$^{1}$H NMR of the aromatic region of L$^{1}$ in CDCl$_3$ showing the shifting of amide and aromatic protons on the addition of varying amounts of n-Bu$_4$NCl at 25°C. The starting ligand concentration was 0.005 M, and aliquots of a 0.05 M stock solution of n-Bu$_4$NCl were added to increase R (R = guest/host).