

SUTTON CE (VC) PRIMARY SCHOOL



WITCHFORD FAMILY PHYSICAL EDUCATION POLICY

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Statement

The Witchford family of schools believes that Physical Education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil's physical, social and intellectual development and well-being. We should consider the body as an instrument through which it is possible to learn rather than simply a unit which must be kept fit

Physical Education is the development of 'knowledge, understanding and skills through participating in activities which involve pupils in planning, performing and evaluating their work

Aims

- To develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency [acquiring and developing].
- To develop an increasing ability to select, link and apply skills, tactics and compositional ideas [selecting and applying] and to develop artistic and aesthetic appreciation within and through movement.
- To improve observational skills and the ability to describe and make simple judgement on their own and others work, and to use their observations and judgements to improve performance [improving and evaluating]
- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising [knowledge and understanding of fitness and health] and to promote a healthy active lifestyle.
- To develop the ability to work independently, and communicate with and respond positively towards others [working alone and with others].
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being [applying safety principles].
- Develop positive attitudes to physical endeavour including perseverance, fair play and sporting behaviour and the ability to cope with success and failure.

Staffing and Staff Developments

Class teachers are expected to teach their own classes for PE and according to the agreed PE Schemes of Work within the school.

The school welcomes sports coaches to support the delivery of PE within the curriculum. This is through Witchford School Sports Partnership, and is subject to coach availability.

The school has access to a specialist PE teacher who is based at Witchford Village College. The role of this teacher is to provide curriculum support, both in planning and delivery.

Staff within the school share their knowledge on sports, interests and resources which are relevant to the PE activity schedule.

Through the performance management system, the needs for staff development will be identified. The Subject Leader, in consultation with the Headteacher, will aim to identify and book staff onto relevant CPD courses. Please refer to individual school's Performance Management Policy.

Entitlement

The pupils' entitlement to PE is set out in the Governments Public Service Agreement which states that every pupil's entitlement is five hours of sport per week, including two hours within the curriculum. The two hours on the curriculum is expected to be of high quality as stated in the previous PSA target of 2 hours of PE and school sport. A definition of High Quality is to be found in 'High Quality PE and Sport for Young People' QCA March 2004.

1. Foundation

Children in the Foundation Stage follow the EYFS (Early Years Foundation Stage) Framework and are allocated 2 sessions of PE per week.

2. Key Stage 1

In each year group pupils are taught three areas of activity:

- Games
- Gymnastics and Dance

using indoor and outdoor environments as appropriate.

3. Key Stage 2

In each year pupils are taught five areas of activity:

- Games,
- Gymnastics
- Dance
- Athletics
- Outdoor and Adventurous Activities

At the current time, swimming activities and water safety, is part of the Yr 4 curriculum only. The school is investigating ways to increase this teaching time.

Children in KS1 and KS2 have the opportunity to attend after school sports clubs and activities (see Out of School Hours Learning).

Over the course of an academic year all pupils participate in an average of two hours Physical Education a week. This is split between an indoor and an outdoor session. Each PE venue is timetabled to allow comprehensive usage across all year groups.

Apart from children in the Foundation Stage, all the year groups follow a two-year cycle of work.

The PE Subject Leader is responsible for mapping the curriculum and ensuring that all pupils experience a coherent and progressive curriculum throughout their time in school.

Out Of School Hours Learning (OSHL)

We endeavour to enrich, extend or enable children in high quality PE when appropriate opportunities are available; by offering new sports eg cheerleading or street dance; focused groups for more able children and invited targeted groups eg multi-skills.

The school may utilise support from external agencies such as local clubs, Local Authority and the School Sports Partnership to enhance provision of OSHL activities within the school.

The school also utilises the school staffs' interests and willingness to provide a variety of activities.

Adults Supporting Learners (ASLs)

On utilising any Adults Supporting Learners (ASL) in sporting activities reference will be made to the safeguarding requirements as well as the quality of teaching. The Headteacher will oversee this process in conjunction with the Subject Leader.

