

Table 1—Anthropometric and biochemical data

Variable	Healthy controls (n = 29)	Type 2 diabetes patients (n = 31)	LADA patients (n = 30)	Classic type 1	<i>P</i>
				diabetes patients (n = 29)	
Male/female	11/18	11/20	10/20	11/18	
Age (years)	34.0 (28.50–52.5)	39.0 (31.00–48.0)	36.5 (30.5–45.0)	35.0 (31.0–47.5)	0.932
Duration of diabetes (months)		36.0 (12.0–84.0) ^a	24.0 (2.5–36.0) ^b	36.0 (13.0–108.0) ^a	<0.001
BMI (kg/m ²)	22.14(19.99–24.41) ^{a,b}	23.51(21.22–25.40) ^a	20.48(18.31–22.29) ^c	21.85(20.79–23.02) ^{b,c}	0.002
WHR	0.86 (0.83–0.92)	0.92 (0.87–0.94)	0.88 (0.83–0.94)	0.90 (0.85–0.93)	0.221
SBP (mmHg)	112 (106–120)	120 (110–130)	110 (106–125)	118 (109–130)	0.130
DBP (mmHg)	71 (65–77)	75 (72–80)	73 (64–80)	77 (70–84)	0.060
HbA1 _c (%)	5.30 (5.20–5.50) ^a	9.00 (7.00–10.60) ^b	9.10 (7.08–11.80) ^b	8.60 (6.80–9.30) ^b	<0.001
HbA1 _c (mmol/mol)	34(33–37) ^a	75(53–92) ^b	76(54–105) ^b	70(51–78) ^b	<0.001
FPG (mmol/L)	4.75 (4.43–5.28) ^a	6.90 (6.17–7.40) ^b	6.80 (5.70–8.43) ^b	7.00 (5.58–8.70) ^b	<0.001
FCP (ng/ml)	1.08 (0.86–1.36) ^a	0.78 (0.50–1.26) ^b	0.37 (0.26–0.50) ^c	0.00 (0.00–0.05) ^d	<0.001
TC (mg/dL)	4.57 (4.12–4.89)	4.90 (3.68–5.33)	4.34 (3.87–5.27)	4.58 (4.08–5.21)	0.767
TG (mg/dL)	1.08 (0.89–1.21)	1.35 (0.97–2.12)	0.91 (0.62–1.43)	1.03 (0.76–1.50)	0.050
HDL-c (mg/dL)	1.36 (1.26–1.56) ^a	1.15 (0.94–1.27) ^b	1.33 (1.10–1.62) ^a	1.23 (1.07–1.55) ^a	0.004
LDL-c (mg/dL)	2.56 (2.38–2.78)	2.99 (2.16–3.27)	2.33 (1.85–3.03)	2.34 (2.03–2.84)	0.185
IL-10 (pg/mL)	1.63 (1.23–1.93) ^a	1.44 (1.21–1.66) ^a	1.32 (1.03–1.48) ^b	1.44 (1.22–1.77) ^a	0.008
TNF- α (pg/mL)	4.49 (4.06–5.09) ^a	5.60 (5.16–6.28) ^b	5.44 (4.60–6.74) ^b	5.20 (4.26–6.67) ^b	0.002
IL-6 (pg/mL)	1.09 (0.92–1.27) ^a	2.69 (1.55–5.68) ^b	1.61 (1.25–2.74) ^c	1.74 (1.18–3.04) ^c	<0.001
IL-1 β (pg/mL)	2.19 (2.03–2.64) ^a	3.03 (2.47–3.77) ^b	2.67 (2.03–2.97) ^c	2.47 (2.03–3.18) ^c	<0.001
LBP (ng/mL)	26.35(23.58–29.24) ^a	32.91(29.41–36.50) ^{b,c}	34.73(29.48–39.89) ^b	29.88(26.62–33.44) ^c	<0.001

Data are median (25th–75th percentile) unless otherwise indicated. DBP, diastolic blood pressure; FCP, fasting C-peptide; HDL-C, HDL cholesterol; LDL-C, LDL cholesterol; SBP, systolic blood pressure; TC, total cholesterol; TG, triglyceride; WHR, waist-to-hip ratio. Different superscripted symbols (a, b, c, d) in a row indicate that the medians of the different groups are significantly different ($P < 0.05$).