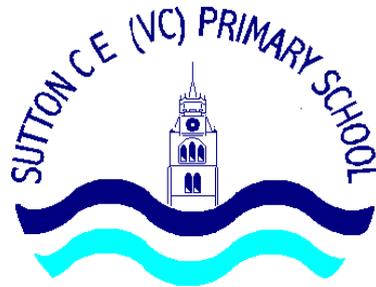


SUTTON CE (VC) PRIMARY SCHOOL



PERSONAL, SOCIAL AND HEALTH EDUCATION POLICY

2017v1

Approved by Staff

Date June 2017

Approved by Governors

Date June 2017

To be reviewed every 4 years

SUTTON CE (VC) PRIMARY SCHOOL

POLICY FOR PERSONAL AND SOCIAL AND HEALTH EDUCATION

Introduction

'The school curriculum should promote pupils' self esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, work and in the community. It should develop their ability to relate to others and work for the common good'. (National Curriculum Handbook, aims of the whole Nation Curriculum, Aim 2 p11)

At Sutton CE (VC) Primary School we see PSHE and Citizenship as being at the centre of the teaching and learning for all of our pupils. It has a positive influence on the ethos, learning and relationships in the school. PSHE enables pupils to become effective learners and supports them as they move from childhood through adolescence to become independent young people and happy and responsible citizens. PSHE and Citizenship is central in providing opportunities for the children's spiritual, moral, social and cultural development.

Subject Definition

'PSHE and Citizenship help to give pupils the knowledge, skills and understanding they need to lead confident and healthy, independent lives and to become informed, active, responsible citizens.' (National Curriculum Handbook, Importance of PSHE and Citizenship, p136)

PSHE comprises of Sex and Relationship Education, Drug Education, Personal Safety and Healthy Lifestyles.

Within our PSHE Curriculum we teach SEAL themes. The following themes are taught as part of our curriculum: New Beginnings, Say No to Bullying, Going for Goals, Changes and Getting On and Falling Out.

Other related policies and documents include the Sex and Relationship Policy, Anti-Bullying Policy, Drug Education Policy and Child Protection Policy.

Aims of PSHE and Citizenship

To provide every pupil with opportunities to develop knowledge, skills and attitudes which enable them to become effective learners and citizens, both within and beyond school.

Teaching Objectives

The three strands which are necessary for effective learning in all areas of PSHE and Citizenship are Knowledge, Skills and Attitudes. These will be evident in all PSHE teaching and will enable the pupils to:

- Develop self awareness and positive self esteem
- Become more mature, independent and self-confident
- Learn to respect the differences between people and cultures
- Learn to keep themselves and others safe

- Develop effective and satisfying relationships
- Make informed choices about their health, lifestyle and environment
- Develop their sense of social justice and moral responsibility
- Play an active role as members of the school and citizens in the wider society
- Make the most of their abilities

Curriculum Organisation

At Sutton CE (VC) Primary School we follow the Cambridgeshire Scheme of Work for PSHE. This breaks the curriculum into terms, identifies different areas for each year group and enables continuity and progression between the Key Stages and between the different age groups.

PSHE and SEAL are taught as a timetabled subject, but are also covered in different ways:

- Through enrichment activities such as assemblies, visits and performances
- Incidentally when an issue is raised by a pupil or as an incident takes place
- Through the hidden curriculum – ethos, atmosphere of the school
- Through the Health Promoting Schools initiative

Resources

Each team is provided with a PSHE and Citizenship Scheme of Work and SEAL packs for each Teaching Theme. The main resources used are listed in the Cambridgeshire Scheme of Work and from the SEAL Resources pack. Additional resources are listed in the appendix.

Equal Opportunities

All children have an entitlement to access the PSHE and Citizenship curriculum. All children will have access to appropriate resources available in school, which will reflect a multicultural society, without stereotyping or discrimination. All children will be given the opportunity to participate in all activities, regardless of gender, race or disability.

Time Allocation

All children in our school will be taught specific areas of PSHE and SEAL during designated PSHE lessons. The time allocated to these lessons will be 45 minutes every week.

Teaching and Learning Strategies

In order to address the active learning triangle of knowledge, skills and attitudes, a wide range of methods are used in teaching the PSHE curriculum. These include:

- | | |
|--------------------------------|------------------------------|
| • Circle time | Working in pairs/groups |
| • Puppets | Role-play |
| • ICT | Whole class discussion |
| • Draw and write approach | Visits from outside agencies |
| • Life Education Centre visits | Games |
| • Hot seating | Use of fiction |
| • Circle of feelings | School Council |

Community Links

Working in partnership with parents and carers and with the wider school community is an essential element of PSHE and Citizenship. We work closely with parents and members of the wider community in a number of ways:

- Healthy Schools Initiative
- Participating in community activities
- Inviting the local clergy to take assemblies
- Newsletters and meetings
- Choir singing at local events
- Family assemblies

Assessment, Recording and Reporting

Self-assessment has a core role in PSHE, particularly within those elements that relate to personal and social development. It is important, therefore, to provide opportunities for children to be involved in reflecting on their strengths, their needs and their learning and their development.

Please refer to the school's policy for Assessment, Recording and Reporting.

Review and Monitoring

The effectiveness and the implementation of this policy will be monitored by the Headteacher and the PSHE Subject Leader. Certain sensitive aspects of the curriculum and their implementation will be regularly reviewed by the Headteacher, PSHE Subject Leader, the staff, and if appropriate, parents and governors will be consulted.

Professional Development

All staff will be given the opportunity to receive support and development in PSHE. This will be through;

- School-based inset related to PSHE and Citizenship
- Relevant courses held by outside agencies
- Staff meetings to review current school issues and to make aware new initiatives, practices and resources

The PSHE Subject Leader will be given the opportunity to update and develop expertise throughout PSHE, by attending courses, consulting with advisors and networking with other schools and co-ordinators.

Policy Review

The policy will be reviewed every 4 years by the PSHE Subject Leader in consultation with the Headteacher, Teaching Staff and Governors.