



'Learning together for life'

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Year 3 Sex and Relationships Education

Dear Parent/Carer,

We will shortly be beginning some work in Year 3 about **'Growing and Changing'**. This work forms part of an ongoing programme of Sex and Relationships Education, which we deliver throughout the school. Our **'Growing and Changing'** topic covers some elements of Science, Relationships Education and Health Education.

Your children will be engaging with the following questions as part of this work:

How are male and female bodies different and what are the different parts called?

- When do we talk about our bodies, how they change, and who do we talk to?
- What can my body do and how is it special?
- Why is it important to keep myself clean?
- What can I do for myself to stay clean and how will this change in the future?
- How do different illnesses and diseases spread and what can I do to prevent this?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk their parents/carers about these issues. For more information on this, you might look at this helpful website: Family Lives www.familylives.org.uk.

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children. You have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. Please contact the Headteacher if you would like to discuss this.

The following language may be used as appropriate for the class:

Key areas of learning	Feelings/ relationships	Body parts and processes	Other
External body parts Differences between male and female	love dependent independent	Breast nipple anus scrotum infection	toiletries bacteria hygiene germs

Do contact your child's class teacher if you have any questions.

