

## Drugs, Alcohol and Tobacco – Curriculum Overview

Statutory	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.</p> <p>DAT1</p>	<p>To understand that medicine can help us get better and the importance of a grown-up administering it.</p> <p>To know not to eat or drink things unless a grown-up has given it to them.</p>	<p>To understand that medicine can help us get better and the importance of a grown-up administering it.</p> <p>To know not to eat or drink things unless a grown-up has given it to them.</p> <p>Share when they have had medicine from the doctor/vaccines.</p>	<p>To understand that medicine can be prescribed by a doctor, or some can be brought over the counter. To know that it is only good for us, if we follow the instructions carefully, as too much could make us unwell.</p> <p>To know never to take any medicine belonging to someone else.</p>	<p>Reinforce Year 2.</p>	<p>To know that medicines are a type of drug. To know that some medicines are good, when they make us feel better, and some can be harmful.</p> <p>Impact on health of smoking/passive smoking. What is the law? What to do if they are worried.</p>	<p>To understand what is meant by addiction and impact on health.</p> <p>Discuss impact of alcohol. (teachers to be sensitive to families of faith).</p> <p>Discuss peer pressure.</p>	<p>To understand what is meant by illegal drugs. The law, impact on physical and mental health and risk of death.</p> <p>Repeat addiction work in context of drug addiction.</p> <p>Know where and how to seek help.</p> <p>Understand link between drugs and crimes.</p> <p><b>Link to Science:</b> recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function</p>