



Year 1 Week 5 (18th May 2020)

Week 4	Let's keep fit!	Session 1		Session 2		Session 3	
Mon	Joe Wicks	<p>Phonics: Session 1 <i>See Phonics year 1 Week 5 Phonics worksheets for activities.</i> Activity: Alternative spellings for the /oo/ew/ue/u-e/ sound as in food. Watch OO sound to practice the different spellings of the /oo/ sound.</p> <p><i>See separate sheet for each of the English sessions.</i> Resource: Year 1 Week 5 English Session 1 Explore the illustration.</p>	BREAK	<p>Maths Click on the link, <i>select Summer Term- week 3</i>, watch the video and follow the lesson each day.</p> <p>Lesson 1 - Part-whole relationships number bonds</p>	LUNCH	<p><u>PSHE- Incredible me</u> Watch What makes me special? Discuss With an adult discuss how each child in the video thinks they are special. Look at the pictures in today's learning and with an adult talk about why each child in the picture is proud of themselves. Activity: Write a few sentences explaining what you are incredible at and proud of! Resource: Year 1 week 5 PSHE: Session 1</p>	Free Time



Tues	<p>Joe Wicks</p>	<p>Phonics: Session 2</p> <p>Activity: Alternative spellings for the /oo/ew/ue/u-e/ sound as in food.</p> <p>Resource: Year 1 Week 5 Phonics session 2</p> <p>Session 2. English: Writing- Explore the picture. Fill in the thought bubble.</p> <p>Resource: Year 1 Week 5 English Session 2</p>	Maths	<p><u>PSHE- My special relationships</u> Discuss</p> <p>Explain to child that we are all connected to the people around us by our relationships. These may be close or more distant, good or bad, but some of them are very special and important to us.</p> <p>Think about someone who is special to them and briefly say why they are important. Encourage them to think of different kinds of people e.g. a family member, a friend or even someone in school who is special to them. Write sentences down so you can give the note to that special person!</p> <p>Resource: Year 1 week 5 PSHE: Session 2</p>
Weds	<p>Joe Wicks</p>	<p>Phonics: Session 3</p> <p>Activity: Phoneme Spotter.</p> <p>Resource: Year 1 Week 5 Phonics session 3</p> <p>Session 3.</p> <p>English: Comprehension The Secret Garden (Youtube St Michael's CofE Primary school) Listen to the whole story and answer the questions. Secret Garden</p> <p>Resource: Year 1 Week 5 English Session 3</p>	Maths	<p><u>Growth Mindset</u> Watch Mojo- Growth Mindset</p> <p>Discuss:</p> <p>The questions asked at the end of the video with an adult.</p> <p>Activity:</p> <p>Think of and write about something you cannot do right now or struggle with and discuss this with an adult. Draw a picture of you doing that thing soon. Make sure it is something you can work towards!</p> <p>Resource: Year 1 week 5 PSHE: Session 3</p>



Thurs	Joe Wicks	<p>Phonics: Phonics Session 4. Activity: Practice alternative spellings for the /n/ phoneme. Resource: Year 1 Week 5 Phonics session 4</p> <p>English: Session 4 . Make your own miniature garden.</p> <p>Resource: Year 1 Week 5 English Session 4</p>	<p>Maths</p> <p>Lesson 4 - Add more and count on within 20 on</p>	<p><u>Growth Mindset</u> Watch Mojo Growth Mindset 2 Growth Mindset 3 Discuss: The questions asked at the end of both of the videos with an adult. Activity: Write down three things you can do and one thing you can't do yet. Resource: Year 1 week 5 PSHE: Session 4</p>
Fri	Joe Wicks	<p>Phonics: Session 5 Activity: Alternative spellings for the /n/ phoneme.</p> <p>Resource: Year 1 Week 5 Phonics session 2</p> <p>English Session 5. Grammar : Suffixes -ing, -ed, -er and -est</p> <p>Resource: Year 1 Week 5 English Session 5</p>	<p>Maths</p> <p>Lesson 5 - Friday maths challenge</p>	<p><u>Growth Mindset</u> Watch Mojo Growth Mindset 4 Growth Mindset 5 Discuss: The questions asked at the end of both of the videos with an adult. What did we learn from the characters in the videos? Who was your favourite one and why? Activity: Create a poster with lots of words of encouragement and phrases (some from the word mat and make up some of your own) so when you find things challenging or hard you can look at your poster and remind yourself that YOU CAN DO IT! Make it colourful and draw positive pictures too! Maybe you can send some pictures of your posters to us to upload to our year 1 blog! Resource: Year 1 week 5 PSHE: Session 5</p>

Additional lessons/resources: If your child has completed the White Rose lesson sequence for the week, please see the link for a set of fun educational KS1 maths games with a video to explain how to play them: [iseemaths home learning](#).

Twinkl resources are free for a month. To access you will need to create an account. You will need these details. Go to <https://www.twinkl.co.uk/offer>
CODE: CVDTWINKLHELPS. Once you have created your account and are logged in, you can access the resources and the links in the timetable will open up.