



**Annual report 2017**

**Project Growing Up**

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## Preface

In front of you is the annual report of Project Growing Up. The NGO was established on the 7th of December 2015. Project Growing Up is a non-profit organization that creates and offers education, customized to different cultural standards in developing countries.

The board of Project Growing Up is a various group of people. They have diverse backgrounds and skills. What brings them together is their dedication and involvement towards Project Growing Up. This lovely group of people invests their time and creativity voluntarily. The board is legal, financially and morally responsible for our foundation. Together they contribute to the continuous great work of Project Growing Up.

In 2018, Growing Up training consists of 6 years. In this period, we have grown from a small local project into an official NGO. During these years, we accomplished 22 projects in four countries, where we have trained 1467 students in total, send off one volunteer abroad and trained one local trainer.

In this annual report, you will read what we want to do this upcoming year.

Thank you for taking your time and enjoy reading,

Carmen de Wit

President of the board

## Vision

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Project Growing Up stands for empowering and challenging youth by methods of education. The projects provide tools for them to deal with personal challenges while growing up. Cultural aimed education works best to connect with adolescence. Above all this foundation believes education is the most sustainable way of development.

## Mission

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Project Growing Up is a non-profit organization that creates and offers education, customized to different cultural standards in developing countries.

These educational programs focus on subjects important to youth while growing up: sexuality, puberty, self-image, hygiene, healthy lifestyle, bullying and more.

We want to benefit society by empowering those who are its future. Project Growing Up aims for empowerment among youth. Teaching them to how to use their own strengths and knowledge to deal with personal challenges. The foundation always takes the students cultural and social standards or boundaries into consideration. We work towards a better future by strengthening people.

## Overview 2017

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Last year we implemented three projects abroad, created two workgroups for developing the train the trainer, attended a course and trained the first Master trainer abroad.

After the successful projects in 2016 organized by one of our dedicated trainers, we organized three projects abroad in 2017. The projects in 2017 took place in Lombok, Indonesia, where we trained 13 young women, one local Master trainer and she trained 14 girls by herself.

### **Abroad:**

#### **Project 1**      Taman Baca Pondok Inspirasi | Batuyang Lombok | Indonesia

The first Train the Trainer on location took place in 2017 at the Taman Baca Pondok Inspirasi in Batuyang village in Pringgabaya District East Lombok.

Taman Baca Pondok Inspirasi is a local community house that focuses on increasing children's interest to read books and learn English. Besides that, they organize creative activities and monthly educative travels all over the island.

The community house offered us accommodation and the opportunity to train our first local Master Trainer. Lina is one of the teachers of the Community House and a friend. She has been a great help for our NGO for several years.

Lina was a member of a group of a youngster in Mataram University Lombok, which help other students who were a victim of abuse. She also fights for the rights of young people in her living environment and guides them to the right organizations.

The Train the Trainer was organized within a week by Marieke (Project Manager Project Growing Up). The training focused on all topics of Growing Up training. Lina will be coached during her voluntary work for Project Growing Up by Marieke as well. She will continue training youngsters on Lombok Island.

### **Project 2**      Community House | Batuyang Lombok | Indonesia

The first training together with our Master Trainer Lina took place in 2017 at a Community House in Batuyang; a village in Pringgabaya District East Lombok.

The Community House is owned by a family of our Master Trainer, Lina. She arranged two groups of young women between the age of 18 up to 26 years old. All woman live in the district. It was the first training organized by Lina under the supervision of Growing Up trainer, Marieke.

The program was divided over two days. 13 women joined the program. The training was focused on self-image, abuse, sexuality, safe sex and early pregnancy.

### **Project 3**      Taman Baca Pondok Inspirasi | Batuyang Lombok | Indonesia

The second training organized by our Master Trainer, Lina, took place in 2017 at a reading Centre in Batuyang; a village in Pringgabaya District East Lombok.

The reading center is owned by the family of our Master Trainer Lina since 2013. Lina arranged a group of girls between the age of 11 up to 13 years old. All the girls live in the district. It was the first training organized by Lina herself.

This program was as a one-day training. 14 girls joined the program. The training was focused on healthy lifestyle, hygiene, and puberty.

### **Netherlands:**

Besides the projects abroad we attended, a training donated by Match It education and created two workgroups for designing the Train the Trainer.

Match it educations is an organization that offers all sorts of training and courses. They offered Project Growing Up the training for free: "train the trainer" for eight of our volunteers. This training was important to develop our own train the trainer on a high-quality level.

