

7.3 EXERCISE CHALLENGE!

Objective: Solve problems involving $+/-/x/\div$

Instructions

1. Complete four physical challenges for 30 seconds each to generate four numbers, such as press ups, jumping jacks, sit ups and tuck jumps, for example.
2. Add the four numbers together.
3. Subtract the smallest number from each of the higher ones.
4. Find if any of the numbers can be divided equally.
5. Finally multiply and divide each number by 10, 100 and 1000.

Challenge

Find as many ways of making each number as you can. For example, for the number 72 you might note that $9 \times 8 = 72$, and $90 - 18 = 72$, etc.

