



Oliver Goldsmith Primary School

“Inspiring a love of learning”



Online Safety Parent Time

23rd November 2.10 – 3.10pm



“Inspiring a love of learning”

Introductions & Housekeeping...

Mrs McAndrew- Assistant Headteacher &
Designated Safeguarding Leader (DSL)

Evacuation if alarm sounds (not planned)- exit the hall and turn left, walk down the stairs and turn right. Line up in the KS2 playground

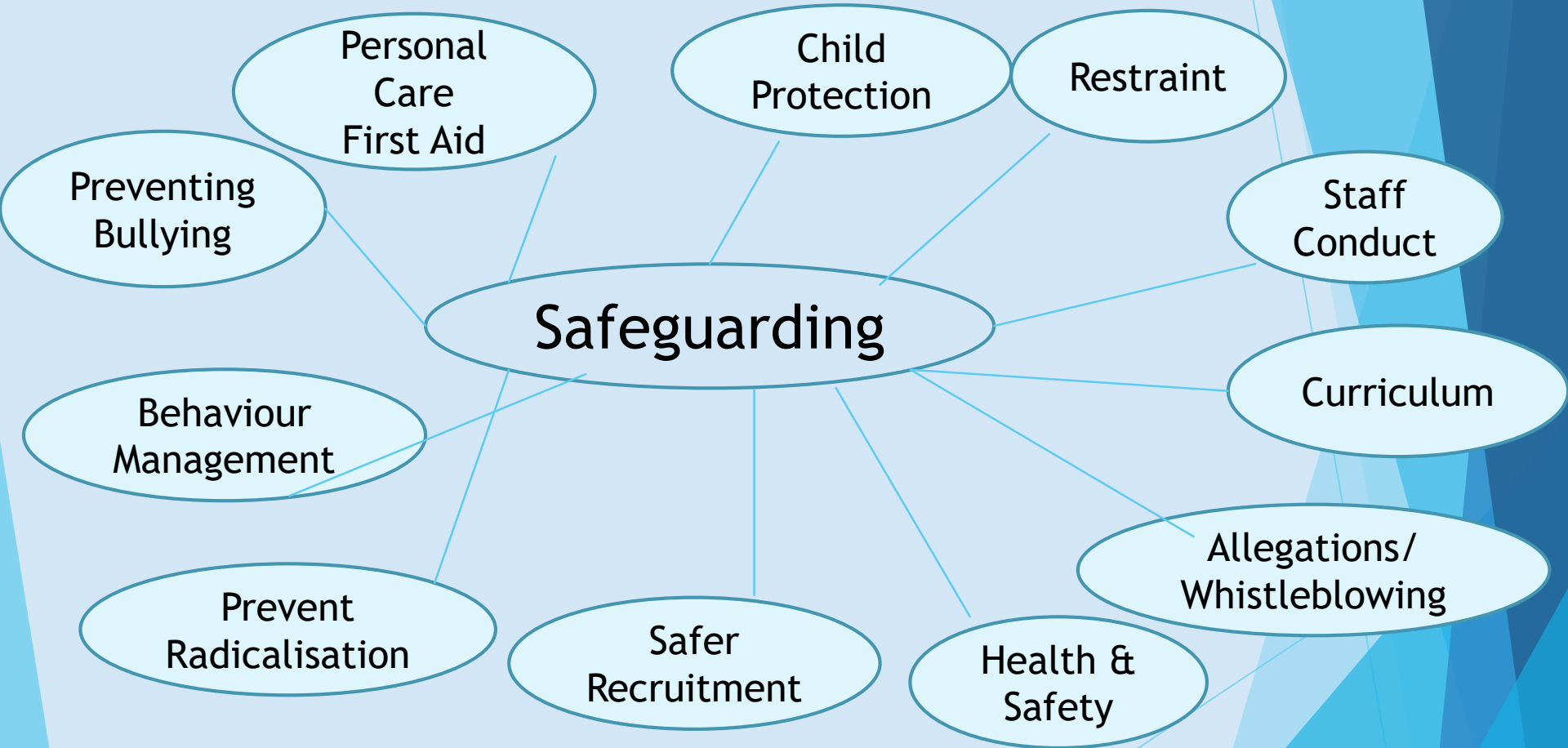
Aims of this session

- To explore pupil online communication and networking.
- To be aware of the safeguarding risks to pupils online
- To understand how we teach pupils about Online-Safety at OGPS
- To provide advice and guidance on how you can ensure your children are safe online at home.