Support from parents is encouraged. This can be through the provision of transport, allowing attendance at a variety of off-site activities. Permission is sought from parents prior to the event.

Safe Practice

Practice in Physical Education and School Sport' AFPE (Association for Physical Education) 2008. Other sources from which advice and support can be gained on safety issues are: Cambridgeshire County Advisors in PE and Outdoor Education and the KS 2/3 PE Teacher.

Pupils are made aware of safety issues specific to activities as the activities are being taught.

All pupils are expected to wear a different set of clothes; appropriate to the activity, to the ones they wear all day. This is for health and hygiene as well as safety reasons. If there are families which have difficulty in providing this for their child the school will provide an alternative PE kit. If the 'PE Kit' is forgotten the pupil should not physically participate in the PE lesson. The pupil is still involved in the lesson through the non-active participation.

Pupils should have long hair tied back with hair friendly bands or cloth head-bands. Fringes will need to be clipped back so they do not obstruct the eyes.

If pupils wear glasses they should be encouraged to have plastic or non-shatter lenses. If the activity is one which could involve contact the teacher should risk assess the pupil wearing glasses, as opposed to the pupil not wearing glasses. For example it may be safer if the child wears the glasses and can see the ball, as opposed to not actually being able to see the ball.

Pupils should not wear watches or jewellery in PE lessons. Children with recently pierced ears should provide tape with which to cover their ears for every PE lesson. If no tape is provided then the school will provide tape

There is an expectation that any staff involved in the PE lesson will be dressed in appropriate clothing for the activity. This should involve a change of clothes and footwear.

When changing all KS2 pupils should be separated by gender, and where possible should be in separate rooms. This becomes more important as the pupils move through the Key Stages to Year 6.

The Subject Leader is responsible for ensuring that all staff are familiar with any emergency procedures relevant to all aspects of PE.

Sutton CE (VC) Primary School pupils complete their swimming unit of work at the Ivo Pool, St Ives, where there are qualified lifeguards present at all times. These are in line with the AFPE and Cambridgeshire County guidelines.

Pupils are taught to manage, handle and use the pieces of apparatus and equipment safely within lessons as detailed in the schemes of work.

Cross Curricular Issues

PE has direct links with a wide range of curriculum areas, for example:

- Maths – measuring distance and performance over time and plotting of pulse rates
- English – the language of movement and in the evaluating of pupils performance
- Geography – through orienteering
- Music – through the stimulus in Dance
- Science – when looking at the effects of exercise on the body
- PSHE – Through the etiquette of games, traditional dances and working in pairs, groups and teams.

Equal Opportunities and Inclusion

Every attempt will be made to fully integrate pupils of all abilities, cultures, religious beliefs and genders, into participating in physical activities with other children.

All activities are taught in mixed ability groups.

Activities will only be taught in single sex groups if requested by coaches organised through Witchford School Sports Partnership. Class teachers may, on occasions, group children in single sex groups if it is of benefit to the pupil's progression within the unit of work.

Equipment and Resources

A list of available resources is attached at the end of the policy.

The equipment is stored in the outside sheds and the cupboard in the hall. Any staff requiring more information please seek assistance from the Subject Leader.

The equipment is regularly checked by the Subject Leader but the maintenance and safety of all equipment and apparatus is the responsibility of **all** staff and any issues must be raised with the Subject Leader as they arise. In lessons, once the apparatus is out the member of staff will check that all of the apparatus is safe to use

The gym apparatus and the outdoor play equipment is checked on an annual basis by a gym contractor – REJB and Co of Ipswich, who ensures that the apparatus is safe to use. The Headteacher is responsible for ensuring that these checks take place.

The budget for PE equipment is agreed annually by the teaching staff and Headteacher. The replacement of equipment needs to be planned into the annual PE budget by the Subject Leader.

Pupils have access to sporting equipment at lunchtimes. This equipment is kept separate from the PE equipment and is not used during lessons.

