



Cambridgeshire
County Council



For parents of children aged from 12 to 18

A course that will help you to:

- learn how to enjoy life with your teenager
- use age appropriate discipline strategies
- understand the pressures on teenagers

Raising Teenagers

A free 10 week adult course (2 hours a week)

10.00 - 12.00

Starts Tuesday 1st October

Bargroves Youth Hall

Cromwell Road, St Neots - PE19 2EY

For information or to book a place, please contact

Zoe on 07584 771974 / zoe.stockhill@cambridgeshire.gov.uk

Visit our website for details on our range of courses for parents

www.cambridgeshire.gov.uk/parenting