What is Safeguarding?

Safeguarding is a framework to protect the health, well-being and human rights of all individuals so they live free from abuse, harm, and neglect.

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Online safety is part of safeguarding:

- ▶ We need to safeguard children from potentially harmful and inappropriate experiences online
- ▶ Peer-on-peer abuse (including bullying), sexual harassment, and extremist radicalisation can all happen online

What does
'on-line'
mean?

**Using a computer or any electronic device to connect to other telecommunication systems-
electronic devices, servers,
networks, databases etc**

Which
electronic
devices do your
children use?

- ▶ Mobile phones
 - ▶ Computers
 - ▶ Laptops
- ▶ Tablets/Ipads
- ▶ Game consoles

Which sites or
apps do your
children use
online?

In 2020, the use of apps and the internet in general became vital to being social and keeping on top of school. Every minute, there were:

- ▶ 4.1 million different searches on Google
- ▶ 1.3 million Facebook logins
- ▶ 698,000 Instagram scrolls
- ▶ 194,000 Twitter tweets
- ▶ 59 million messages sent on WhatsApp and Facebook Messenger
- ▶ 1,400 downloads from TikTok
- ▶ 1.2 million views on Twitch
- ▶ 400,000 apps downloaded
- ▶ £1.1 million spent online

There are plenty of positives when it comes to the internet:

- ▶ Things like online games enhances creativity and teamwork
- ▶ Children have easy access to a wealth of knowledge
- ▶ Households with computers/online devices tend to perform better academically
- ▶ It can help improve visual intelligence and hand-eye coordination (not just with games)
- ▶ A 2020 Ofcom report found that 89% of 8-11 year olds said that using social media made them feel happy. 82% said it helped them feel closer to their friends.

What skills do
your children
learn whilst
online?



Money management

Communication skills

Computer skills

Creativity

Research

Confidence

**Learning
Online?**

A Balanced diet of Online Use:

- ▶ The internet opens up a wealth of opportunities for children and has become a big part of how they develop, discover and see the wider world.
- ▶ With everything, including technology use, moderation is key.

Various studies have found that technology can affect:

- ▶ Sleep cycles
- ▶ The central nervous system (which can impact mood, attention, alertness, and decision-making)
- ▶ Memory
- ▶ Focus
- ▶ Empathy
- ▶ How children are impacted by marketing

What are your
online concerns
as a parent?

Parental Concerns

- ▶ Studies show that parent concerns typically peak when a child is 11-12 years old which coincides with the transition to secondary school. The main parental concerns from the 2021 Ofcom report were:
- ▶ Websites and content that encourages self-harm
- ▶ How their child's privacy is affected and data collected
- ▶ Cyberbullying
- ▶ Being radicalised by extremist groups
- ▶ Spending too much time looking at a screen

What does
'On-line safety'
mean?

The 4 Cs of On-Line Safety

The 4 main types of risk

1. CONTENT:

being exposed to illegal, inappropriate or harmful material online (e.g. pornography, fake news, racist or offensive views, radical or extremist views, underage apps or gaming).

2. CONTACT:

being the victim of harmful interactions online, whether between children or by adults (e.g. bullying, grooming, aggressive advertising, pressure to spend money).

3. CONDUCT:

behaving in a way online that causes harm or increases the likelihood of it (e.g. bullying others, making, sending or receiving explicit images, sexually harassing others).

4. COMMERCE:

risks like online gambling, inappropriate advertising, phishing or financial scams
Children could also stray into cyber-crime such as hacking, 'booting' (overwhelming a computer, network or website with traffic to make it unavailable) and involvement with malicious software like viruses.