When appropriate, PE display materials may be used to support subject knowledge and sporting achievements. Achievements and activities are celebrated as appropriate throughout the school year.

The learning environments for PE are the hall and the outside playground and field areas. The hall is regularly cleaned and swept after lunch to ensure it is clean for barefoot work. Regular inspections ensure the playground and field are safe and free from hazards.

Leadership and Management Roles

The Subject Leader is responsible for the leadership of PE within the school and is, in turn, responsible to the Headteacher.

The budget for PE is allocated on an annual basis. The Subject Leader, in consultation with staff, formulates a curriculum bid that is then discussed at the curriculum budget staff meeting. The amount allocated varies annually.

Swimming has a separate budget. This helps to subsidise the cost of transport to and from the Ivo Pool. Parents are also asked to contribute a small amount each year.

The school also uses the Tesco Sports and Sainsbury's Active Kids voucher schemes in order to supplement the resources that can be provided for the school each year.

Monitoring and Evaluation

Part of the role of Subject Leader is to monitor and evaluate the teaching of Physical Education, the effectiveness of the schemes of work and the delivery of sport.

Assessment and Recording

See Assessment, Recording and Reporting Policy.

Information on pupils levels of attainment in Physical Education are passed on in verbal and written forms through staff meetings and end of year reports.

The reporting of an overall PE level at the end of Key Stage 2 is also used to inform the transition process from primary to secondary school.

Parents will be informed of progress in the annual written report.

Continuity and Progression

The curriculum map ensures that the activities in each year group and Key Stage support optimum continuity and progression for all pupils.

All staff reinforce the same standards and have the same procedures in PE. The Subject Leader is responsible for inducting new staff in the expectations, use of equipment and apparatus and familiarity of the schemes of work.

Review

This policy will be reviewed on a 3-year basis unless national changes dictate sooner.

Glossary of Terms

PE	–	Physical Education
CPD	–	Continuing Professional Development
EYFS	–	Early Years Foundation Stage
OSHL	–	Out of School Hours Learning
ASLs	–	Adults Supporting Learners
AOTTs	–	Adults Other Than Teachers
AFPE	–	Association for Physical Education

Resources List

Outdoor PE store

Class sets of

- Tennis rackets
- Plastic rackets
- Wooden paddle bats
- Tennis balls
- Hockey sticks
- Hockey balls
- Bean bags
- Air-flow balls
- Quoits
- Skipping ropes
- Bibs (team sets of red, yellow, blue)

Other equipment

- Large cones
- Medium cones
- Small cones
- Tennis nets (x2)
- Foam balls (small)
- Rubber balls (medium)
- Rounders bats
- Rounders balls
- Tag rugby belts (2 sets)
- TOPS goals (x2)
- Kwik cricket set (2x)
- Uni cricket set
- Footballs
- Netballs
- Basketballs
- Rugby balls
- Volleyballs
- Grab balls
- Football net (x2)
- Cricket bat (x2)
- Cricket wickets (x2)
- Cricket protective hats (x2)
- Hoops (small, medium and large)
- Netball posts (x2)
- Rounders posts
- Volleyball posts and net

Athletics equipment

- Relay batons
- Plastic shot puts
- Plastic discuses
- Foam javelins (small)
- Foam javelins (large)
- Plastic hurdles
- Stirrup pump (x3)

Indoor PE store

- Circus skills equipment – Spinning plates
Diabalo
Juggling scarves/beanbags/rings
Peacock feathers
- Balls – foam (small)
Range of foam and rubber (large)
Airflow
- Bibs
- Directional floor arrows and strips
- Floor spots
- Aerobic mats (x10 YR use)
- Badminton rackets
- Shuttlecocks
- Badminton net stand
- Uni-hock sticks
- Uni-hock puck (x2)
- Batting support post
- Speed bounce
- Javelins (foam)
- Parachute (x2)
- Cones (small and large)
- Bibs (team sets of red, blue, yellow and a few green)