

	CON	LCSFA	MCSFA
Carbohydrate (E%)	63	9	9
Protein (E%)	14	8	10
Fat (E%)	24	83	81
SFA (E%)	13	56	62
MUFA (E%)	6	25	17
PUFA (E%)	5	2	2

Supplemental table S1. Macronutrient composition of the eucaloric control diet (CON) and the hypercaloric long- (LCSFA) and medium-chain (MCSFA) saturated high-fat diets.