



Cambridgeshire  
County Council

## Challenging Behaviour Workshop

**Tuesday 17th March 1.30-3pm**

- ◆ Is your child defiant ?
- ◆ Challenging in the mornings before school ?
- ◆ Having meltdowns ?
- ◆ Learn strategies to support with challenging behaviour

## Bedtime battles and screen time meltdowns

**Tuesday 21st April 1.30-3pm**

- Is your child having meltdowns over gaming , you tube , screen time ?
- Does your child struggle to get to sleep ?
- Is your child resistant to your rules and routines ?
- Come and learn some tips on managing screen time and bedtimes

**Please book a place via the School office**