy should be avoided. Treatments for conjunctivitis can be purchased over the counter, however, almost half of all simple cases of conjunctivitis clear up within ten days without any treatment. Public Health England (PHE) advises that children with infective conjunctivitis do not need to be excluded from school, nursery or child minders, and it does not state any requirement for treatment with topical antibiotics.

Head lice are a common problem, particularly in school children aged 4-11. They're largely harmless, but can live in the hair for a long time if not treated and can be irritating and frustrating to deal with.

Live head lice can be treated by wet combing; chemical treatment should be used only in exceptional circumstances.

Swag bag winners



Drum roll please, for the swag bag winners! Golden tickets will be issued on Monday to Jude from The Orchard, Oscar P Y1, Josh Y2, Daniel Y3, Rowan Y4, Grace Y5 and Freya Y6.

Do you have any questions, comments or suggestions for newsletter items or School Improvement?

Pop your question into an envelope and mark it for Ms Reece's attention and I'll either be in touch or include your item in the next Friday newsletter. Thank you.

Yours sincerely,
Candida Reece, Head teacher



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Dates for your Diary

26 th Nov	Non uniform day in exchange for chocolates or toiletries Santa's Grotto and Elfridges tickets on sale in the school library.
30 th Nov	Christmas themed dress up (Christmas jumpers, shirts dresses, accessories etc) in exchange for wrapped sweets. Last day for ordering a KS2 Christmas lunch.
1 st Dec	Christmas Fayre
7 th Dec	New parent show around 10.45am
12 th Dec	KS1 Production 2pm
13 th Dec	KS1 Production 2pm KS2 Carol Service 10am
14 th Dec	EYFS Nativity 2pm
17 th Dec	Christmas lunch
19 th Dec	Last day of term Christmas Party Day for the whole school.

Internal run After School clubs

Indoor Cricket, Indoor Athletics, Netball club, Stem, Running club, Tag Rugby, Circuits and Hockey club will all finish for this term next week.

Art club will finish on Tuesday 7th December.

Band will finish on 11th December and Choir will finish on 12th December.

A letter regarding internal clubs running next term will be sent home with the newsletter shortly.

Karate club

There will be no karate club on Monday 29th November.

Christmas Lunch



School Christmas Lunch - 17th December

We will be hosting our whole school Christmas lunch on Monday 17th December with a surprise visitor. A copy of the menu is attached.

For children who are in The Orchard to Y2 who receive a Universal Free School Meal, a meal will be ordered for them. For children in years 3-6 you will need to order their Christmas meal online by the end of November at the latest at Cygnet/Chartwell via:

<https://westsussex.mealselector.co.uk>

We are very much looking forward to this event and the Christmas Crackers for all children have already been ordered!

Forthcoming LMA Events

Christmas Fayre donation days:

Monday 26th November: Non uniform day in exchange for chocolates or toiletries

Friday 30th November: Christmas themed dress up (Christmas jumpers, shirts dresses, accessories etc) in exchange for wrapped sweets

N.B if any parents, grandparents or carers wish to bake and donate cakes they can – please give in to the office from the 26th November onwards. The LMA

Santa's Grotto & Elfridges tickets

The LMA will be selling tickets for the Grotto and Elfridges in the library, after school on Monday 26th November.

IMPORTANT INFORMATION FOR ALL CHILDREN

ELFRIDGES

THE SECRET NO PARENT PRESENT ROOM
1st DECEMBER 2018 12-3pm

This year at the Christmas Fair there will be a secret present room. Each ticket costs £3.50 and can be exchanged for a gift. If you have more than one person you would like to get a gift for, you can buy more than one ticket. The Elves have carefully selected lots of different gifts; suitable for all the family. You can select the gift, write a gift tag and the present will be wrapped and ready for you to put under the tree....all in secret!

Tickets are available at www.pta-events.co.uk/Londonmeed (please ask an adult for help). If you have any queries please email LMA@LONDONMEEDPRIMARY.CO.UK

Please note: to reduce queues tickets have time slots, when you book please select the time you want. Gifts are selected on a first come first served basis. Tickets are limited so book now to avoid disappointment

Tickets on sale now!

Other News

LMA Quiz

Thanks go to the LMA who hosted an enjoyable and competitive Quiz Night on Thursday 22nd November. Over £400 was raised for the school – amazing! Congratulations go to the winning team, Quizz Bang Pop.



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Y5 Engineering Activity



Thanks go to the 17 pupils and two teachers from The Burgess Hill Academy who visited Year 5 yesterday morning.

They worked with both classes on an engineering activity which involved a presentation and followed by working in small groups to construct bridges which were then tested with weights.

Hockey

On Tuesday 20th November, London Meed played their first ever hockey match against Manor Field. It was an exciting match. We won the first game thanks to Jamie scoring a great goal. The second game was 0-0 thanks to Leo stopping one of Manor Field's shots. In the third game, we won 1-0 again with some great passing resulting in Jamie scoring another goal. A big thank you to Miss Griffiths and all parents and carers who cheered us on. Leo K

Children in Need



Firstly, thank you to parents who provided cakes to sell because altogether we raised in excess of £730! The School Council organised events brilliantly and staffed the cake stall. We had a great time and we are pretty sure everyone who attended school on

Friday had enough cake to eat – this was a super event.

Girls Get Active

14 girls took part in a Girls Get Active event. They enjoyed tasters in lots of different fun sporting activities. The event was enjoyed by all.

Sports Kit

Please return any outstanding school sports kit to the School office as soon as possible.

Don't forget Easyfundraising – Black Friday today!

With over £1.4 billion spent across Black Friday weekend, it's a great opportunity to raise money for our school with every online purchase you make, and, it's completely FREE!

If you use easyfundraising when shopping online, retailers like Amazon, Argos, John Lewis, ASOS, Booking.com, eBay, Boden, and M&S will then make a small donation to say, "thank you".

To find out about how you can help us raise as much as possible, visit:

<https://www.easyfundraising.org.uk/causes/londonmeedcps/>