The volunteers who joined the training and work groups are a ((various))group of people. They have diverse backgrounds and skills sets that are required to develop the train the trainer. What brings them together is their confidence in the work of Project Growing Up. In addition, that all youngsters need to have excess to a healthy sexual development. This lovely group of people invests their time and creativity voluntarily.

The volunteers that joined the training formed two working groups. One group to create a business plan, the other group for developing the train the trainer.

## Plans 2018

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In 2018 master trainer Lina will organize at least one project in Lombok, Indonesia. The project for this year will be similar to the earlier organized project by her last year. The target group of the training is youngsters from the age of 8 up to 23 years old.

Besides that, we will focus on the development of the Train the Trainer program.

The "train-the-trainer" program educates volunteers, so they themselves become Growing Up voluntary trainers. Project Growing Up educates and familiarizes them with the Growing Up training methods. The program boosts their self-confidence and makes them ready for their challenge abroad. We motivate our voluntary trainers to empower others, not only by educating them, but also by guiding them through the process of implementing their newly developed skills abroad.

Besides all written above, we will educate a local trainer who will become the master trainer in the country of residence. This master trainer will be chosen and trained by the trainers of Project Growing Up. Besides being trained about stated goals and methods, the local master trainer has to write a plan which includes target group, goals and budgets. The master trainer will be able to train youngsters and teach other local professionals to become a Growing Up tutor.

To accomplish this all we have two workgroups. One group to create the business plan and one for the development of the Train the Trainer itself.

**The business plan** will be rewritten, including the plans and ideas behind the Train the Trainer. The group will focus on the sustainability and on how it matches in the vision and mission of Project Growing Up. It's focused on the quality of the training and how to reach out to our target groups and the process from the start of the training until the project abroad.

**Train the Trainer** will be developed by the workgroup with people who already work in the field of sexual education and empowerment. This group will focus on the content of the training and they will write it from the beginning until the end.

Further, we will focus on extending our network abroad. We want to connect with at least two organizations abroad. These organizations will be our partners for the upcoming years. We will train one of their workers into the local Master Trainer. The idea behind this is that we want to let the organization own the projects. It needs to become theirs.

The local master training is the project manager at the location and will organize the training. The volunteers that we train from the Netherlands will join these projects together with the master trainer. The organization on location will help the Dutch volunteers on arrival, with accommodation, and throughout the whole project. It will be a learning experience for both parties.

The countries we are focused on at the moment, are where we already have a network: Suriname and Sri Lanka. Two others who we are interested in are Malawi and Kenia. We're working on new contacts there.

### **Planning:**

The business plan and the train the trainer will be finished by summertime. From that moment all plans from the business plan will continue. From practical activities like putting all on paper to finding a location for the training, reaching out to media and planning the first data. The goal is to start the first training at the beginning of 2019.

In February a workgroup member will go to Suriname to meet with our contacts there, to see if there is a way of working together. At the end of the year, the Project Manager of Project Growing Up will visit another country for networking. Before she will go she will contact an organization in Sri Lanka or Malawi and see which organization would suit best and plan the visit.

Also, we will be continuously raising funds, to ensure a good base for the future of Project Growing Up.

## The organization

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Project Growing Up is created by Marieke and Carmen. They were working abroad together when they first implemented their empowerment programs in Asia and South America in December 2013. Back in the Netherlands Marieke decided to keep Project Growing Up **operating** and officially turned it into a foundation since December 2015.

Both ladies are still active to guard the success of the foundation and reach out to more youngsters. They update the program and create new modules. Together they strive for an on-going development of the foundation and build a solid base by recruiting motivated volunteers and board members.



**Carmen de Wit**  
**President of the  
board & trainer**

Event manager

Involved since:  
December 2013



**Marieke van Irsel**  
**Project Executive &  
Trainer**

Youth coach

Involved since:  
December 2013

Project Growing Up has a board of four voluntary members. All board members have a certain affinity with the foundation and contribute to it by way of sharing their qualities and ideas. The board gathers at least three times a year to hold a session.

The board consists of a chairman, secretary & treasurer and one committee member.

Daily tasks are managed by the project executive, who also founded the foundation. Her tasks include all that is required to pursue the target goals of the foundation. This contains creating and improving (new) curriculum, recruiting and guiding volunteers who'll carry out a project abroad and (social) networking locally and abroad.

The bookkeeping is done by the treasurer. The accountant is responsible for the daily bookkeeping and provides the financial annual report yearly.





