

Primary – WEEK ONE

September 2019 – July 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Vegetable Pie	Savoury Beef Mince with Dumpling	Homemade Cheese & Tomato Pizza	Roast Pork with Sage & Onion Stuffing	Crispy Coated Fish
Creamed Potatoes	Carrot & Swede Mash	Country Diced Potatoes	Oven Roast Potatoes	Chips
Broccoli	Cauliflower	Sweetcorn	Turnip	Mushy Peas
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Quorn Frankfurter or Classic Hot Dog	Cheese Omelette	Quorn Keema Curry	Homemade Tomato Soup	Spaghetti Napoli
Seasoned Potato Wedges	Hash Browns	Savoury Rice	Focaccia Bread	Garlic Bread
Wholemeal Spaghetti Hoops in Tomato Sauce	Baked Beans	Broccoli		Sweetcorn
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Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Ham Sandwich		Tuna Sandwich	
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Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

Available Daily

Salad bar, selection of fresh bread and rolls

Choice of drinks- Fruit juice drink, reduced fat milk, chilled drinking water

Fresh Fruit Selection , Yoghurt and Cheese and Biscuits

DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Frozen Yoghurt or Fresh Fruit	Sticky Orange Sponge	Apple Crumble Muffin	Fresh Fruit Salad or Yoghurt	Fruity Flapjack
	Custard			Custard

Menus are subject to availability

Primary – WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Style Dippers with Tomato Relish	Baked Pork Sausage with Yorkshire Pudding	Beef Burger or Quorn Burger	Roast Turkey & Sage and Onion Stuffing	Cod Fishcake
Chips	Creamed Potatoes	Sweet Potato Fries	Oven Roast Potatoes	Seasoned Wedges
Garden Peas	Spring Cabbage	Coleslaw	Carrots	Baked Beans
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Homemade Roasted Vegetable Pizza	Tuna Pasta Bake	Quorn & Vegetable Pie	Quorn Korma	Quorn Kofta with Mint Raita in Pitta Pocket
Chips	Garlic and Herb Bread	Creamed Potatoes	Steamed Rice Naan Bread	Savoury Vegetable Rice
Garden Peas	Sweetcorn	Turnip	Minted Apple and Cucumber Salad	
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Egg and Cress Sandwich			Cheese Sandwich	
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Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

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Salad bar, selection of fresh bread and rolls
Choice of drinks- Fruit juice drink, reduced fat milk, chilled drinking water
Fresh Fruit Selection , Yoghurt and Cheese and Biscuits

DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Chocolate Brownie	Frozen Strawberry Mousse	Chilled Yoghurt or Fresh Fruit Salad	Iced Sponge	Fresh Fruit Selection or Frozen Yoghurt
Chocolate Sauce			Custard	

Menus are subject to availability

Primary – WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in Tomato & Herb Sauce Pasta Twists Garlic & Herb Bread Sweetcorn * * * *	BBQ Chicken Grill Seasoned Wedges Garden Peas * * * *	Turkey Cobbler New Potatoes Broccoli * * * *	Roast Beef with Yorkshire Pudding Oven Roast Potatoes Savoy Cabbage * * * *	Cod Fish Fingers or Salmon Fish Fingers Chips Beetroot * * * *
Cheese Roll Country Diced Potatoes	Quorn & Lentil Jalfrezi Steamed Rice Naan Bread	Vegetable Nuggets with Garlic Mayo Seasoned Potato Wedges	Homemade Cheese & Tomato Pizza Oven Roast Potatoes	Quorn Sausage Roll Chips
Baked Beans * * * *	Tomato & Onion Salad * * * *	Wholemeal Spaghetti Hoops * * * *	Coleslaw * * * *	Baked Beans * * * *
Ham & Tomato Baguette * * * *	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Cheese Savoury Sandwich * * * *	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Tuna Sandwich * * * *
Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans	Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

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Salad bar, selection of fresh bread and rolls
Choice of drinks- Fruit juice drink, reduced fat milk, chilled drinking water
Fresh Fruit Selection , Yoghurt and Cheese and Biscuits

DESSERT
Lemon Drizzle Cake
Custard

DESSERT
Mixed Fruit Cookie

DESSERT
Shortbread
Custard

Dessert
Ice Cream Tub

DESSERT
Fresh Fruit Salad or
Chilled Yoghurt

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