



Supplemental Figure 1. Summary of literature on age-related changes in Achilles tendon stiffness (k_T). Papers were included if healthy older subjects and young subjects were included in the study and A) Achilles tendon stiffness was experimentally measured/calculated or B) Achilles tendon stiffness was estimated via alternative measures (e.g. using total muscle-tendon unit length and fascicle length to determine AT elongation). ^aAT stiffness calculated using MTJ position displacements from MRI images, ^bex vivo rat model, ^cAT stiffness calculated using MTJ displacement from ultrasound images, ^dAT stiffness calculated from the AT force-strain relationship.

PubMed search terms: ((age OR aging OR age-related OR older) AND (tendon stiffness) AND (achilles OR ankle OR calf OR triceps surae) NOT (child OR children))

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