**Teun van Irsel**  
**Secretary &  
Treasurer**

Consultant

Involved since: 7 of  
December 2015



**Marcel Berendse**  
**Board member**

Project manager and  
facilities

Involved since: 7 of  
December 2015



**Magret van Irsel**  
**Board member**

Pedagogue Academy

Involved since: 7 of  
December 2015



**Roelof Schoonheim**  
**Treasurer &  
Accountant**

Tax consultant

Involved since: July 2017

No foundation can maintain without volunteers. Project Growing Up is no different and therefore depending on the work of our volunteers. We do our best to link our foundation to motivated, loving and driven volunteers. We want volunteers to be inspired by our foundation. And, as important, we want to be inspired by our volunteers.

Our volunteers spread our beautiful work. They make it happen and realize that more and more kids can gain from our empowerment program.



**Debby**  
**Voluntary trainer**

School social worker

Involved since: January  
2015



**Herlina Kusuma**  
**Master Trainer**  
**Indonesia**

Social worker

Involved since: October  
2017

## Funds

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Project Growing Up is a non-profit organization. All income goes towards funding our mission.

The foundation's primary expenses will be: outsourcing bookkeeping, salary project executive, projects abroad, social media (web hosting), merchandising. These expenses will be paid for through gifts or additional services of Project Growing Up.

## Financial report

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### **Principles for valuation and determination of results**

#### General information

The foundation was established in 2015. As per January 1st 2017 the foundation was granted the so-called ANBI status. The foundation gains income both through donations and sales of clothes/bags. For the result of 2017 the foundation is exempted from corporate income tax. Unless otherwise stated, the foundation can spend its liquid budget at its own discretion.

#### **General accounting principles for preparing the annual accounts**

The foundation generates income through both donations and sales of clothes / bags. Purchase costs are raised as expenses and the selling costs as income at the moment a purchase occurs.

**Balance sheet on Dec.31.2017**

<b>Assets</b>	<b>Dec.31.2017</b>	<b>Dec.31.2016</b>
Stock	€ 1.328	€ 1.328
Debtors	€ 0	€ 28
Liquid assets	€ 3.006	€ 1.942
<b>Total</b>	€ 4.334	€ 3.298

<b>Liabilities</b>	<b>Dec.31.2017</b>	<b>Dec.31.2016</b>
Reserves	€ 4.284	€ 3.298
Creditors	€ 50	€ 0
Debt	€ 0	€ 0
<b>Total</b>	€ 4.334	€ 3.298

**Overview of income and expenses 2017**

	<b>2017</b>	<b>2016</b>
Income	€ 2.699	€ 1.689
Expenses	€ 1.557	€ 1.351
<b>Income on balance (added to reserves)</b>	<b>€ 986</b>	<b>€ 338</b>

**Notes to the balance sheet on Dec.31.2017**

**Stock:**

Balance Dec. 31. 2016	€ 1.328
Purchase 2017	€ 0
Sales 2017	€ 0
<b>Total</b>	€ 1.328

**Liquide assets:**

Balance Triodosbank Dec.31.2017	€ 3.006
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**Reserves:**

First of January 2017	€ 3.298
Added during financial year 2017	€ 986
Balance Dec.31.2017	€ 4.284

**Notes to the overview of income and expenses 2017**

<b>Income</b>	<b>2017</b>	<b>2016</b>
Donations	€ 2.353	€ 1.266
Sales	€ 346	€ 423
<b>Total</b>	<b>€ 2.699</b>	<b>€ 1.689</b>

<b>Expenses</b>	<b>2017</b>	<b>2016</b>
Costs project Indonesia	€ 550	€ 0
Costs project Teacher Training	€ 327	€ 0
Postage	€ 0	€ 33
Banking costs	€ 0	€ 71
Website maintenance	€ 58	€ 46
Representation	€ 139	€ 17
Office supplies	€ 476	€ 0
Purchased goods	€ 0	€ 275
Accommodation costs	€ 0	€ 30
Volunteer expenses	€ 0	€ 55
Miscellaneous	€ 7	€ 824
<b>Total</b>	<b>€ 1.557</b>	<b>€ 1.351</b>

Additional notes

The board members did not receive any remuneration for their efforts. The board members are entitled to compensation of their expenses, during the year 2017 all board members have waived their entitlement to be compensated.

C. de Wit,  
President

T. van Irsel,  
Secretary/treasurer