Signs of online safety issues to look out for:

A child might:

- Spend more time on their phone or online than usual
- Seem distant, upset or angry after using their phone or the internet
- Be secretive about who they're talking to and what they're doing online
- Have lots of new contacts
- Show changes in their mood, behaviour or appearance, or do less well at school

How we teach On-line Safety at OGPS

Today's pupils are growing up in an increasingly complex world, living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks.

We want schools to equip their pupils with the knowledge needed to make the best use of the internet and technology in a safe, considered and respectful way, so they are able to reap the benefits of the online world.

Teaching Online Safety in Schools- June 2019- DFE

OGPS Whole School Approach to Online Safety

- **Relationship and Health Education (which is compulsory for all Primary-aged children):**

- ❖ pupils are taught about online safety and harms- this includes being taught what positive, healthy and respectful online relationships look like, the effects of their online actions on others and knowing how to recognise and display respectful behaviour online.
- ❖ Online Safety is taught in an age-appropriate way that is relevant to pupils' lives.

OGPS Whole School Approach to Online Safety

- **Computing Curriculum**
 - ❖ Pupils are taught how to use technology safely, responsibly, respectfully and securely and where to go for help and support when they have concerns about content or contact on the internet or other online technologies.
- **PSHE including Citizenship:**
 - ❖ this covers media literacy - distinguishing fact from opinion as well as exploring freedom of speech and the role and responsibility of the media in informing and shaping public opinion.
 - ❖ Pupils are also taught about the concept of democracy, freedom, rights, and responsibilities as well as behaviours and relationships.

OGPS Whole School Approach to Online Safety

- ❖ School IT filtering and monitoring systems- all our online access is filtered through the LGFL filtering system. Teachers also have live viewing access to all computers in use by pupils in the ICT suite.
- ❖ Assemblies- Pupils are reminded of how to keep safe online through regular assemblies and National Online Safety and Safer Internet Day each year in February.
- ❖ Reminders through displays around the school.
- ❖ Reinforcing key messages when incidents arise.
- ❖ Our in-school counsellor has explored Online use and safety with our Year 5 and 6 pupils as part of our transition and gender-based workshops.
- ❖ Regular training for all staff in the school.

Teaching all our pupils the 'SMART' rules for using the internet:

S is for SAFE

Never give out personal information if you are chatting or posting online.

Personal information:-

your name

your school

where you live

email address

phone number

passwords

M is for MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

Remember online friends are still strangers even if you have been talking to them for a long time.

A is for ACCEPTING

Accepting emails, instant messages, or opening files, pictures or texts from people you don't know or trust can lead to problems - they may contain viruses or nasty messages!

R is for RELIABLE

Someone online might lie about who they are. Information on the internet may not be true. Always check information with other websites, books or someone who knows. If you like chatting online it is best to only chat to your real world friends and family.

T is for TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

HOW TO SUPPORT YOUR CHILD AT HOME

- ▶ Although there are a number of online risks that children may be exposed to, it's important to note that these do not directly lead to harm.
- ▶ Being informed about the risk and implementing safeguards to limit the likelihood of your child being exposed is the first line of defence.

How to support your child at home

Internet Matters gives five tips to help parents manage their children's screen time:

1. Set a good example with your own device use. Children will tend to model their behaviours on you, so if you start reading a book, they may follow your lead.
2. Communicate regularly: ask your children about their online usage and stress the importance of being private online.
3. Agree on helpful mediation strategies: speak with your child about what can be done if they find themselves in harm's way; build trust.
4. Once you've agreed on an appropriate length of time that they can use their device, put in place a family agreement to set some boundaries and don't break them. A good resource for this can be found on Childnet.

How to support your child at home

5. Create rules such as 'no phones at the table' or 'no devices between 6 and 7 pm.
6. Have family tech-free days.
7. Turn off notifications on apps to avoid constant pings.
8. Buy alarm clocks rather than using devices in the bedroom.
9. Keep your phone on silent and out of sight when picking kids up from school.

<https://www.internetmatters.org/digital-family-toolkit/>

How to support your child at home

▫ **Parent Zone** - offers a range of resources for families, to help them meet the challenges of the digital age, including parent guides on the latest digital trends

Think U Know - Information from CEOP about online abuse and exploitation- any online concerns can be reported here:

<https://www.ceop.police.uk/ceop-reporting/>

How to support your child at home

- **Internet Matters** - a not-for-profit organisation set up to empower parents and carers to keep children safe in the digital world. Their support for parents includes a range of downloadable guides covering subjects such as transition to secondary school, Vlogging & livestreaming, online gaming and cyberbullying.
- **NSPCC** - includes a range of resources to help parents keep children safe when they're using the internet, social networks, apps, games and more.
- **Parent Info** - from CEOP and Parent Zone, Parent Info is a website for parents covering all of the issues amplified by the internet. It is a free service which helps schools engage parents with expert safety advice, endorsed by the National Crime Agency's CEOP command. This website provides expert information across a range of sources.

How to support your child at home

Childnet - Information for parents and carers

Family agreements and conversation starters

Supporting Young People Online Leaflets

Keeping under fives safe online Leaflets

Music, TV, Film and the Internet Leaflets

Parents resource sheet

Screen time boundaries

Digital Wellbeing guidance

Critical thinking

Live Streaming

UK Safer Internet Centre parents advice

NSPCC Online Safety - NSPCC Online Safety advice

O2 and NSPCC

Talking to your child

Barnardo's Follow me

Barnardo's Be Safe guide for parents and children about sexual exploitation

Parents Protect - Lucy Faithfull Foundation

Get Safe Online

Family Online Safety Institute (FOSI)

Vodafone Digital Parenting

How to support your child at home

[EE Digital Living resources](#) - for schools and parents and carers
NWG and UK Safer Internet Centre leaflet: [Online: Onguard - A Guide to Becoming a Safer Parent Online](#)
[KSCB and Trading Standards Leaflet for Parents and Carers \(PDF, 221.6 KB\)](#) August 2015
[Royal College of Paediatrics and Child Health - Screen Time guidance](#)

Review Sites and Social Media Guides

[Net Aware](#) - NSPCC reviews of 50+ popular apps and games
[Internet Matters](#) - Safe set up guides (includes popular social media sites)
[Common Sense Media](#) - American site which reviews websites, games etc with age suitability

How to support your child at home

[UK Safer Internet Centre](#)

[Think U Know](#)

Parental Controls

[UK Safer Internet Centre: Parents guide to new technology](#)

[UK Safer Internet Centre: Parents guide to parental controls](#)

[Internet Matters](#) - Safe set up guides for devices and social media apps

[NSPCC Parental Controls](#)

[Yahoo Safety Tips](#)

[Google Safety Center](#) - includes family safety

[How Computers Work](#)

[NetLingo](#) - common online acronyms and text speak e.g. LOL, POS

[Staying safe online: parental controls on broadband](#)

Apps to encourage learning, creativity, and development

BBC iPlayer Kids

BBC iPlayer Kids app gives children easier access to their favourite programs, while parents can be confident they're watching shows appropriate for their age and free from adverts.

YouTube Kids

Great for young kids, this child-friendly version filters out inappropriate content and hides comments on videos giving parents peace of mind and a child a safe online viewing experience.

Sky Kids App

The Sky Kids app offers a fun and safer way for pre-schoolers to nine year olds to enjoy a wide range of popular kids TV. Parents have been involved in the development of the Sky Kids app. The result is an app that kids will love, supported by safety features that parents need.

Duck Duck Moose Apps

Duck Duck Moose Apps are Free educational apps that allow young children to explore and learn in a safe and fun environment. The range of apps covers; reading, emotions, maths, creative expression and play.

CBBC Apps

From Horrible Histories to The Dumping Ground: On A Mission app, CBBC apps are packed full of fun activities that will engage young children and help them learn through play.

Azoomee

New tablet app for primary school-aged children to watch their favourite shows, play exciting games, learn new skills, draw and safely send messages to parent-approved friends and family.

Band Runner

Band Runner is a fun interactive game that helps 8-10 year olds learn how to stay safe from risks they might encounter online.

Any Questions?

Thank you for your time

Please can you complete the
evaluation forms provided